

Morphological and functional features of ovine follicles in perfusion with pulsatile hormone delivery

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Summary. Large follicles were obtained from sheep ovaries during the follicular phase, dissected and incubated for 24 h in a perfusion system. Continuous flow of B₂ medium gassed with O₂ and CO₂ and supplemented with FSH/LH pulses every other hour enabled us to measure the steroid secretion rates of each follicle. At the end of the perfusion, the follicles were processed for histological examination. It was demonstrated that 70 % of the follicles were healthy after 24 h of perfusion. This was associated with a high secretion rate of oestradiol compared to atretic follicles. In contrast testosterone and progesterone secretion rates were similar in healthy and atretic follicles. In both healthy and atretic follicles, repeated gonatrophin pulses produced increases in steroid production. Such a perfusion system might be a valuable tool to study between and within-follicle interactions to get new insights in paracrine and autocrine regulations in the ovary.

Introduction.

Growth of large follicles is regulated by gonadotrophin concentrations, follicular sensitivity to gonadotrophins and intra-ovarian regulations (Bindon and Piper, 1986; Mc Natty and Henderson, 1987; Driancourt and Fry, 1988). However, the way these three factors act to differentiate follicles towards ovulation or atresia and to set up the ovulatory quota in breeds with different levels of ovulation rate is poorly understood. Some insights have been obtained by measuring the ovarian effects of gonadotrophin and growth factor administration on granulosa cell cultures (review: Hsueh *et al.*, 1984). However, the physiological value of the conclusions obtained is limited by (1) the low viability (30-60 %) of the granulosa cells used (Tsonis *et al.*, 1984; Monniaux, 1987), (2) the common use of hypophysectomized DES-treated immature rats as a source of granulosa cells despite the doubts expressed on the physiological value of this model (Sadrkhanloo, Hofeditz and Erickson, 1987), (3) a non-random choice of the granulosa cells used amongst the different subtypes of granulosa cells (Lahteenmaki *et al.*, 1982; Erickson *et al.*, 1985), and (4) by the suppression of the interactions between the theca and granulosa layers which play a major role in follicular steroid production (Falck, 1959) and granulosa cell division (Makris *et al.*, 1983).

Owing to these limitations and to the fact that follicles are the structures encountered in the ovary, an intact follicle perfusion system would be valuable to provide information regarding ovarian sensitivity to gonadotrophins and intraovarian regulations. In this paper, preliminary data on sheep ovarian follicles of different sizes and stages of atresia are presented.

Material and methods.

Animals and follicle recovery. — 10 Romanov × Préalpes ewes had their oestrous cycle synchronized by the insertion of FGA-impregnated vaginal sponges (Chronogest, Intervet, Angers, France) for 14 days. At sponge removal ($n = 5$) or 12 h after sponge removal ($n = 5$) the ewes underwent a first laparotomy during which the three largest follicles of each ovary were labelled with dots of ink in the ovarian stroma surrounding them (Driancourt and Cahill, 1984). 24 h after this initial laparotomy, the ewes were laparotomized a second time for measurement of the labelled follicles followed by ovariectomy.

Immediately after ovariectomy, the ovaries were stored in culture medium (see below) at room temperature. The follicles which had grown or had kept a steady size between the two laparotomies were then carefully dissected with claws until five to ten layers of theca cells were left. Follicle size was measured under the microscope, and the follicles were transferred to the perfusion system.

Perfusion system. — The perfusion system used is derived from that described by Ménézé, Gérard and Thibault (1976). As shown on figure 1, it is made with a pulse maker, 5 superfusion chambers and a fraction collector.

The pulse maker is built with a Mixograd (Gilson, Villiers-le-Bel, France). The culture medium is stored in two containers, one containing plain medium (M), the other one containing hormone enriched medium (M + H). Both containers are continuously gassed with a O_2 - CO_2 mixture (95 %-5 %). The origin of the medium delivered to the perfusion system is determined from a graph which is followed by a photoelectric system. When the graph rises, more medium is pumped from the M + H container and less from the M container in order to maintain a steady flow rate (4 ml/h). Within and between-perfusion coefficients of variation of flow rate were 7 and 12 % respectively.

The perfusion chambers were made of borosilicated glass chromatographic columns (Altex Beckman, Gagny, France). The inner diameter and content of the chambers were 9 mm and 2 ml respectively. The superfusion chambers were connected to a five-channel fraction collector by Teflon tubing. Owing to this, absorption of steroids was minimized (not detectable for oestradiol, testosterone and progesterone).

Perfusion medium. — The perfusion medium was derived from that described by Ménézé (1976). Its composition is presented on table I.

All chemicals were of A.R. grade and solvents were used without further purification. Bidistilled water was apyrogen and for culture. Batches of bovine serum albumin (BSA) from Organon (Fresnes, France) were selected for their

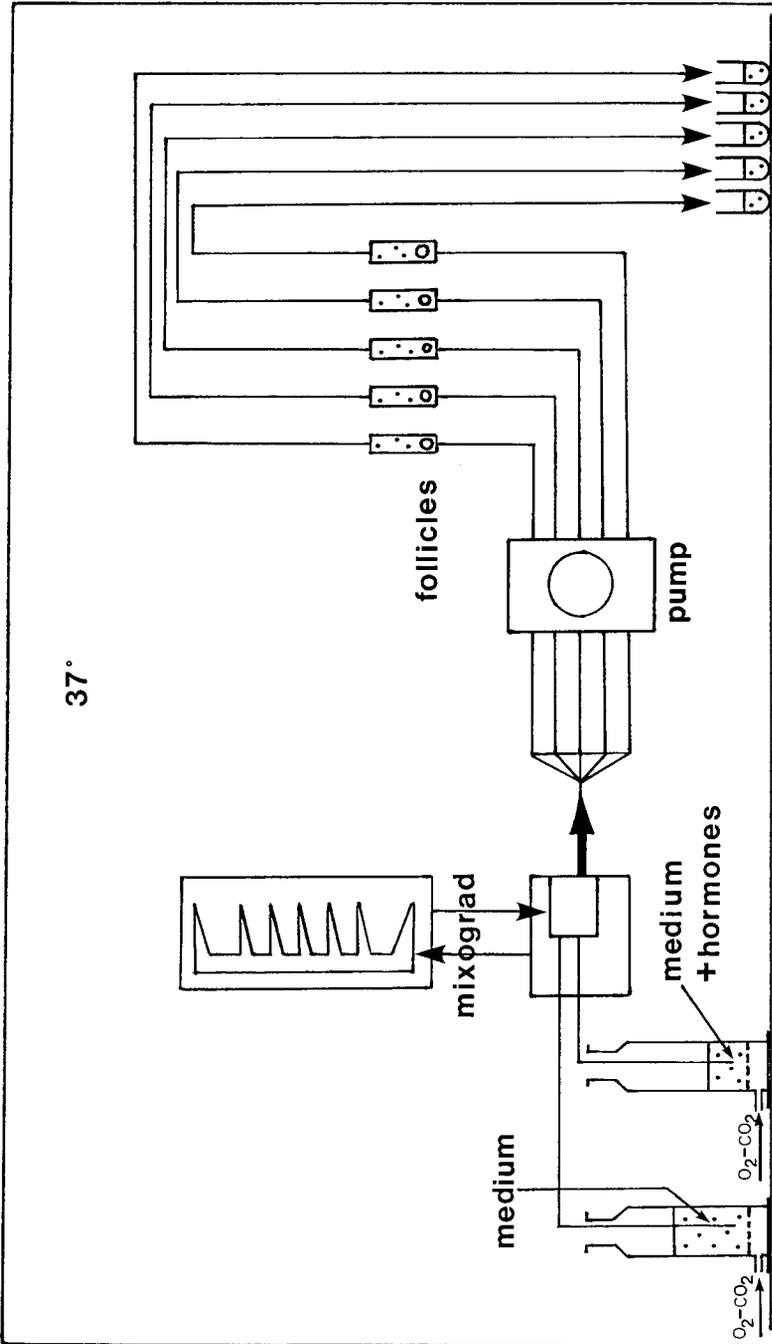


FIG. 1. — Schematic presentation of the perfusion system.

TABLE 1
Composition of the perfusion medium (mg/100 ml).

BSA	1 000	Sodium Chloride	610
Glucose	120	Sodium Bicarbonate	250
Phenol Red	2	Potassium Chloride	80
Sodium Selenite	0.026	Magnesium Sulphate, 7 H ₂ O	30
Cholesterol Chs	6.25	di-Sodium Phosphate, 12 H ₂ O	15.4
Chs Oleate	3.125	m-Potassium Phosphate	6
Chs Arachidonate	3.125	Sodium Acetate	5
Peniciline	2 500 UI	Calcium Lactate	50
Streptomycine	4	Sodium Pyruvate	25
Taurine	1.25	Isoleucine	2.5
Asparagine	2.5	Leucine	3
Threonine	2.5	Tyrosine	2.5
Serine	1.5	Phenylalanine	2.5
Glutamic Acid	2.5	Ornithine	1.5
Glutamine	15	Lysine	3.5
Glycine	60	Tryptophan	2.5
Alanine	6.8	Arginine	5
Citrullin	3.5	Histidine	2.5
Valine	7.5	Proline	2
Cysteine	1	Cystine	2
Methionine	1.25		
Adenine	0.1	Ascorbic Acid	5
Guanine	0.1	Folic Acid	0.3
Cytosine	0.1	Calcium Pantothenate	0.1
Uracil	0.1	CyanoCobalamin	0.1
Thymine	0.1	Thiamine	0.1
		Nicotinic Acid	0.1
		Biotin	0.1
		Riboflavine	0.1
		Pyridoxine	0.1

very low content of total oestrogens (conjugated + unconjugated). The epidermal growth factor was purchased from Sigma (La Verpillière, France), ovine FSH (cy. 1115) and ovine LH (cy. 1056) had activities equivalent to 1.48 FSH NIH-S13, and to 1.6 LH NIH-S1 respectively. Growth hormone S-5 (1 usp unit/mg) was supplied by the National Institute of Health (Bethesda, Maryland, U.S.A.). Ovine prolactin (Batch n° 01-66 = PRL NIH-S1) and ovine insulin were respectively obtained from Byla (France) and Sigma (La Verpillière, France).

Amino acids, vitamins and salts were first solubilized, then BSA, cholesterol and cholesterol esters were mixed with an aliquote of the above solution and sonicated. Thereafter, this aliquote was mixed with the remainder of the solution. Finally, the medium was sterilized by passing through a 0.22- μ m pore size filter. The osmotic pressure was between 290 and 300 m osmoles.

Hormone concentrations in the M + H container were 13 ng/ml for EGF, 20 ng/ml for FSH, 20 ng/ml for LH, 100 ng/ml for prolactin, 20 ng/ml for GH and

5 µg/ml for insulin. These concentrations were selected because they were close to those found in follicular fluid (Mc Natty *et al.*, 1981 ; Hsu, Holmes and Hammond, 1987) or plasma (Davis and Berger, 1974).

Histological techniques and hormone assays. — At the end of the perifusion, each follicle was again measured under the microscope. Thereafter, it was fixed in Bouin Hollande fixative, serially sectioned at a 10-µm thickness and stained with hematoxylin.

Steroid production in the incubation medium was monitored through the assays previously described (progesterone : Yenikoye *et al.*, 1982 ; testosterone : Garnier, Cotta and Terqui, 1978 ; oestradiol : Terqui, 1978) using tritiated hormones obtained from Amersham (Les Ulis, France) [(1,2,4,6,7 ³H) oestra - 1,3,5 (10) - triene - 3,17β-diol (sa 5.2-6.3 TBq/mmol), (1,2 ³H) pregn-4-en-3, 20-dione (sa 3.0-3.9 TBq/mmol), (1,2,6,7 ³H androst-4-en-3-one-17β-ol (sa 3.7 -4.8 TBq/mmol)]. Before assay, the volume of each individual collected fraction was determined with a mean accuracy of 0.025 ml. The steroids were measured directly in 0.05 ml of culture medium. The standard curve was also prepared in the culture medium and compared to a control standard curve performed in phosphate buffer (0.1 M, NaCl 9 p. 1000, gelatin 1 p. 1000, sodium Azide 1 p. 1000, pH = 7) for each steroid assay. Analysis with non-linear curve comparisons of the standard curve in medium and the control standard curve demonstrated that they were parallel since the parameters of the slopes of the logistic function were not different. Computation was done using D6 software and the results were expressed as ng produced per 30 min and per 24 h.

Data analysis. — Non-linear comparisons were done using CS-NL software (I.N.R.A., Biométrie, Jouy-en-Josas, France) on MULTICS (I.N.R.A., C.T.I.S., Jouy-en-Josas, France). Steroid secretion was computed from D6 software on a MINI-6 computer. This software is based on a five-parameter logistics model described by Huet (1984) and computed using CS-NL transposed routines.

Results.

Morphological features of the follicles.

A mean of 2.3 (± 1.0) follicles per ewe grew between the two laparotomies at a mean growth rate of 1.0 ± 0.6 mm/day. Amongst these 23 follicles, 7 were punctured during dissection. The 16 remaining follicles had a mean size of 5.6 ± 1.0 mm before the start of the perifusion. During the 24 h of perifusion, 9 follicles grew at a rate of 0.3 ± 0.2 mm/day, 2 remained at a steady size and 5 shrunk at a rate of 0.3 ± 0.2 mm/day. There was no relationship between the growth rates measured *in vivo* and *in vitro*.

Histological examination of the follicles at the end of the perifusion demonstrated that 11 follicles were healthy (photos A-B-D), as evidenced by the lack of pycnotic bodies, while 5 follicles were atretic (photo C). Again, there was no relationship between the atresia ranking (healthy or atretic) and the growth rate *in vitro*.

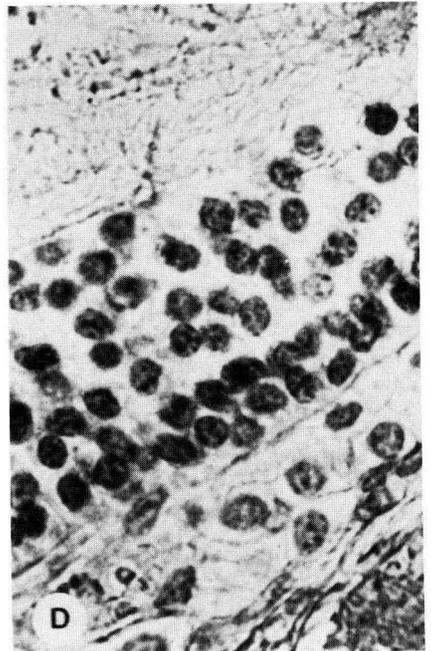
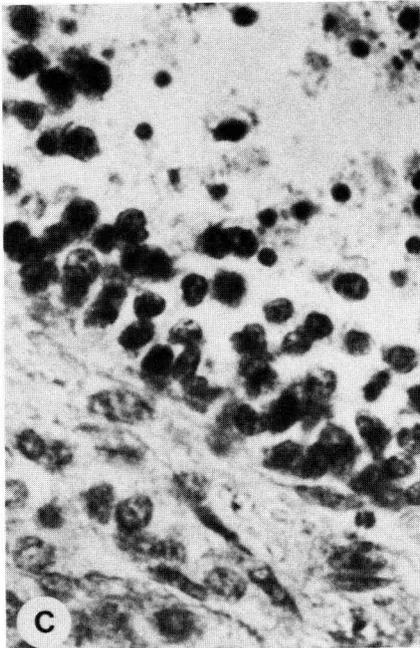
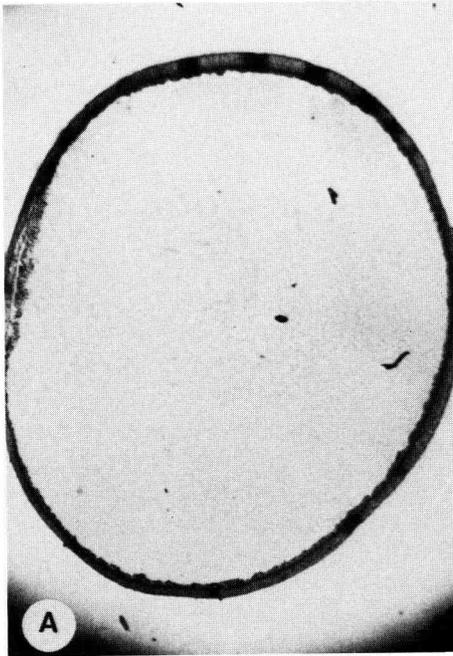


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Histology of follicles

Photo A. — *Overall structure of one perfused follicle at the end of perfusion* ($\times 12$). Dissection and handling of the follicles sometimes produce local areas of disorganisation (left).

Photo B. — *Organisation of the granulosa and theca layers in a perfused follicle* ($\times 200$).

Photo C. — *Widespread pycnosis amongst the granulosa cells in an atretic follicle* ($\times 500$).

Photo D. — *Granulosa and theca cells in a healthy looking follicle* ($\times 500$).

Functional features of the follicles (figs. 3-5).

The mean oestradiol production of the 11 healthy follicles during the 24 h of perifusion was 176 ± 169 ng/24 h (range 8-516) as opposed to a production of 2 ± 2 ng/24 h (range 0-7) for the 5 atretic follicles ($P < 0.01$ Mann & Whitney U test). The figures for testosterone and progesterone production were 62 ± 27 ng/24 h and 46 ± 25 ng/24 h for healthy follicles, while atretic follicles produced 40 ± 40 ng/24 h of testosterone and 32 ± 20 ng/24 h of progesterone. As a consequence, the ratio between oestradiol production and production of the other steroids was markedly higher in healthy compared to atretic follicles (healthy $E_2/T = 3$, $E_2/P = 4$, atretic $E_2/T = 0.05$, $E_2/P = 0.06$). For healthy follicles, there was a significant correlation between size and oestradiol production ($r = 0.88$ $P < 0.01$ Spearman rank correlation) but no relationships between size and production of progesterone and testosterone could be detected.

Exposure to the hormone pulses (fig. 2) resulted in pulses of increased steroid secretion by healthy as well as atretic follicles (figs. 3, 4, 5), the responses varying markedly with time, with the health status of the follicles and between individual follicles. In follicles where a pulsatile pattern of steroid production was apparent, hormone pulses induced a 2-fold increase in oestradiol production, a 3-fold increase in testosterone production and a 4-fold increase in progesterone production.

Discussion.

Incubation of intact follicles from large domestic animals either in closed or semi-open systems has been widely used to study the steroidogenic features of follicles undergoing final maturation (Baker, Hunter and Neal, 1975; Webb and England, 1982; Staigmiller *et al.*, 1982). However, in these systems, the accumulation of follicular metabolites may influence the differentiation and/or secretion of the follicle in an undesired way. In contrast, this technique of perifusion enables the study of dynamic changes in the steroid production of individual follicles in response to the controlled addition of compounds like gonadotrophins without interference of follicular metabolites. The present system, derived from that of Ménézé *et al.*, (1976) demonstrated (1) a good survival of most of the follicles during the 24 h of perifusion (photos A-D), (2) a high oestradiol production by healthy follicles, (3) a suppressed oestradiol production despite maintained testosterone and progesterone productions in atretic follicles and (4) a sustained sensitivity to gonadotrophins throughout perifusion in healthy and atretic follicles.

That the healthy follicles were very active in terms of oestradiol production is in good agreement with numerous studies (Tsonis *et al.*, 1984; Monniaux, 1987; Webb, Gauld and Driancourt, 1988). In this study, the secretion rate during the 24 h was steady and the overall daily production was similar to the follicular fluid oestradiol content (Mc Natty *et al.*, 1981). This steady release throughout time and the good relationship between oestradiol production and gonadotrophin pulses suggest that the amounts of oestradiol measured in the medium are an

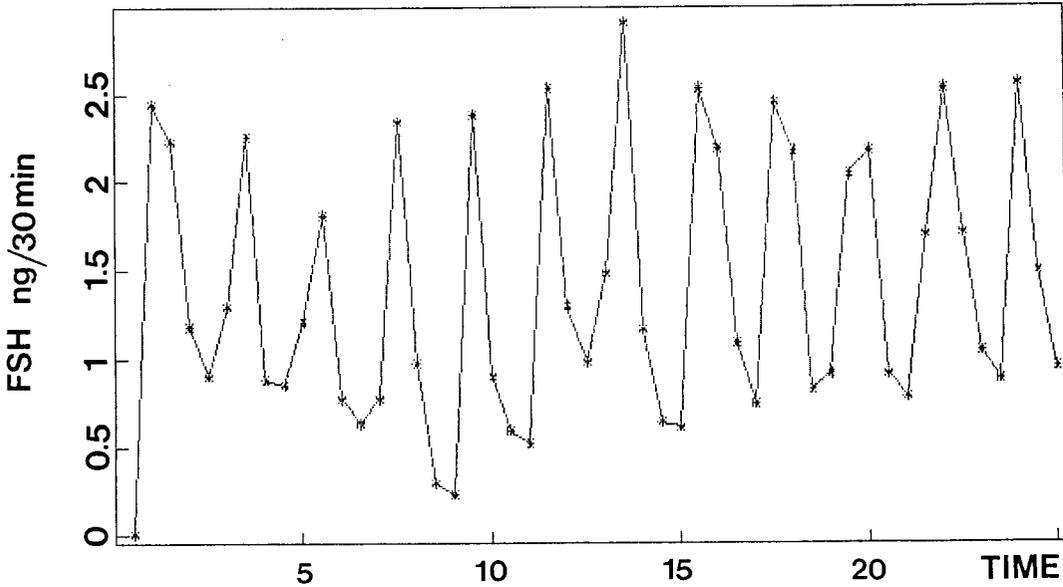


FIG. 2. — Pattern of FSH delivered in the perfusion system (ng/30 min).

actual production and not a plain release of intrafollicular oestradiol. The secretion rate of oestradiol using this perfusion system is, however, markedly lower than the *in vivo* secretion rate (Mc Natty *et al.*, 1981). Reasons for this discrepancy could be a much slower flow rate in the perfusion system compared to the *in vivo* conditions (1-3 ml/min: Bruce and Moor, 1976) and/or the inclusion in the perfusion medium of EGF which inhibits FSH-induced oestradiol production (Hsueh *et al.*, 1981; Schomberg *et al.*, 1983).

That atretic follicles are unable to produce oestradiol has been repeatedly demonstrated (Carson *et al.*, 1981; Tsonis *et al.*, 1984). This lack of oestradiol production is due to the disappearance of the aromatase enzymes at the early stages of atresia (review: Tsafri and Braw, 1984). Noteworthy is the observation that atretic follicles retained some sensitivity to gonadotrophins throughout perfusion as demonstrated by pulses of testosterone and/or progesterone associated with the gonadotrophins pulses. This is in good agreement with data from Carson *et al.* (1979), indicating no reduction in the numbers of gonadotrophin receptors during the early steps of atresia but is in contrast to claims by Henderson *et al.* (1985), showing a suppressed cAMP response of cells from atretic follicles to a gonadotrophin challenge.

However, this perfusion system still suffers from two limitations: (1) the follicles did not grow in culture at a rate similar to the *in vivo* rate (1 mm/day, Driancourt and Cahill, 1984), (2) at the end of the perfusion, most follicles

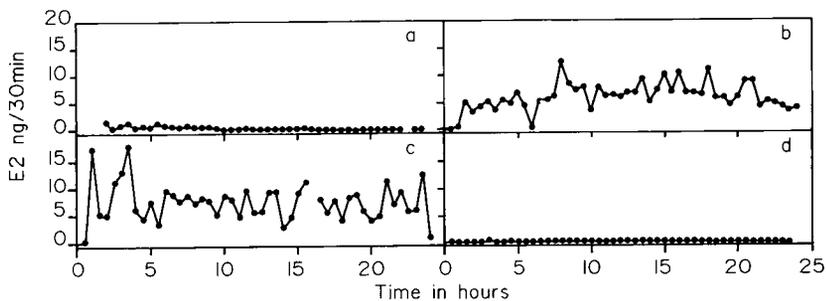


FIG. 3. — *Oestradiol 19 β* production throughout the perfusion period in 4 follicles (ng/30 min) : a, Small (4,6 mm in diameter) healthy follicle ; b, Medium (5,6 mm in diameter) healthy follicle ; c, Large (7,5 mm in diameter) healthy follicle ; d, Small (4,5 mm in diameter) atretic follicle.

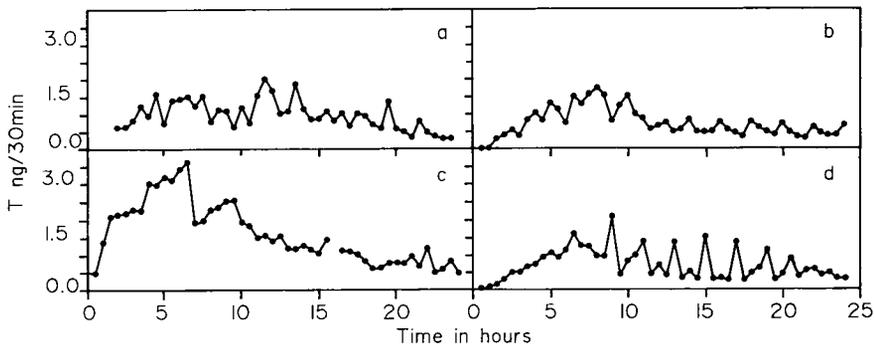


FIG. 4. — *Testosterone* production throughout the perfusion period of the same follicles (a-d) (ng/30 min).

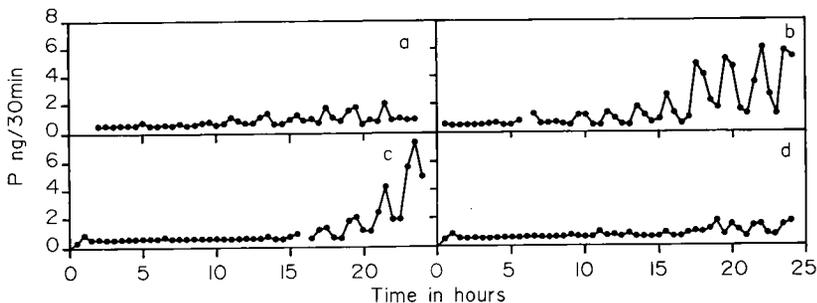


FIG. 5. — *Progesterone* production throughout the perfusion period of the same follicles (a-d) (ng/30 min).

presented a rise in progesterone production although there was no evidence of luteinization when they were examined histologically. A change in the LH/FSH ratio of the gonadotrophin preparation used might help to overcome this.

Once this will have been solved, this perfusion system will be valuable (1) to coculture follicles at different stages of differentiation and test direct effects of large follicles on smaller ones (paracrine regulation), (2) to check if large follicles contain factors with an autocrine action by comparing oestradiol production before and after follicular fluid aspiration.

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Résumé. *Caractéristiques morphologiques et fonctionnelles de follicules ovariens périfusés.*

Les gros follicules d'ovaires de brebis en phase folliculaire ont été disséqués et incubés pendant 24 h dans un système de perfusion. Les follicles sont baignés dans du milieu B₂ gaze par un mélange O₂-CO₂ et supplémenté en FSH et LH toutes les 2 h. La production des stéroïdes au cours de la périfusion est mesurée puis les follicles sont préparés pour un examen histologique. 70 % des follicles sont sains à la fin de la culture. Ceux-ci sécrètent de l'oestradiol en quantité très supérieure aux follicules atrophiques. En revanche, les taux de sécrétion de progesterone et testosterone sont identiques chez les follicules sains ou atrophiques. Durant la durée de la périfusion, les pulses de FSH/LH produisent des augmentations de sécrétion de stéroïdes par les follicules sains et atrophiques. Un tel système de périfusion devrait permettre d'aborder l'étude des régulations paracrines entre follicules et autocrines à l'intérieur d'un follicule.

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