

## Particularities of reproduction and oogenesis in teleost fish compared to mammals

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**Abstract** – Compared to mammals, teleost reproduction presents many original features. Reproductive strategies of species are diversified into numerous adaptations to a large variety of aquatic environments. This diversity may concern sexuality, spawning and parental behaviour, sensitivity to environmental factors, and specific features of gametogenesis such as the duration of vitellogenesis, and egg morphology. Sexuality presents a variety of natural modalities, from gonochorism to hermaphroditism. The absence of definitive arrest of body growth in the adult of most species gives a particular interest to the practical control of growth-reproduction interactions. Vitellogenesis, which represents an important metabolic effort for the maternal organism, involves the synthesis of vitellogenin, a specific glycolipo-phosphoprotein produced in the liver under estradiol stimulation, and its incorporation into oocytes by a receptor mediated process. Both estradiol synthesis in follicle cells and vtg uptake by vitellogenic follicles appear to be mainly controlled by FSH. Oocyte maturation is directly triggered by a progestin, or MIS (maturation inducing steroid) synthesised in follicle cells mainly under LH control, and acting through the non-genomic activation of a membrane receptor. Practical applications of some of these particularities result mainly from the external character of the fertilisation process and of embryonic development, which allows manipulating respectively egg chromosome stocks and sex differentiation. Moreover, the sensitivity of sex differentiation to exogenous factors favours the development of practical methods to control the sex of farmed populations. Finally, the sensitivity of reproductive mechanisms to xenobiotics has led to various kinds of bioassays for putative pollutants.

**reproductive strategies / sexuality / spawning / vitellogenesis / oocyte maturation / fertilisation**

### 1. INTRODUCTION

Modes of reproduction in fishes offer an extreme diversity related to the great number of species (about 28700, according to Fish-Base: [www.fishbase.org](http://www.fishbase.org)), and to the large variety of aquatic environments inhabited. This resulted in numerous adaptations also called “reproductive strategies” [1]. Of course,

such a natural diversity is very interesting for comparative biology. But it also contains numerous biological models, some of which are particularly convenient to acquire physiological or genetic knowledge of general interest in vertebrates, and some other more convenient to develop fish farming systems. Professor Charles Thibault was probably highly conscious of these ideas,

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**Table I.** World evolution of finfish aquaculture production compared to total aquaculture, total fisheries, and total terrestrial animals, from 1970 to 2000 (million metric tons) (source: FAO).

	1970	2000	Coefficient
Terrestrial animals	100	235	* 2.35
Total fisheries	66	96	* 1.45
Total aquaculture	3.5	46	* 13.1
Cultured finfishes	1.5	23	* 15.3

thirty-five years ago, when he decided to draw up a state of knowledge in the field of fish reproductive physiology as a part of a university course. Thus noticing an obvious lack of knowledge at that time, he strongly contributed to develop in INRA a research group in that field. Since that time, a considerable number of research works has also accumulated in the world. Fishes became biological models for various scientific disciplines [2]. On the other hand, the world production of cultured fish exhibited a tremendous rise (Tab. I). All this shows that the initiative taken by professor Thibault was in fact a precursor enterprise. The present paper does not intend to reach exhaustivity in a field now so wide. It is only aimed at bringing out some particularities of reproduction in fishes compared to mammals. Therefore, it will give a brief overview of various reproductive strategies, then it will focus on some original points about teleost oogenesis, and finally it will give some examples of applications to the control of reproduction in fish farming. Bibliographic references will be preferentially chosen among original works from the research groups that were initially established by Professor Charles Thibault.

## 2. MAIN PARTICULARITIES OF FISH REPRODUCTION

### 2.1. Sexuality

Reproductive strategy diversity first concerns sexuality, which shows numerous

natural variants, from strict gonochorism to simultaneous functional hermaphroditism. [3–5].

Gonochorism can even be underlied by a more or less tight genetic determinism. In fact, only some species exhibit morphologically differentiated sex chromosomes [6]. In the others, male or female heterogamety was first deduced from results of back crossing individuals obtained by hormonal sex reversion [7], like in tilapias *Oreochromis mossambicus* [8] and *O. niloticus* [9], or from artificial gynogenesis like in rainbow trout *Oncorhynchus mykiss* [10]. In tilapias belonging to the genus *Oreochromis*, the heterogametic sex may be either the male or the female depending on the species. This may explain why crossing homogametic males from one species with homogametic females from the other can give monosex male F1 offspring, an interesting result for tilapia fish farming since monosex male populations are expected to express a better growth rate without growing in number [11]. However, sex-ratio results from the back crosses between F1 and parent species suggest that the genetic determination system might not be so simple [9, 11]. Recent data actually confirm that sex chromosomes of *O. niloticus*, although identified by in situ hybridation techniques, are still weakly differentiated [12, 13], and that sex determining genes can be localised on other chromosomes [14]. In salmonids, where the male is generally considered as the heterogametic sex, the determining locus can be situated on different chromosomes depending on the species [15], and other loci can also play a role [16]. Such weak differentiation of sex chromosomes may probably explain that viable abnormal new genotypes YY can be obtained relatively easily through various procedures, such as autofertilisation in hermaphroditic rainbow trout obtained by estrogenic treatment [17].

Moreover, the phenotypic sex in some gonochoric species appears to result from interactions between genetic and environmental factors during gonad differentiation

[5]. Thus, among farmed species, sex-ratio deviations in favour of males can be observed in tilapia *O. niloticus* and atipa *Hoplosternum littorale* [18] exposed to a high incubation temperature [19], and in sea bass *Dicentrarchus labrax* submitted to complex interactions between temperature [20, 21] and probably other factors associated with juvenile farming stages [22]. In both cases, the sensitivity to environmental factors appear to exhibit a strong genetic component.

Finally, another particularity of sex differentiation in fishes compared to mammals is that exogenous steroid treatments, administered during gonad differentiation through either balneation or food, are relatively efficient to obtain functional sex-reversed fishes. Such an ability, which was first demonstrated in various aquarium species [4], was further developed for experimental purposes [5] and even for fish farming when rearing monosex populations is economically advantageous [23].

Concerning hermaphroditism, numerous variants of this strategy and underlying mechanisms have been extensively reviewed [3, 5, 24]. The most current is successive hermaphroditism. This can be protandrous, when the fish breeds as a functional male during the first part of the life cycle, before undergoing sex inversion to breed as a female during the second part. Among cultured species, this is the case of barramundi, *Lates calcarifer* [25], and of numerous sparid fish such as the sea-bream [26] and red porgy *Pagrus pagrus* [27]. Protogynous hermaphroditism is particularly frequent among serranid fish, especially groupers [28]. Simultaneous hermaphroditism is characterised by the development of testicular and ovarian parts that reach maturity at the same time within the gonads of the same fish. It can be found in some serranid species from coral reefs, but occurrence of self fertilisation is exceptional because each partner alterns its sexual role and successively releases eggs and sperm in turn along successive spawning sequences [29]. In most

hermaphroditic species, age and size of sex inversion can be strongly influenced by environmental factors in a wide sense, i.e. including social interactions, and particularly by the sex ratio within a fish group. Finally, the occurrence of simultaneous hermaphroditism with self fertilization was discovered in a species of the tropical mangrove, *Rivulus marmoratus* [30]. In this species, however, some males can be exceptionally found with a low frequency which can be artificially increased by exposition to lower temperatures than normal (19.5 instead of 25) during development [31]. In fact, this seems to be the case in various populations of this species, some of which have been shown to be distinct homozygous strains, whereas some outcrossing might occur in the others, due to the occasional presence of some males. Such outcrossing is suspected to have evolved as a phenotypically plastic character, and its expression in *R. marmoratus* has been suggested to be dormant unless triggered by some ecological factor that is not well understood [32].

Finally, the occurrence in some species of sex strategies which have been described as “degraded” must be mentioned [33]. This is the case of natural gynogenesis and hybridogenesis that have been exhaustively reviewed [34]. The “Amazon molly”, *Poecilia formosa*, is a famous well known example of natural gynogenesis [35]. This species is structured into a limited number of clones [36], diploid in general, or more rarely triploid. Reproduction depends on the activation of oocytes by the spermatozoa from sympatric close-related species. As a result of the suppression of normal mechanisms of meiosis [37], oocytes are either diploid or triploid, depending on clones, and they are holding the same genotype as the mother. This species has been suggested to result from an initial hybridation event [38]. Other examples of natural gynogenesis are known, such as two subspecies of *Carassius auratus*, the gibelio *Carassius auratus gibelio* (China and Eastern Europe), and the gimbuna *Carassius auratus langsdorfii* (Japan) which exist as

triploid, usually monosex, female populations. In gimbuna, at least two meiosis anomalies can explain this mode of reproduction: the formation of an abortive tripolar spindle in place of the first meiotic division [39], and the inability of oocytes to promote the nuclear envelope breakdown of the spermatozoa, which cannot be transformed into a male pronucleus after activating the oocyte [40]. Another case of special sexual strategy is hybridogenesis with a well known example in the genus *Poeciliopsis* [41]. This strategy allows an actually hybrid all-female population, in which both parental genomes are co-expressed at the somatic level, to persist by way of a non recombinant meiosis that selectively discard one parental genome. Thus, the back cross with males of one parental species gives normal individuals of this species, while the back cross with the other species again produces the hybrid species.

Such diversity is potentially rich of situations especially convenient for the unscrambling of mechanisms common to all vertebrates. For example, the availability of two different strains of gibelio, one gonochoristic with a normal first meiotic division, and the other gynogenetic, with a first meiotic division inhibited, appeared convenient to try to identify genes differentially expressed in fully-grown oocytes of both populations [42]. This allowed finding differential expression of four genes, out of which two were novel genes. The others were histone H2A, and cyclin A2. The mRNA of the last were found to be stored in much higher amounts in oocytes of the gynogenetic strain than in the gonochoristic strain.

## 2.2. Reproductive and parental behaviour – spawning and fertilisation

Reproductive behaviours in the wild are also widely diversified, from collective pelagic spawning without any egg care, up to sophisticated sexual behaviours eventually involving nest building, and followed by

parental cares to eggs and fry. Fertilisation is the more often external, after almost simultaneous release of eggs and sperm during spawning. Only some examples will be given here, mainly taken among cultured species. Pelagic spawning concerns species like cod *Gadus morhua* [43], or sea-bass *Sparus aurata* that annually spawn a very large number of small floating eggs. The eggs of various freshwater species are laid surrounded by an external sticky layer, like the common carp *Cyprinus carpio* [44], and some silurid species such as the African catfish *Clarias gariepinus* [45]. Such eggs are pasted upon aquatic plants, floating debris, or any kind of immersed substrate where they are left after spawning. Salmonids deposit large sized demersal eggs in a gravel tough excavated by tail movements of the female and leave them without additional care. Some farmed silurids like *Ictalurus punctatus* in America and *Chrysichthys nigrodigitatus* in Africa spawn within sheltered cavities where both parents take care of the eggs and embryos during the incubation period. The male of another silurid, the atipa *Hoplosternum littorale* in tropical South America, builds a floating nest made of vegetal debris and mucus bubbles where eggs are deposited and bitterly defended against intruders [46]. Finally, in tilapias of the genus *Oreochromis*, the male digs a funnel-shaped nest on the bottom with its mouth. In the course of several repeated spawning sequences, successive egg clutches are laid by the female, covered with a ribbon of sperm by the male, and then taken in the mouth by the female. She will keep the embryos continuously within the buccopharyngeal cavity during a first period of 15 days (at ~ 27 °C) of embryo development, thus ceasing to feed, then liberating the young fry temporarily for increasing periods, up to definitive release at the end of larval development [47]. In that species exhibiting repeated successive reproductive cycles of about one month, mouth brooding behaviour is closely related to the rhythm of ovarian development [48] and endocrine profiles of growth hormone, prolactin

(PRL) and sex steroids [49]. In tilapias belonging to the genus *Sarotherodon*, mouth brooding is normally performed by the male, but the female can occasionally participate [50]. Although an implication of PRL in the regulation of maternal behaviour has been suggested in various fish species, no definitively convincing evidence has been brought so far.

In particular instances among teleost species, fertilisation can be internal, for instance in some silurids [45] or well known viviparous cyprinodontiforms like the mosquito fish, *Gambusia affinis*, or the guppy, *Poecilia reticulata*. In the latter, males exhibit a gonopodium resulting from the modification of several anal fin rays into a kind of erectile gutter which allows discharging sperm clusters, or spermatozeugmata, into the female genital papilla [51]. Spermatozoa get through the oviduct into the ovarian cavity where they can retain their fertilising ability for several months. Storage sites are either a seminal receptacle formed by an extension of the antero-dorsal region of the ovarian cavity, where spermatozoa are inserted into specialised cells presenting an astonishing ultrastructural analogy with testis Sertoli cells [52], or knob-shaped micropockets expanding from the ovarian cavity to the follicle surface which are probably the sites of sperm entry at fertilisation time [53]. Oocyte maturation is not followed by ovulation, but by intrafollicular fertilisation with spermatozoa released from storage sites. Embryo development also occurs inside the follicles, up to parturition of fully developed fry.

### 2.3. Importance of environmental factors

The role of environmental factors in the control of fish reproductive cycles has been reviewed in several papers, out of which only one of the most recent will be mentioned here [54]. Fish reproduction must be closely adapted to the fluctuations of aquatic medium, whether such fluctuations result from cyclic seasonal variations or from

migrations during the natural life cycle of some species. In those with seasonal reproduction, a major adaptation concerns spawning time which is adjusted in such a way that the specific food requirements of young fry coincide with the seasonal availability of that food. Depending on the species, this adjustment depends on specific characteristics of embryonic development duration, itself related to the amount of yolk and egg size. It involves an anticipation of the gametogenesis physiological processes, which can last more or less according to different species, from several months up to one year in some of them, such as salmonids. Most generally, as underlined by Bromage [54], the "photoperiod is the main factor entraining the endogenous processes or clocks which time reproduction, the other environmental factors probably acting in a permissive manner to 'gate' endogenous processes". Among these, temperature can obviously be expected to play an important role in poikilotherm species through modulation of all physiological processes and endocrine regulations. In some cases, temperature can simply play as a higher or lower limiting factor during certain gametogenesis stages. Thus meiotic maturation and ovulation in salmonids are inhibited over a higher threshold depending on species, of the order of 8 °C in the Arctic charr *Salvelinus alpinus* [55], and of 15 °C in rainbow trout [56]. Conversely, the same processes are reversibly blocked in the rainbow trout at excessively low temperatures [57]. However, the physiological targets of these inhibitions are not easy to dissociate, and endocrinological approaches often give paradoxical results. Thus, maintaining goldfish *Carassius auratus* at high water temperature after spawning also durably maintains a high plasma level of gonadotropin, but inhibits spermatogenesis [58]. Recent data obtained in the grass carp, *Ctenopharyngodon idella*, introduced in a tropical area, suggest that several relays along the brain-pituitary-gonad axis may be simultaneously deregulated [59]. Apart from temperature, other physico-chemical factors can also play a

role, especially in euryhaline migrating species, such as hydrostatic pressure associated with depth in the European anguilla *Anguilla anguilla* [60], water salinity changes in the Atlantic salmon *Salmo salar*, or water electric conductivity changes in mormyrids [61]. Finally, social factors, i.e. all congeneric signals, coming through visual, sound, tactile or chemical stimuli, may act more or less at some level in some species. They play a role in the control of sex differentiation in some hermaphroditic species, particularly in serranids, even in farmed species such as groupers [28, 62]. In the tilapia *Oreochromis mossambicus*, they advance the age at first spawning [63] or modulate the duration of the inter spawning interval [64]. But, most of all, social interactions are very important to synchronise maturation and release of gametes from both sexes during spawning. Thus, acoustic emissions in *O. mossambicus* was suggested to play a role in advertising the presence and spawning readiness of males and in synchronising gamete release [65]. Chemical signals appear generally as hormonal substances or their metabolites which are released into water and act as sex pheromones in addition to their hormonal role [66]. For example, 17,20 $\beta$ -dihydroxy-4pregnen-3one and prostaglandin F2 $\alpha$  (PGF2 $\alpha$ ), two molecules that are respectively and successively involved in the control of oocyte maturation and ovulation in female goldfish, as will be seen below, are also released in water and trigger respectively and successively spermiation and spawning behaviour in the male [66]. In the African catfish *Clarias gariepinus*, steroid glucuronides released by the male act as olfactory stimulants promoting the attraction of ovulated females [67].

## 2.4. Growth and reproduction

A particularly original feature of most fish species compared to mammals is the absence of a definitive arrest of body growth in the adult. At the most, the growth curve may show some slowing down, more or less important according to species, related to the

reproductive cycle [68]. As a result of this subcontinuous growth, absolute fecundity, i.e. the number of eggs produced by one female, is well known to increase in relation to female age and size. Besides, numerous fish species exhibit sex dimorphism, like many other vertebrates. Concerning farmed species, such a dimorphism leads to privileged rearing of the best growing sex, for example females in the sea-bass *Dicentrarchus labrax* [69] or males in the tilapia *O. niloticus* [47, 70]. Moreover, growth difference in the latter species, is accentuated by female starvation during mouth brooding [71]. Finally, in some species like salmonids, the first spawning may occur one year earlier in males than in females. Since spawning is temporarily detrimental to body growth and flesh quality, this feature often leads to privileged female rearing, even in the absence of an important growth dimorphism [72].

All these interactions between growth and reproduction, also known to occur in many vertebrates, thus appear particularly important in fish. They are underlain by endocrine interactions between the gonadotropic axis and the somatotropic axis, among which the pituitary Growth Hormone appears to play a specific role in the physiology of puberty, gametogenesis and fertility [73].

## 3. OOGENESIS

### 3.1. Ovary, ovarian follicle and oocyte

Table II shows a brief survey of the diversity of egg characteristics in some species, related to the great variety of reproductive strategies. A much more exhaustive table can be consulted in the book of J. Mellinger [33].

Despite a great diversity in their aspect, the ovaries of numerous teleost species show a similar general structure that was already described some time ago [74]. In most cases, they generally appear as paired

**Table II.** Egg number and size diversity in some teleost fish.

Species	Mean fecundity (eggs number·kg <sup>-1</sup> )	Eggs mean diameter (mm)	Particularities
Turbot ( <i>Scophthalmus maximus</i> )	1 000 000	1.02	Floating, pelagic
Cod ( <i>Gadus morhua</i> )	500 000	1.4	Floating, pelagic
Carp ( <i>Cyprinus carpio</i> )	50 000–100 000	1–1.5	Adhesive on vegetal substrate
Salmonids	2 000–3 000	4–5.5	Benthic
Tilapia (genus <i>Oreochromis</i> )	50–200	2–4	Maternal mouth-brooding
Tilapias (genus <i>Tilapia</i> )	500–1000	1–2	Substrate brooding

elongated organs oriented longitudinally within the abdominal cavity. They are surrounded by a conjunctive tunica, the mesovarium, adherent to the dorsal lining of the abdominal cavity, under the swim bladder. The posterior part of each ovary is prolonged by an oviduct connected to the genital papilla. Ovaries are compartmentalised by numerous septa formed by folds of the germinal epithelium, usually called ovigerous lamellae, projecting into the ovarian lumen. These lamellae contain nests of oogonia and oocytes at early stages of entry into the meiotic prophase, and follicles at various stages of oocyte and follicle growth and differentiation. In contrast to mammals, oogonia keep on proliferating in adult females [75] thus renewing the stocks of young oocytes and follicles. Oogonial mitosis may generally be observed more easily within the germinative epithelium after ovulation when the ovarian tissues are reorganising [76, 77] or in the remnant ovary just after unilateral ovariectomy [78]. At ovulation, mature oocytes are released from their follicle into the ovarian cavity, before being laid outside through the oviduct and the genital papilla. Apart from the schema above, there are some exceptions. Viviparous poecilids have only one ovary [79] which presents specialised structures devoted to long term preservation of spermatozoa [52, 53]. On the contrary, the ovaries of some species such as trout and salmon are not completely surrounded by the mesovarium and the ovigerous lamellae are open on the

body cavity where mature oocytes are directly released at ovulation, and where they can remain some time before being laid though the genital papilla.

In comparison with a preovulatory mammalian follicle, a fish postvitellogenic follicle has no antrum, and most of its volume is occupied by the oocyte. At that stage the oocyte contains a great amount of yolk and a large germinal vesicle (several hundreds of microns), often localised in a peripheral position. It is surrounded by a relatively thick acellular envelope exhibiting a porous fibrillar structure [80], the zona radiata, and by several cell layers. A first monolayer of granulosa cells, directly attached to the zona radiata, is first surrounded by a thin basal lamina, and then by several more or less distinct theca cell layers. The zona radiata, which is the future egg shell or egg chorion, shows numerous tiny radial canals through which finger-like microvilli from the oocyte and from granulosa cells cross each other, linked by numerous “gap-junctions” [81, 82]. Granulosa cells form a regular monolayer, but the morphology and functions of these cells may be somewhat different between the animal and vegetal poles [83]. Moreover an enormous highly specialised cell at the animal pole, the micropylar cell, closes up the micropyle [84]. The last, which has been described in many species, appears as a kind of funnel with a small opening on the oocyte side of about 5 µm wide in the rainbow trout, which will be just enough to allow one sperm to get through

[85]. Theca layers are vascularised by small capillary vessels, close to which special cells showing ultrastructural features of steroidogenic cells may be observed [86]. But granulosa cells are also known to participate in ovarian steroidogenesis by synthesising estradiol during vitellogenesis and progestins during oocyte maturation, from precursors provided by theca cells [87, 88]. In rainbow trout, theca cells that were looking like fibroblast cells during vitellogenesis, undergo rapid morphological differentiation into smooth muscle-like cells during oocyte maturation and behave functionally as such [89]. Immediately after ovulation, these cells participate actively in the ovarian reorganisation, rapidly phagocytosing the collagen bundle, thus breaking down the pre-existent collagen fiber framework of the theca [90].

Oogenesis developmental stages have been extensively described in numerous species, with some differences depending on the species and the classification criteria. Only some of the earlier and the more minutely detailed will be mentioned here: in the flounder, *Liopsetta obscura* [91, 92], goldfish, *Carassius auratus* [93], several tilapia species [94], *Fundulus heteroclitus* [95], zebrafish *Brachydanio rerio* [96], and also reviews by Wallace and Selman [97] and Guraya [98]. Moreover, a recent review skimmed through the present state of knowledge about the mechanisms of oogenesis [99]. Therefore, only some original modalities compared to mammals will be developed below, concerning mainly vitellogenesis, oocyte meiotic maturation and ovulation.

### 3.2. Vitellogenesis

The storage in the oocyte of an important amount of yolk or vitellus, made of organic substances destined for embryo and larvae nutrition is an important original feature in all lower vertebrates. It generally requires an important metabolic effort for the maternal organism. Ovary weight can in fact reach 20 to 25% of body weight at the end

of vitellogenesis, against about 1% some time after ovulation, in numerous species that spawn yearly only once, such as the rainbow trout. The term "vitellogenesis" has often been used to designate more or less restricted phases of a whole of complex processes, among which the synthesis of organic compounds within the oocyte, the incorporation of macromolecules synthesised in the liver and brought by the blood, and the deep reorganisation of all these reserves at the time of meiotic maturation [33]. This term will be used here in a restricted meaning, to designate only the accumulation of the lipoproteic yolk coming from its hepatic precursor, vitellogenin (vtg), brought by the blood. Vitellogenin is a glycolipophosphoprotein containing 79% proteins and 19% lipids, with 70% phospholipids, in the rainbow trout [100]. It is synthesised in the liver in response to estrogenic stimulation [101–103], like most of zona radiata proteins (ZrP) in many species [104]. After leaving the blood vessels, vtg goes through the follicle wall and is selectively incorporated into the oocyte [105], by receptor-mediated endocytosis [106, 107]. Vtg is then transferred into multivesicular bodies from the lysosomal compartment [108] where it is colocalised with a proteolytic enzyme, cathepsin D [109], which is probably responsible for its cleavage into yolk proteins.

The duration of vitellogenesis is extremely variable depending on the species. It can be a lengthy process, from several months up to one year in species that spawn once a year with an important mass of large eggs, like salmonids. It lasts about 1–2 weeks in tilapias, tropical species that spawn several hundreds medium sized eggs every 3–4 weeks in favourable external conditions [47, 48]. The duration of vitellogenesis can drop to about one day in medaka *Oryzias latipes*, spawning a few tens of small eggs every day [110].

Vitellogenesis regulation is overall under gonadotropic control by the pituitary. FSH (or GtH I) is expected to play the main role,

as suggested by the endocrine and ovarian responses after unilateral ovariectomy [111], or the coincidence between FSH plasma levels and ovarian vitellogenic stages in the rainbow trout [112], even when vitellogenesis is accelerated through an accelerated photoperiodic regime [113]. The gonadotropic control is relayed in part by the ovarian production of estradiol [114], which is the main inducer of vitellogenin and ZrP synthesis in the liver. The respective roles of FSH and LH (or GtH II) in estradiol ovarian synthesis have been controversial for a long time, because both hormones are active to stimulate estradiol synthesis by ovarian follicles *in vitro*. However, recent data demonstrate a specific role of FSH when short incubation times are performed *in vitro* [115]. Such results would tend to confirm older data suggesting an increased efficiency of pulsatile gonadotropic action on ovarian estradiol production [116]. However, gonadotropic control by FSH also appears to act more or less directly upon vtg incorporation in the oocyte. First, estradiol which stimulates vtg synthesis by the liver, cannot stimulate vtg incorporation in the oocyte alone, as shown for example by the long term *in vivo* effect of estradiol silastic implants in the brook trout [117]. On the contrary, FSH appears to stimulate vtg incorporation into rainbow trout follicles *in vitro* [118]. However, other data in several other species suggest in fact that cooperation between various hormonal and paracrine factors are required to control vtg incorporation during vitellogenesis.

### 3.3. Oocyte maturation and ovulation

The term “oocyte maturation” designates a succession of complex cellular processes corresponding to meiosis resumption up to the second metaphase arrest in most vertebrates [119]. In fish, morphological manifestations of this phenomenon are more often easy to observe and have already been described some time ago throughout their progress *in vivo* [74]. A methodology based on *in vitro* experimentation and observa-

tions, encouraged by professor Thibault, was developed thirty years ago [120–122], and was followed by numerous developments in France and in the world. Morphological features of maturation, more or less obvious depending on the species, are mainly the disparition (or “breakdown”) of the germinal vesicle (GVBD), yolk clarification, and an increase of oocyte volume. GVBD, a phenomenon common to all vertebrates, corresponds to the first meiotic division immediately followed by the preparation of the second division that will remain blocked at metaphase II until fertilisation. Yolk clarification and oocyte volume increase are more particular to fish, but with some species differences. These phenomenon are due to a deep reorganisation of lipoproteic yolk [123–125] involving the action of proteolytic enzymes such as cathepsins [126]. In oocytes of marine fish that lay pelagic eggs, like the halibut *Hippoglossus hippoglossus*, this results in an important rise of free amino acids and ions, leading to an osmotic disequilibrium, thus causing water entry and multiplying oocyte volume by a factor of 4 [127]. Water entry is less important in marine fish laying demersal eggs, like *Fundulus heteroclitus*, just doubling oocyte volume [128], and does not go over 15% of oocyte volume in the rainbow trout (Jalabert et al. unpublished).

Ovulation is the release of a mature oocyte from its follicle into the ovarian cavity (or the abdominal cavity in salmonids). This process requires the separation of the oocyte from the granulosa layer, the rupture of follicle layers and the expulsion of the oocyte. Since the first data suggesting an implication of prostaglandin F<sub>2</sub> as a possible local ovulation regulator in trout [89] and goldfish [129], a number of works [130] suggest that ovulation in fish probably involves the cooperation of various ovarian factors such as proteases and protease inhibitors, progestins, eicosanoids, catecholamines and vasoactive peptides, like in mammals [131].

Like in mammals, oocyte maturation and ovulation in fish are triggered by the action of pituitary gonadotropins on the surrounding follicle. This is why intrafollicular oocyte maturation of rainbow trout follicles has been used as a bioassay to prepare one of the first salmonid gonadotropins [132]. A typical "ovulatory discharge" of gonadotropin has been observed in some fish species such as the common carp *Cyprinus carpio* [133], but not in rainbow trout. Instead, in that species, plasma levels of both gonadotropins FSH and LH show a progressive moderate rise, starting respectively about 6 and 4 days (at 12 °C) before the beginning of maturation [112]. Moreover, a second rise of plasma gonadotropins, in a much larger range than the first increase, was observed after ovulation, but depending on the evacuation or retention of ovulated eggs: taking these immediately after ovulation promoted a large increase of FSH levels and a decrease of LH during two weeks after ovulation, whereas the retention of eggs in the body cavity promoted a large increase of LH and only a weak increase of FSH during the same time. These differences in both gonadotropin postovulatory profiles may be suggested to be related either to postovulatory ovarian reorganisation, including gonial multiplications, and/or to the preservation of the quality of ovulated eggs when these are retained a long time in the body cavity. In any case, it seems obvious that both gonadotropins are actually involved in the endocrine regulation of follicular events just preceding, accompanying and following maturation and ovulation.

In contrast to mammals, but like in amphibians, the gonadotropic action which triggers oocyte maturation in fish is clearly relayed by a steroid hormone, designated by the term "maturation inducing hormone" or MIS, synthesised by the follicular envelopes [119]. In salmonids and some other freshwater fish, the MIS is a progestin, 17,20 $\beta$ -dihydroxy-4pregnen-3one or DHP, which was first identified in the plasma of Pacific salmon (*Oncorhynchus nerka*) during the periovulatory period. Its predominant effi-

ciency to trigger oocyte maturation was first demonstrated in vitro in rainbow trout [134]. Then, it was identified in the incubation medium of follicles from another salmonid, stimulated by a salmon gonadotropin [135]. In various marine species, such as the spotted sea-trout *Cynoscion nebulosus*, another progestin, 17,20 $\beta$ ,21-trihydroxy-4pregnen-3one, has been identified as a MIS [136]. Moreover, two different MIS receptors have been identified in this species, a membrane receptor [137], and a nuclear receptor [138], exhibiting very different binding affinities for various C21 steroids [139]. The membrane receptor would be more particularly responsible for the non genomic action of the MIS on oocyte maturation, whereas the nuclear receptor would be responsible for a genomic action promoting ovulation [140]. The gene of the membrane receptor, which was recently cloned [141], seems to belong to a family, so far unknown, of putative membrane receptor genes that is present in various vertebrates, including humans, *Xenopus*, *Fugu*, and zebrafish [142]. Details about the follicular mechanisms triggered by nuclear receptor activation are almost unknown. On the contrary, many works have been devoted in the world to mechanisms triggered in the oocytes of amphibians, mammals and fish, by the non-genomic activation of a putative membrane receptor. These results will not be developed here since they have been extensively reviewed and because they tend to emerge into a general model [143].

Follicular and oocyte competence are defined as the ability to respond correctly to a hormonal stimulation by producing good quality oocytes, i.e. able to develop normally after fertilisation. Like in mammals, the acquisition of follicular and oocyte competence is a crucial problem, because fish farming constraints often require artificially controlling the end of the reproductive cycle, and imposing quality norms concerning the results. Several factors have been involved in the control of competence acquisition, particularly the state of homologous

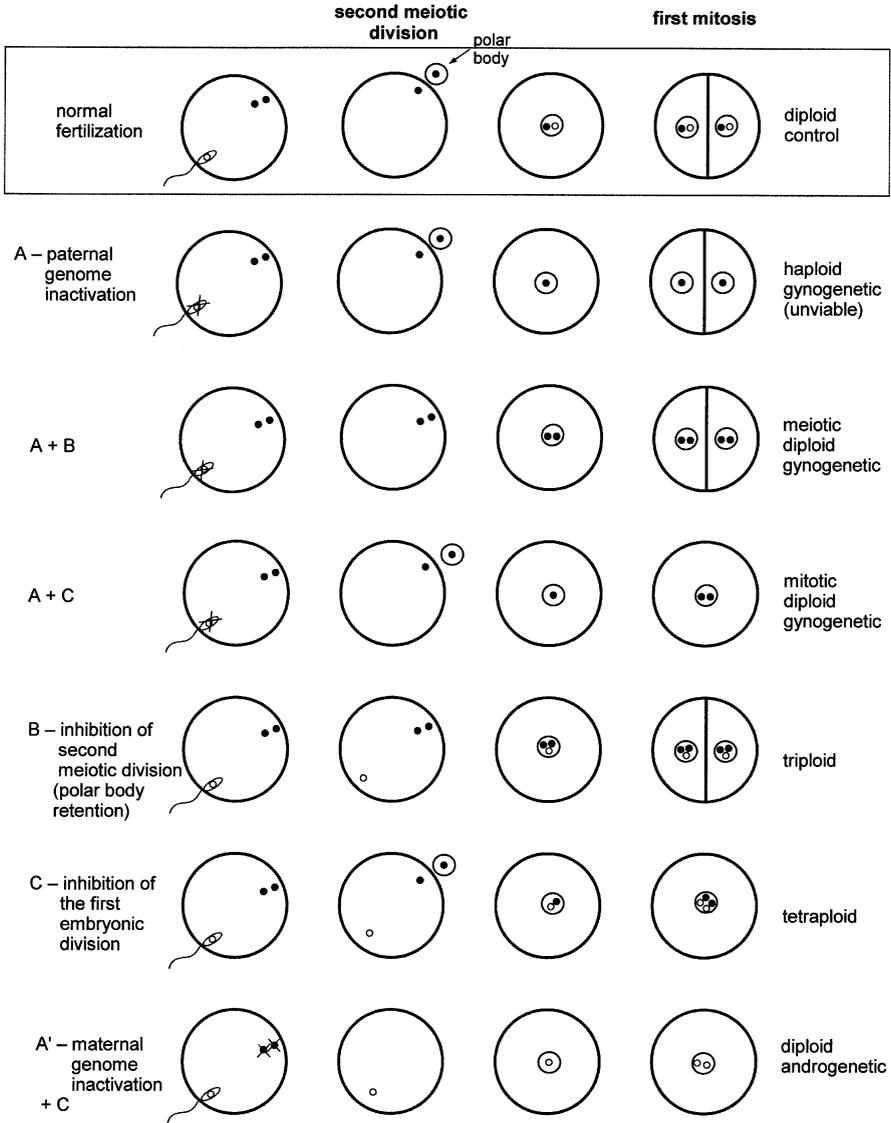
and heterologous gap-junctions, connexins, IGF and activins [99]. In rainbow trout ovaries, the analysis of expression profiles of various genes during the preovulatory period allows to associate the evolution of some of them with competence acquisition [144–146]. Most correspond to factors which have already been suggested, in other teleost or in mammals, to be involved in competence acquisition, in modulation of follicular or oocyte sensitivity to hormones, in yolk processing, or in ovulation mechanisms. This is the case of IGF 1 and 2, FSH receptors, members of the activin and inhibin family, cathepsins, and enzymes of the prostaglandin biosynthesis pathway. The multiplicity of factors putatively involved is not surprising, since competence acquisition necessarily corresponds in fact to the progressive coordinate differentiation of several ovarian compartments. Moreover, if the necessity of some physiological coordination between the acquisition of follicular competence as a whole, and the emission of appropriate stimulating signals from the neuroendocrine system seems obvious, insufficient attention has probably been paid so far to signals from the ovaries, and not only steroids. Finally, the analysis of gonadotropic signals from the pituitary should not be limited to the mean absolute level of FSH and LH, but should also take into account short-term profiles, thus renewing ancient works performed when available assays probably only gave a mean value between both gonadotropins [147].

#### 4. APPLICATIONS

Research carried out in the world during the last thirty years on reproductive mechanisms in the teleost has certainly increased our knowledge concerning not only fish, but also vertebrates as a whole. The contribution to a general model of cellular mechanisms of meiotic maturation [143], or the possible discovery of a gene family of putative steroid membrane receptors present in various vertebrates and humans [142] are

only stimulating examples of possible generalisations. New knowledge has opened on applications not only in the field of fish farming but also in the field of environmental evaluation. Taking into account the importance of permanent exchanges with their aquatic environment, fish appear as sensitive indicators of the quality of this environment which is a receptacle of many substances coming from human activities [148]. Thus, the sensitivity of the hepatic responses to estrogen-like pollutants, and the relative simplicity of vtg and ZrP detection *in vivo* in the blood or *in vitro* in hepatic cell cultures [149], has incited a considerable number of works in the world to use these responses as biomarkers of exposition [150], or to evaluate estrogen-like potency of various substances [151]. But many other important reproductive mechanisms can be negatively affected by xenobiotics, like simple morphological features such as the gonopodium of the mosquito fish [151], or more complex phenomenon such as *in vitro* oocyte maturation [152].

In the field of fish culture, only some applications, which result from fish reproductive particularities compared to mammals, will be mentioned here. Thus, the external character of fertilisation has favoured various kinds of manipulations on both gametes, such as sperm irradiation to inactivate the genome without altering its motility and its ability to activate the oocyte, and the application of thermic or hyperbare shocks to the eggs in order to inhibit either the second meiotic division (retention of the first polar body), or the first embryo mitosis, depending on the chronology of these shocks during and after fertilisation events. These manipulations theoretically allow obtaining several kinds of chromosome stock modifications (Fig. 1) [153]. One of the most interesting modifications for fish farming is triploidy which can give sterile fish that are expected not to waste energy for gonadal growth instead of body growth. In salmonids, the first positive results were obtained by using thermic shocks [154],



**Figure 1.** Theoretical possibilities of intervention on fertilisation in fish: destruction of paternal genome (A); inhibition of 2nd meiotic division through retention of the second polar body (B); blockage of first embryonic division (C). A selected combination among these possibilities allows obtaining original genetic products (gynogenetic, androgenetic, triploid, tetraploid) (after Breton et al. [154]).

then hyperbare shocks [155], that are now widely used in industrial practice.

Similarly, the external character of embryonic and larval development is highly favourable to the application of various chemical treatments. This is especially the case of all treatments administrated either through balneation or via the food of young fry, in order to obtain phenotypic sex inversion in the trout [72], tilapias [47], and presently many other species. In the rainbow trout, androgen treatments are able to produce XX neomales that are used as brooders to inseminate eggs of normal XX females, thus giving monosex female populations that have never been directly treated by steroids. Moreover, insemination may be combined with thermic or hyperbare treatments, to obtain, through second polar body retention, triploid sterile monosex female populations, that can be used to rear large fish in which growth will not be slowed down by reproduction [153]. Finally, in tilapias, where male monosex populations are preferred for farming, these can be obtained by crossing normal females with “neo-super males” of genotype YY. These, which are viable and functional, are obtained by crossing normal XY males with neo XY females resulting from estrogenic treatment of normal fry [156].

The practical use in fish of artificial photoperiods to control the spawning season [157], and of hormonal treatments to induce maturation and ovulation [153] are mentioned here only as a matter of interest and will not be developed.

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