

## Communication

# The monitoring of bovine pregnancies derived from transfer of in vitro produced embryos

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**Abstract** — Both an increased rate of embryonic, foetal and perinatal losses, and the occurrence of deviations in foetal and placental development are associated with bovine pregnancies obtained from in vitro produced embryos. This thus requires for a more accurate and frequent monitoring of foetal and maternal functions during pregnancies. Such approaches will enable to establish the period during which these losses and deviations in development occur and to plan possible clinical interventions. This paper reviews some recent data on return rates, late embryonic and foetal losses in recipients after the transfer of either MOET, IVF or nuclear transfer embryos. Special attention is paid to the diagnostic value of measurements of pregnancy specific/associated proteins and progesterone in maternal plasma. Possibilities to measure foetal body sizes, size of placentomes and foetal heart rate by means of transrectal or transabdominal ultrasonography are illustrated with data from the literature and with recent results from our own large field study with MOET, IVP-co-culture and IVP-SOF embryos.

**cow / pregnancy / pregnancy proteins / ultrasonography / foetus / placenta / foetal heart rate / embryo transfer / in vitro fertilization / nuclear transfer**

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## 1. INTRODUCTION

In cattle breeding, the interest of collecting data on the course of a pregnancy in individual females generally subsides, once a positive pregnancy diagnosis has been made within two months after mating or artificial insemination. The same is true for the pregnancies obtained after embryo transfer, despite the fact that considerable efforts and costs have sometimes to be made to reach a pregnancy in the first place. Attention to pregnant females is only resumed at the time of calving, when it needs to be judged if delivery can take place spontaneously or should be accomplished by artificial means to improve the chances for survival of the calf. Observations and data connecting (pathophysiological) events during (early) pregnancy and parturition with the morbidity and performance of calves at later life are not routinely available. However, such an approach appears to be more relevant keeping in mind the recently pronounced concept [1–3, 45] that several diseases encountered during adult life might have their origin during the period of foetal development. The same might be true for physical performance and (re)production in domestic species [37, 39, 40, 48]. In this respect one seems to have forgotten that, within the context of research on growth and production of farm animals, Graham Everitt already warned in 1968 that “The extent to which events of later life may be modified by factors operating during the formative stages appears insufficiently appreciated”(see Bell [4]). The so-called “Large Calf Syndrome” [7, 24, 64] might be an undesirable example of such types of long-term effects.

Early reports on increased embryonic and foetal losses and the variable occurrence of deviant foetal development during pregnancies obtained from *in vitro* produced embryos (reviewed by Kruip en den Daas [35]), have stimulated the interest for research on the prenatal development of farm animal species, especially in ruminants.

Besides many (ongoing) studies to unravel the cellular and molecular mechanisms of deviant development of IVF-derived and cloned embryos [11, 41, 53, 64], several authors have reported on placental and foetal growth and pathophysiological events during the perinatal period [18, 19, 22, 26, 29, 30, 47, 49, 51, 59, 60]. The bovine foetus and placenta are not easily accessible for (on farm) investigations, especially during the second and third trimester of gestation. Yet, there is a need for more intensive monitoring of pregnancies, not only to collect more accurate information on the exact timing of prenatal losses, but also to document or predict deviations in prenatal development. Such approaches will contribute to the understanding of the mechanism of disturbed development and will allow timely clinical interventions, either during pregnancy or at parturition. This contribution will therefore concentrate on late embryonic, foetal and perinatal losses resulting from pregnancies derived from transfers of IVF-derived and cloned embryos, with a special focus on methods by which such pregnancies can be more intensively monitored. Our own data from a field study of our own group, in which we compared the course and outcome of IVP and MOET pregnancies, will be presented as well.

## 2. THE EMBRYONIC AND EARLY FOETAL PERIOD

### 2.1. Pregnancies after transfer of IVP-embryos

When recipients show a regular return to oestrus (between 19 and 22 days after their first oestrus), it can be assumed that early embryonic mortality occurred, i.e. before maternal recognition of pregnancy took place. Both after A.I. and embryo transfer of *in vivo* or *in vitro* produced embryos, high rates of such early embryonic losses have been reported [17, 25, 38, 46, 54], especially when quality grade 2 embryos had been used

for transfer. Recently, Heyman et al. [26] concluded on the basis of plasma progesterone levels, that on day 21, no significant differences in the percentages of presumed pregnancies existed between groups of recipients to which either cloned or IVF embryos had been transplanted.

Immediately after this period during which regular returns can be expected, the presence of a pregnancy can be presumed (on the basis of plasma progesterone profiles or irregular returns) or diagnosed for the first time (by means of ultrasonography or measurements of plasma pregnancy proteins). When a positive early pregnancy diagnosis is followed by a return to oestrus between days 23 and 42, late embryonic mortality has occurred. Under field conditions, however, the first pregnancy diagnosis usually takes place only during the foetal period (around day 40). This means that it is usually very difficult to derive accurate figures on early and late embryonic mortality from published data on pregnancy rates. In their world-wide retrospective review on the results from transfers of IVP embryos, Kruip and den Daas [35] reported that while 70% of the embryonic losses after A.I. or ET occurred within the first 21 days of fertilization, this was only 58% for IVP embryos. This might be associated with a more strict selection of good quality IVP blastocysts. A more detailed picture can be obtained from the data published by van Wagtenonk et al. (2000). These authors compared return rates and pregnancy

outcome after (single) transfers of either a MOET, IVP-co-culture or IVP-SOF embryo (Tab. I).

Total return rates were not significantly different between the three groups, but the return rate between 0 and 31 days was higher in the recipients with a MOET or IVP-SOF embryo. However, the relative proportion of returns between days 24 and 31 was significantly higher in the IVP-co-culture group, while losses beyond day 52 were also higher in this group (although not significantly different). In a recent paper [36] pregnancy losses occurring between days 38 and 90 were found to be 11.2% and 9.9% for lactating dairy cows, inseminated after spontaneous or synchronized oestrus respectively.

In a recent field study, we monitored groups of recipients with similar types of embryos (for details of production: see van Wagtenonk-de Leeuw et al. [60]) by regular blood sampling between day 7 and day 119 after embryo transfer. Around day 35, transrectal ultrasonography took place for pregnancy diagnosis and in 65 of these recipients ultrasonography was repeated at weekly intervals for foetometry and measurements of foetal heart rate (see below). The data are presented in Table II.

Failure of pregnancy without an observed return to oestrus occurred in 3.2%, 4.4% and 4.5% of the recipients of the MOET, IVP co-culture and IVP-SOF group, respectively.

Although the percentage of pregnancy failures was slightly higher in the IVP-SOF

**Table I.** Returns to oestrus after transfer of a single MOET, IVP-co-culture or IVP-SOF embryo to recipients of the herd of Holland Genetics (after van Wagtenonk-de Leeuw et al. [60]).

	MOET ( <i>n</i> = 465)	IVP-co-culture ( <i>n</i> = 157)	IVP-SOF ( <i>n</i> = 101)
Total return (%)	54.4	51.5	46.1
Returns between days 0–31 as % of total returns	80.6	68.2*	80.9
Returns between days 24–31 as % of day 0–31 returns	17.2	31.0*	13.2
Returns between days 32–52 as % of total returns	13.1	20.0	10.6
Returns beyond day 52 as % of total returns	6.3	11.8	8.5

**Table II.** Early and late returns to oestrus of recipients to which either a MOET, IVP-co-culture or IVP-SOF embryo had been transferred (Perényi et al., in preparation).

	MOET ( <i>n</i> = 118)	IVP-co-culture ( <i>n</i> = 44)	IVP-SOF ( <i>n</i> = 106)
Total % pregnancy failures	52.5	52.3	63.2
Returns before day 24 as a % of total pregnancy failures	54.8	56.5	58.2
Returns between days 24 and 119 as a % of total pregnancy failures	35.5	30.4	37.3
Returns beyond day 119 as a % of total pregnancy failures	6.5	8.7	0

group and no late foetal losses occurred in these recipients, there were no differences between the three groups as to the relative proportions of early embryonic losses (before day 24) and late embryonic plus early foetal losses (between days 24 and 119). Overall, about one third of all transfers failed before day 24, while slightly more than one fifth of the transfers resulted in losses between days 24 and 119.

On the basis of plasma progesterone (P4: see Dieleman and Bevers [15]) and PAG1 (see Zoli et al. [65]) profiles of these animals, we were able to analyse the pregnancy failures between day 24 and 119 in more detail. By using plasma levels from ongoing pregnancies with calvings at term as reference values, decreases of P4 and PAG1 levels below one tailed 95% confidence intervals resulted in the attribution of each case of pregnancy failure with a complete data file (*n* = 56) to one of the following three groups:

A: recipients in which a drop or subnormal concentration occurred earlier in the P4 than in the PAG1 profile.

B: recipients in which a drop or subnormal concentration occurred earlier in the PAG than in the P4 profile.

C: recipients in which subnormal hormone concentrations or decreases occurred at (about) the same time.

Typical examples of plasma profiles from recipients of group A and B are presented in Figures 1A and 1B.

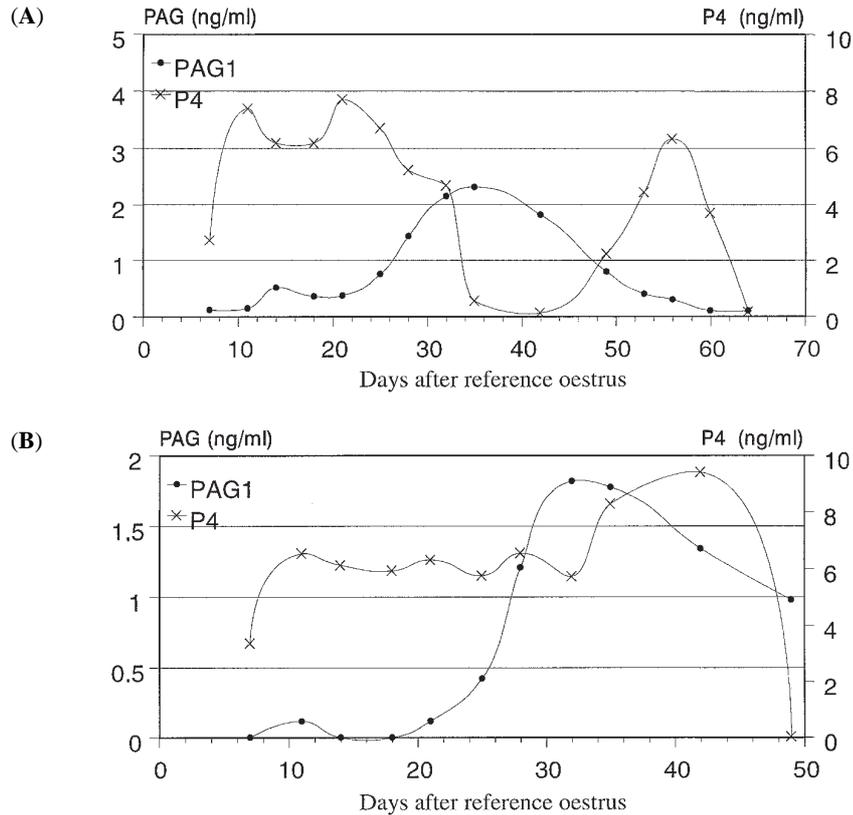
Table III presents the distribution of these three types of pregnancy failures, occurring between day 24 and 119, over the three groups of recipients.

These data indicate that (a) type A was the dominant type of failure in each group of recipients, and (b) type B losses occurred slightly more frequent in recipients with IVP-SOF embryos. If one accepts that PAG1 profiles reflect the viability of the trophoblast/placenta [55, 56], this would implicate that in pregnancies which have already passed the stage of maternal recognition of pregnancy, failures after transfer of IVP-SOF embryos are more often the result of disturbed conceptus development. In this respect it is interesting to note that impaired vascularization of the allantois has been more often associated with conceptuses derived from in vitro produced ruminant embryos [14, 28, 44].

We were not able to detect significant differences in plasma P4 and PAG1 levels between the three groups of recipients during the first 4 months of ongoing pregnancies [62], but we did not find differences between the mean birth weights of calves from these three groups. Yet, an increased foetal weight [17] and increased placental weight [5, 17] have already been reported during midgestation in the recipients of IVP embryos. It appears that the dramatically increased plasma levels of PAG during the final weeks of gestation are better correlated with foetal weight [51] than the

levels during early pregnancy. However, it remains to be investigated to what extent the reduced number of placentomes, with a much larger individual size, (which have

been found in IVP pregnancies by Bertolini and Anderson [5, 6]), do affect plasma PAG levels. Compared to placentas from foetuses derived from in vivo embryos, the relative



**Figure 1.** Plasma progesterone (P4) and PAG1 levels in two cases with an early pregnancy loss. (A) a recipient, pregnant after transfer of a MOET embryo but returning to oestrus on day 42 after the reference oestrus; a decline of plasma P4 precedes a decrease in PAG1 levels; (B) a recipient, pregnant after transfer of a IVP-SOF embryo but returning to oestrus on day 49 after reference oestrus; a decline in the PAG1 level precedes the drop in P4 [43].

**Table III.** Distribution of three types of pregnancy losses among the three categories of recipients which returned to oestrus between days 24 and 119.

	MOET ( <i>n</i> = 22)	IVP-co-culture ( <i>n</i> = 7)	IVP-SOF ( <i>n</i> = 25)
Type A pregnancy loss ( <i>n</i> = 36)	17 (77%)	5 (71%)	14 (56%)
Type B pregnancy loss ( <i>n</i> = 16)	5 (23%)	1 (14.5%)	8 (32%)
Type C pregnancy loss ( <i>n</i> = 4)	0	1 (14.5%)	3 (12%)

abundance of binucleate cells, by which the pregnancy proteins are produced, have been found in the placentas from in vitro embryos on day 63 [20], although the same authors previously reported a lower volume density of binucleate cells in the placentas of IVP foetuses at day 222 [18]. There is clearly a need for more detailed studies on the possible relationships between gross morphology (number and size of placentomes), vascularization, cellular differentiation and production of proteins and hormones of the bovine placenta during normal A.I., MOET and IVP pregnancies (see also below).

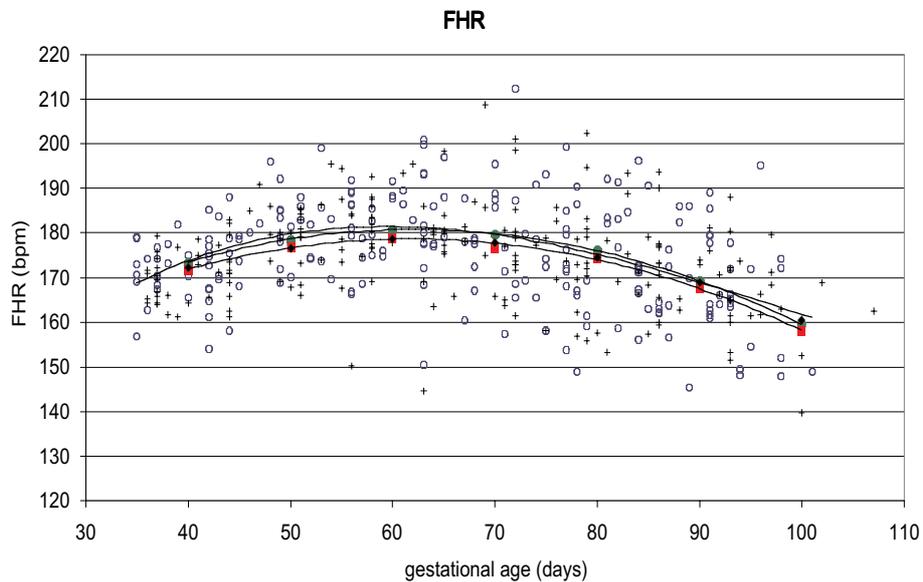
It has been described [8, 12] that transrectal ultrasonography can be used to visualize the details of the bovine conceptus at very early stages (before day 24). However, reliable quantification of ultrasonographic details of the development of the conceptus is only possible at a later stage [6, 13, 23, 33]. Especially the measurement of foetal body structures (CRL: crown rump length; BPD: biparietal diameter of the cranium; CAU: cross section of the abdomen) can be expected to reflect both the retardation or enhancement of foetal growth. Recently, Bertolini and coworkers [6] reported that the CRL of foetuses, derived from IVP-co-culture beef cattle embryos, had a significantly reduced CRL between days 37–58 when compared to foetuses from MOET embryos, while at birth the mean body weight of the IVP calves ( $n = 6$ ) was significantly higher.

Because it has frequently been reported that pregnancies derived from IVP embryos suffer from a higher incidence of both prenatal losses and result more often in heavy foetuses and offspring, we also performed repeated ultrasonographic measurements of foetuses. Between days 35 and 119 foetal growth was compared between pregnancies resulting from the transfer of MOET, IVP-coculture and IVP-SOF embryos. Reports from early pregnancies in women suggest that deviations from normal foetal heart rate (FHR) may be predictive for future

foetal losses or for foetuses with chromosomal abnormalities [50, 57]. Reports on abnormal vascularization of the allantois during early pregnancy [14, 44] and data on deviant cardiac structure and function in some foetal and newborn ruminants resulting from IVP embryos [27, 52, 60] require more studies on prenatal cardiovascular function. This is supported by the recent finding of Bertolini et al. [6] that FHR of IVP-concepti ( $n = 6$ ) was significantly higher between days 37 and 93 of gestation when compared with MOET ( $n = 6$ ) foetuses. We therefore also included measurements of FHR in our study with three groups of bovine pregnancies [9, 10]. At weekly intervals, transrectal scans were video-taped and measurements of BPD, CAU (at the insertion of the umbilical cord) and CRL and calculations of FHR were performed afterwards. It appeared that repeated and reliable measurements of CRL of the same foetus were less often possible during transrectal scanning than with the other two types of foetometry. In addition, the measurement of the CRL appeared less reliable in our hands, because bending of the foetal spine by foetal movements appeared to cause a considerable variation of the CRL during a single scanning session. FHR data are presented in Figure 2.

We found no significant differences in BPD, CAU and FHR between the three groups of foetuses between days 35–110 of pregnancy. However, the mean birth weights of calves resulting from these three different types of embryos were not significantly different either. Also when BPD, CAU and FHR were retrospectively compared between calves with a birth weight below 40 kg and those weighing more than 51 kg, no significant differences in these foetal parameters were found.

Changes in FHR followed a parabolic curve, different from the initial data published by Curran et al. [13], but comparable to the curve that was based on a limited group of A.I. foetuses by Ginther [23]. Plots



**Figure 2.** Plots of individual (open symbols) calculated Fetal Heart Rates and LS-means (closed symbols and with lines of best fit) for three groups of foetuses; circles: MOET foetuses ( $n = 25$ ); squares: IVP-co-culture foetuses ( $n = 14$ ); rhombs: IVP-SOF foetuses ( $n = 22$ ) [9].

of trend lines for FHR of our individual foetuses demonstrated that in some of the pregnancies that did not proceed until term, FHR was outside the 95% confidence intervals. This indicates that it might be useful to further explore FHR, based on more frequently performed measurements, as an early indicator of future foetal death in cattle.

## 2.2. Pregnancies after transfer of cloned embryos

Because embryonic and foetal losses are considerably higher and abnormal foetal development and increased birth weight occur more often in pregnancies after the transfer of cloned embryos [35, 47, 63], it appears even more appropriate to use intensive ultrasonographic and biochemical monitoring in recipients of cloned embryos. Ectors et al. [16] demonstrated that PAG levels in heifers pregnant from transferred nuclear transfer embryos were higher during

late pregnancy than in recipients of IVF embryos. In a recent paper from France [26] monitoring took place during pregnancies obtained after transfer of cloned (somatic adult, somatic foetal or embryonic) and IVF-co-culture embryos. As already indicated above, early embryonic losses did not appear to be increased after the transfer of cloned embryos, as judged by plasma progesterone levels on day 21. However, at the time of the first and the second transrectal ultrasound scan, significantly less recipients with somatic clones appeared pregnant. Data on the percentage of pregnant animals at different stages of the first trimester and the final calving rates are summarized in Table IV.

Foetal survival decreased dramatically, especially in the recipients who received an embryo cloned from adult somatic cells. Foetal deaths were not observed beyond day 90 in recipients of the control IVF or embryonic cloned groups.

**Table IV.** Data on pregnancies of recipients to which either a cloned embryo (3 different types) or an IVF-co-culture embryo had been transferred (after Heymann et al. [26]).

	Embryos cloned from somatic adult cells ( <i>n</i> = 133)	Embryos cloned from somatic foetal cells ( <i>n</i> = 40)	Embryos cloned from embryonic cells ( <i>n</i> = 67)	Control IVF-co-cult embryos ( <i>n</i> = 51)
% presumed pregnant D21	55.6	57.5	62.6	62.7
% found pregnant D35	33.8	27.5	49.2	52.9
% found pregnant D50	27.1	22.5	41.8	50.9
% found pregnant D70	14.3	22.5	37.3	49.0
% found pregnant D90	12.0	22.5	34.3	47.0
% calves at term	6.8	15.0	34.3	49.0*

\* Including one twin from a single embryo transfer.

Similar to our own findings on PAG1 levels during ongoing pregnancies of IVP and MOET, no significant differences in plasma PSP60 levels were found between the 4 groups of pregnancies that produced live, full term calves. Interestingly, plasma PSP60 levels on day 50 in recipients with somatic clones that lost their conceptus between days 50 and 90 were already significantly higher than in recipients with surviving somatic and subsequently non-surviving embryonic clones. This would mean that the trophoblast of somatic clones is more likely to demonstrate aberrant early cellular differentiation, leading to increased numbers of binucleate cells. It remains to be investigated if this is directly associated with a less developed early vascularization resulting in subsequent placental insufficiency and foetal death. At later stages (days 150, 180 and 210), the recipients of somatic clones which had developed a severe hydroallantois, also had significantly elevated PSP60 levels as compared to non-pathological pregnancies of the control or cloned groups. Compared with the IVF controls, an increased size of the placentomes (ultrasonographically measured at 2 week intervals) was found in the recipients with somatic clones, but this was not reflected in altered foetal functions like counted FHR and growth of the diameter of the foetal aorta.

### 3. THE LATE FOETAL PERIOD

Direct monitoring of foetal functions is very difficult during the second half of gestation in cattle. Due to the large size of the foetus, its variable intra-abdominal position and the limited penetration depth of ultrasound transducers, access to foetal body structures is rather limited, especially during the final three months of gestation. This means that growth curves based on ultrasonographic measurements of foetal structures usually finish around the end of the second trimester (for details see: Kähn [33]; Ginther [23]). Although the measurements of the diameter of the foetal eye can be used to estimate foetal age, there is no evidence as to whether this parameter accurately reflects the differences in foetal growth. So, conclusions on the deviations of foetal growth during later stages of development have to be based on either transversal observations of collected foetuses or on measurements in newborns. Under farm conditions, prenatal identification of abnormal intrauterine development is more likely indicated by the recognition (by external features, transrectal examination and ultrasound observation) of recipients with hydroallantois, a pathology which has been reported more often in cows pregnant from IVP embryos [26, 35]. Additional monitoring of the course of pregnancy and placental and foetal well-being has to

rely on the measurements of proteins (different PAG's, PSPB's) and hormones (progesterone, conjugated and unconjugated oestrogens, prostaglandin metabolites, cortisol, placental lactogen) in maternal plasma [34], although their value for the prediction of abnormal foetal development or foetal distress needs further exploration.

Prenatal, ultrasound-guided puncture of foetal fluids has been applied during early stages of bovine pregnancies [21, 61], but reports on fluid aspiration during late gestation are not available and might be judged to be too risky. Under experimental conditions a surgical method (installing catheters in the foetal umbilical vessels) has been used to investigate the differences between IVP and A.I. control foetuses with respect to blood chemistry and hormone levels during the final days before delivery [49]. While IVP foetuses had an elevated haemoglobin (and as a consequence a higher oxygen content) and lower lactate levels compared to arterial samples of A.I. foetuses, there were no differences between the two groups in arterial oxygen saturation, foetal glucose tolerance, blood cortisol levels and the response to ACTH. In fact none of the observed differences pointed to a poor preparation of IVP foetuses to extra-uterine life, in contrast to the clinical findings reported earlier for several newborn cloned calves by Garry et al. [22]. Because both an increased limb length [30] and a high incidence of flexural deformities of the limbs [22] have been observed in newborn calves derived from in vitro produced embryos, it appears very relevant to explore foetal motility [23] during IVP pregnancies. Prenatal restriction of articular mobility is associated with flexural abnormalities in the cow [58] and disturbed foetal mobility around calving could contribute (through abnormal foetal posture and/or position) to the higher rates of dystocia reported for IVP calvings. Also prolonged measurements of foetal heart rate (FHR), preferably combined with registration of gross foetal movements, might be useful in this respect,

because different FHR patterns have been associated with different so-called behavioural states, both in human and animal foetuses (for reviews see: Nijhuis [42]). Significant differences in characteristics of FHR between acidotic and non-acidotic calves have been found during calving [31] and continuous, transcutaneous Doppler measurements of prenatal FHR appear feasible in the cow [32]. Preliminary data show no differences in late gestational FHR characteristics between healthy A.I. and IVP foetuses [9], but the value of such measurements for the prediction of prenatal distress still needs to be assessed in cattle.

#### 4. SUMMARIZING CONCLUSIONS

While pregnancies obtained from transplantation of in vitro produced embryos suffer from increased (though variable) rates of embryonic, foetal and perinatal losses and developmental disturbances, it appears rather difficult, especially under farm conditions, to identify conceptuses with deviations in development at an early stage. Transversal studies, collecting conceptuses at different stages of gestation, have demonstrated that significant differences of foetal and placentome weight and size may occur rather early in gestation, but non-invasive longitudinal ultrasonographic foetometry and counting of FHR did not reveal significant differences between ongoing pregnancies of MOET and IVP embryos during the first 4 months. Determinations of maternal plasma levels of placenta-derived pregnancy proteins seem to be more valuable for a timely detection of abnormal development. For pregnancy losses between days 24 and 119, a decrease of pregnancy associated protein levels, preceding luteal regression, occurred slightly more often in IVP than in MOET recipients of the same herd. This indicates that pregnancy failures after transfer of IVP embryos are more often the result of a failure of conceptus development. On the contrary, abnormally elevated levels of

these proteins around day 50 were found to precede foetal losses in pregnancies from somatic clones, pointing to a disturbance of placental cellular differentiation. Because the uterine contents are more difficult within reach, direct measurements of foetal and placental growth during the last trimester of gestation are restricted. Besides a close and regular clinical inspection of the dams and blood sampling for the monitoring of hormones and pregnancy proteins, trans-abdominal studies of foetal movements and FHR might improve the prenatal diagnosis of aberrant foetal life in cows.

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