

abdominal height (B) are greatly correlated to W/H ( $r = 0.7$  and  $0.55$ ,  $P < 0.001$ ) which is the anthropometric parameter best correlated to VF ( $r = 0.71$ ,  $P < 0.0001$ ) and VF/SCF ( $r = 0.57$ ,  $P < 0.004$ ). LMI (lean mass index: lean mass without bone/height<sup>2</sup>) is well correlated to W/H, VF, VF/SCF (respectives  $r = 0.56, 0.73, 0.67$ ,  $P < 0.001$ ). However, newly suggested combined ratios A and B appear more reliable for estimation of VF ( $r = 0.77$ ,  $P < 0.0001$  for A and B) and VF/SCF ( $r$  are equivalent).

In conclusion, this preliminary study brings out the interest of the technique of DEXA for intra-abdominal visceral fat estimation in obese women.

**Study of cardiovascular vagosympathetic control by spectral analysis of heart rate and blood pressure in obese patients.** J Sibony-Prat, J Pariès, M Chabert, JR Attali, P Valensi (*Laboratory of Nutrition and Metabolic diseases, Jean Verdier Hospital, university Paris-Nord, av du 14 juillet, 93140 Bondy, France*).

Several clinical and experimental studies suggest an alteration of parasympathetic (PS) and sympathetic (S) control in obesity. We have recently shown that more than 40% of non diabetic obese patients have an alteration of heart rate (HR) variations from PS origin.

The aim was here to investigate PS and S cardiovascular control by using spectral analysis of HR and blood pressure (BP) variations. Sixty-two non diabetic obese patients were compared with 38 healthy controls. Sex ratio was similar in the two groups. Spectral analysis has been performed with the Anapres system. Two characteristic peaks were individualised: one of high frequency (0.20–0.25 Hz) for HR variations during a controlled breathing period which is an indicator for PS activity, the other of low frequency (around 0.10 Hz) for systolic

BP variations in the standing position which is mainly an indicator for S activity. In controls the value of the high frequency peak ( $r = -0.556$ ,  $P < 0.0001$ ) but not the value of the low frequency peak ( $r = -0.002$ ) correlated negatively with age. In the obese patients both the high and low frequency peaks correlated negatively with age ( $r = -0.249$ ,  $P = 0.05$  and  $r = -0.269$ ,  $P = 0.036$  respectively) and did not correlate with BMI. In the obese patients, the high frequency peak was significantly lower than in the control group (mean  $\pm$  SD =  $4.80 \pm 3.37$  vs  $8.38 \pm 4.14$ ,  $P < 0.0001$ ). In the 25 obese patients over 40 years old, the low frequency peak was also significantly lower than in the controls ( $10.00 \pm 3.10$  vs  $11.95 \pm 4.25$ ,  $P = 0.05$ ).

This study sustains the need to take age into account when interpreting cardiovascular parameters which depend on vagosympathetic control. It suggests that in obese patients vagal activity is reduced and in those over 40 years sympathetic activity is also reduced.

**Characterization of HDL apolipoproteins in the goose susceptible to liver steatosis.** D Hermier<sup>1</sup>, N Sellier<sup>2</sup>, D Rousselot-Pailley<sup>2</sup>, P Forgez<sup>3</sup> (<sup>1</sup> *Inra, 37380 Nouzilly*; <sup>2</sup> *Inra, Artiguères, 40280 Benquet*; <sup>3</sup> *Inserm, Hôpital Saint-Antoine, 75012 Paris, France*).

In Palmipedes, fatty liver is an acquired hepatic steatosis induced by overfeeding of specific susceptible breeds. In the Landes goose, hepatic steatosis is accompanied by an increase in plasma HDL from 5 g/L in control to over 10 g/L [Hermier et al (1991), *Biochim Biophys Acta* 26, 331-339]. Goose HDL is the major plasma reservoir for apolipoprotein A-I (apoA-I) and apolipoprotein C-like (apoCs-like). These proteins were characterized in the goose and compared to the corresponding apolipoproteins in mammals. HDL were separated from plasma by