

Influence of nutritional status on the daily patterns of nitrogen excretion in the carp (*Cyprinus carpio* L.) and the rainbow trout (*Salmo gairdneri* R.)

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Summary. Nitrogen (ammonia and/or urea) excretion in carp and rainbow trout kept under different feeding regimes was continuously monitored over 24-hr cycles. The daily nitrogen excretion patterns resulting from these feeding regimes were studied over several days after a change from one mode to another.

Constant levels of endogenous nitrogen excretion were reached about one week after the start of a fasting period ; almost one week was needed for the daily nitrogen excretion pattern to stabilize after the feeding rhythm was changed. Overall daily nitrogen excretion rates were directly related to nitrogen consumption in carp as well as in trout. The rate of ammonia excretion increased immediately after each meal ; the maximum rate occurred at different intervals, depending on the amount of nitrogen intake as well as on the time-lapse after a particular feeding regime was initiated. Contrary to data on sockeye salmon, post-digestive nitrogen excretion rate was distinctly different from the ENE rates observed during fasting in carp and rainbow trout.

Introduction.

Kinetic studies on post-prandial changes in blood free amino acid or sugar levels have been used to evaluate the absorption of these nutrients in homeotherms. These same blood levels have been periodically measured in fish (Nose, 1972 ; Zébian, 1977 ; Kaushik, 1977 ; Fauconneau and Luquet, 1979). Salmonid nitrogen excretion rates were measured by Burrows (1964), Brett and Zala (1975) and Rychly and Marina (1977) who showed a post-prandial increase in ammonia excretion, the peak values being observed at different intervals (4 hrs in the sockeye salmon, 6 hrs in the trout and 11 hrs in the coho) after feeding.

A new methodological approach has been used in this study to continuously measure the nitrogen excretion of fish kept in running water. Endogenous nitrogen excretion (ENE) was initially measured in fish fasted for a 4-week period. In order to see if the adaptive changes in fish refed after such fasting were different from those in fed fish undergoing a change in feeding rhythm, the feeding levels were modified and the daily patterns of nitrogen excretion rates were observed on different days following these changes.

Material and methods.

The fish were maintained in a circular trough with a conical bottom. This type of trough, used currently in our laboratory for digestibility studies in fish (Kaushik and Luquet, 1976 ; Choubert *et al.*, 1979), has the advantage of evacuating any particulate matter within seconds of its appearance in the water column. The water-holding capacity of the tank was fixed at 40 l, and the adjustable inlet flow was set at a constant rate of 2 l/min. The water temperature was continuously recorded with a thermograph. The fish were adapted to the experimental conditions and to a dry pellet diet (see composition in table 1) for a one-month period before excreted ammonia or urea nitrogen analysis was started.

TABLE 1
Composition of the experimental diet (g/kg dry diet)

Herring meal	960		
Mineral mix (Luquet, 1971)	20		
Vitamin mix (EIFAC, 1971)	20		
Protein Content (N-Kjeldahl \times 6.25)	71.2	p. 100 dry mater	
Energy content	5 138	kcal/kg d. m.	
Digestibility coefficients (p. 100)	mean	s. e. (n = 4)	
Dry matter	77.6	1.2	
Nitrogen	91.2	0.3	
Energy	91.5	0.3	

a) *Experimental procedure.* — In the cycles mentioned in this study, the water flowing through the fish tank was continuously sampled and analyzed and data on ammonia and/or urea N concentrations were recorded over a 24-hr period. A cycle generally began at 8 a.m. on a given day and ended at 8 a.m. the next morning. The number following a day (e.g., day n) indicates that the 24 hr cycle of analysis started at 8 a.m. on the nth day after the start of the particular feeding regime.

b) *Trials with carp.* — Three carp (*Cyprinus carpio* L.) having a mean weight of 350 g were transferred to the experimental tank more than a month before the experiment started. Although very active and reluctant to eat any feed during their first week in the tank, they accepted the pelleted feed after a week. Following a preliminary adaptation period of one month (2 meals to satiation/day), the carp were subjected to a total fast and cycles of ammonia excretion analyses were conducted on days 4, 7, 14 and 28. After this fast, the fish were fed one fixed meal of 1 p. 100 of body weight (BW)/day at a.m. Sampling was done on days 1, 4, 14 and 21 of this feeding procedure.

The fish were then adapted to a dietary regime of one meal fed to satiation every morning at 9 a.m. for a period of a month. Ammonia nitrogen was analysed in a series of three consecutive cycles after this adaptation period to verify if there were any significant day-to-day changes in the daily ammonia excretion pattern in the fish adapted to this feeding regime. The feeding procedure was then abruptly altered

to 2 meals/day (given to satiation at 9 a.m. and 4 p.m.), and samples were taken on days 1, 4, 7, 14, 21 and 28. The water temperature was found to vary between 16 and 18 °C during this experimental period.

c) *Trials with rainbow trout.* — Fifteen rainbow trout (*Salmo gairdneri* R.) with a mean BW of 130 g were adapted to the experimental conditions. After a month of adaptation, they were subjected to a complete fast and were sampled on days 4, 7, 14, 21 and 28 after the last meal. The fish were fed again with a single fixed meal of 20 g of the pelleted diet every day at 9 a.m. and the cycles were carried out on days 1, 4, 7 and 14. After a short 24-hr fast, the feeding regime was again changed to 2 fixed meals of 10 g each at 9 a.m. and 4 p.m. The daily nitrogen excretion pattern was monitored on days 1, 4, 7 and 14 after this change. The trout were then fed a ration of 2 meals distributed to satiation every day at 9 a.m. and 4 p.m. At the end of a month of adaptation to this feeding schedule, a single cycle of ammonia and urea-N analysis was run. The temperature of the water varied between 15 and 18 °C during this trial period.

d) *Analytical procedure.* — The continuous analysis of ammonia or urea nitrogen in water was done by letting the sampler probe of an autoanalyzer (Technicon Autoanalyzer 1) in the fish tank and constantly recording the values on a recorder chart.

Ammonia-N was determined by the colorimetric indophenol method using a slightly modified version of the manifold for automatic analysis given by Le Corre and Treguer (1976). The accuracy, reliability and reproducibility of this highly sensitive (0.4 µatg NH₄ N l⁻¹) method have been discussed by those authors. The sensitivity of the method was adjusted to cover the range of 0-200 µg NH₄ N l⁻¹. When estimating N excretion of fasted fish, the upper limit was brought down to 50 µg NH₄ N l⁻¹. Having tested other automated procedures for urea analysis in water (De Manche *et al.*, 1973), we found that the sensitivity of these methods was not sufficient for measuring the microquantities of urea-N excreted by fish grown in running water. The manual method of Muravskaya (1973) was modified and adapted to automatic urea-N analysis in the range of 0-50 µg urea-N l⁻¹. This method, using antipyrine (0.8 p. 100 in 60 p. 100 H₂SO₄) and diacetyl monoxime (2.5 p. 100) (autoanalyzer pump rate (ml/min) : sample — 2.5 ; air — 0.32 ; antipyrine — 0.8 ; diacetyl monoxime — 0.16 ; heating bath — 95 °C ; 50 mm flowcell and readings at 460 nm), was highly sensitive and stable, as also shown by Siest (1966). All reagents in the analytical circuit were kept air-free (20 p. 100 H₂SO₄).

Several preliminary runs of more than 24 hrs were done to be sure that there was no base-line shift or possible alterations in reagent activities. Though the analytical system went unchanged for periods of up to and over 72 hrs, periodical controls were effected during every 24-hrs cycle to verify the efficiency of the whole system. Urea-N excretion was not determined for the carp.

The amount of N excreted was calculated at any instant « i » using the following formula :

$$E_i = V_0 \cdot \Delta C + C_t \cdot \Delta W$$

where V_0 = volume of water in the tank

ΔC = variation in N($C_i - C_{i-t}$) concentration

C_t = mean of N concentration between two consecutive intervals ($C_i + C_{i-t}/2$),

$\Delta W = \text{flow rate/unit of time} \llbracket t \rrbracket$

$t = \text{unit of increment in time in which concentration variation is considered minimal and } E_t = N \text{ excreted by fish per unit of time retained. In the present work, } \llbracket t \rrbracket \text{ was fixed at 30 min. Statistical analysis was done according to the methods of Snedecor and Cochran (1969).}$

Kjeldahl nitrogen analyses were done on dry diet and freeze-dried samples of ground whole fish after wet digestion. The energy content of the diet was estimated by bomb calorimetry. Digestibility was measured using the automatic faeces collector described by Choubert *et al.* (1979).

Results.

a) Ammonia excretion in carp.

Under fast. — The mean daily endogenous excretion rate for carp was 51.8 mg $\text{NH}_4\text{-N/kg/day}$. Much fluctuation in the endogenous ammonia excretion rates occurred during the light hours of the cycles (figs. 1a, 2). Day-to-day fluctuation was also noted: the endogenous rates were 38.3, 49.1, 66.8, 57.7, and 47.2 mg N/kg/day for carp fasted for 4, 7, 14, 21 and 28 days, respectively.

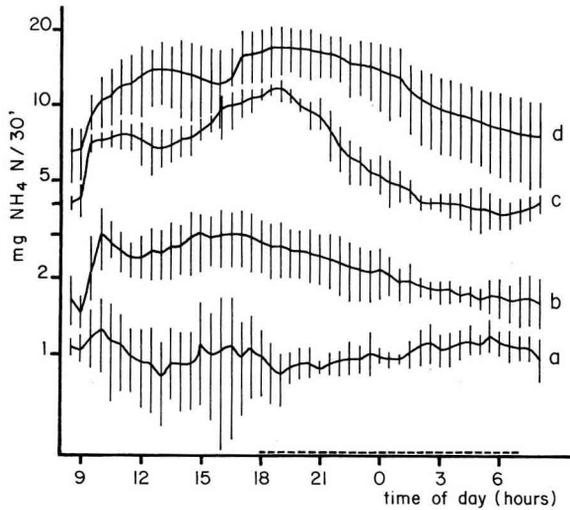


FIG. 1. — Daily patterns of ammonia excretion in carp: (a) fasted, (b) fed 1 fixed meal, (c) fed 1 meal to satiation, (d) fed 2 meals to satiation (mean \pm s.e.).

Refed a fixed ration in a single meal per day (figs. 1b, 3). — The N consumption being fixed (576 mg N/kg BW/day), the ration received was much below carp satiety levels, if we compare these fish with those fed to satiation (table 2). The daily ammonia excretion rates were 92, 111, 122, 121 and 105 mg N/kg, respectively, on days 1, 4, 7, 14 and 28 of this feeding regime. The proportion of N excretion to intake was 19 p. 100. The rate of ammonia excretion increased on day 1, immediately after carp

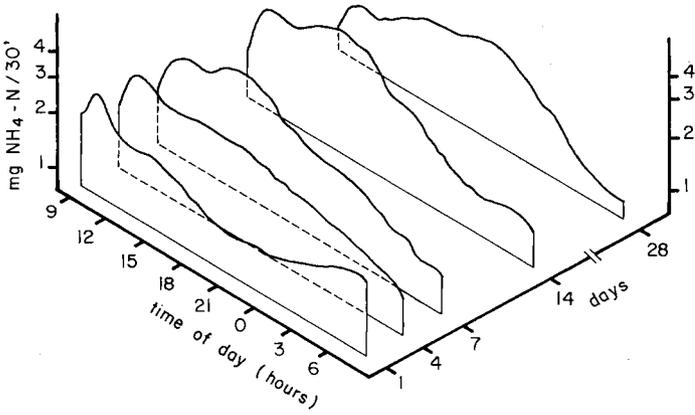


FIG. 3. — Development of ammonia excretion pattern in carp fed a single fixed ration per day.

Fed 1 meal to satiation per day. — After the fish had been adapted to this feeding regime for one month, total nitrogen excretion amounted to a mean of 325 mg NH₄-N/kg BW/day (table 2). As shown in (fig. 1c), ammonia excretion increased after feeding from a prefeeding level of 4 mg N to 8 mg N. The peak value of the cycle however occurred about 8 to 10 hrs after the morning meal, then rapidly declined to below prefeeding levels by midnight, with a slight increase during the early hours of the morning. About 30 p. 100 of the nitrogen consumed was lost through ammonia as metabolic wastes; this was a relatively higher loss than in carp fed a fixed ration.

Fed 2 meals to satiation per day (figs. 1d, 4). — The changes in the daily ammonia excretion patterns observed on different days after an abrupt change in feeding rhythm is presented in figure 4. Mean daily nitrogen intake as well as ammonia excretion

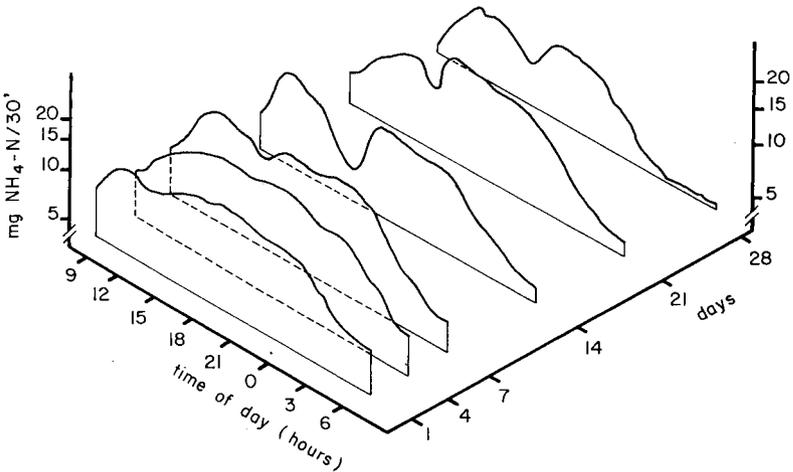


FIG. 4. — Development of ammonia excretion patterns in carp fed 2 meals to satiation per day.

increased (1673 and 581 mg N/kg BW/day, respectively) resulting in a 35 p. 100 loss of consumed nitrogen. The pre-feeding level was almost twofold higher (about 8 mg of N) than in carp fed only once a day to satiation ; this high basal level was maintained until day 14 under this feeding regime. The excretion rate increased immediately after each meal ; its amplitude was very much accentuated on day 14. During this cycle (d14), the first post-prandial increase declined to reach the pre-feeding rate before the fish received a second meal. In most of the cycles under this rhythm, two peaks in the ammonia excretion rates were observed : the first between noon and 2 p.m. and the second between 7 p.m. and 9 p.m. By day 21, the pre-feeding basal level of $\text{NH}_4\text{-N}$ excretion declined to that noted in carp fed a single meal ; this level was also reached much earlier during the cycle (about 3 a.m.) after day 14. The total amount of nitrogen excreted as ammonia reached a high on day 7, but stabilized subsequently : 576, 757, 771, 529, 453 and 408 mg N/kg/day on days 1, 4, 7, 14, 21 and 28, respectively.

b) Nitrogen excretion in rainbow trout

Fasted for 4 weeks. — The daily rates of endogenous ammonia excretion amounted to 99, 47, 68, 56, and 48 mg N/kg/day, respectively, on days 4, 7, 14, 21 and 28 of fasting. The daily rate was apparently stabilized by one week, the mean endogenous rate being 64 mg $\text{NH}_4\text{-N}$ /kg/day. The day-to-day fluctuations were of greater amplitude during the light hours, as was noted with fasted carp (fig. 5). On day 4, these fluctuations were lower as compared to succeeding cycles. Endogenous urea-N

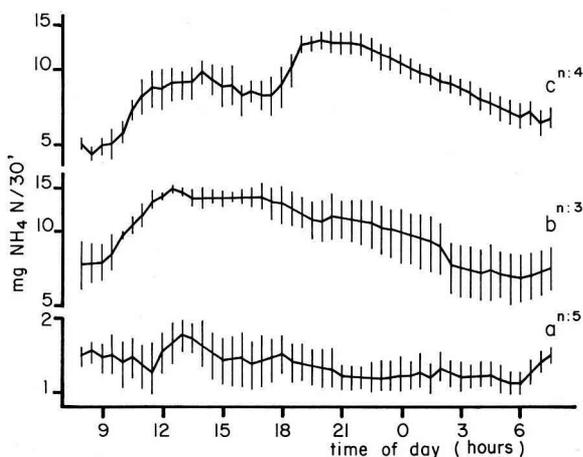


FIG. 5. — Ammonia excretion by trout : (a) fasted, (b) fed a fixed ration in 1 meal/day or (c) fed 2 meals/day (mean \pm s.e.).

excretion rate also varied during the rest of the 24-hr cycle (fig. 6). As urea-N excretion apparently decreased with days of fast (being 25, 18 and 15 mg urea-N/kg/day on days 4, 7 and 14, respectively), data could not be obtained on urea excretion in trout fasted for more than 14 days. The mean endogenous nitrogen excretion (ammonia + urea) was 91.2 mg N/kg BW/day.

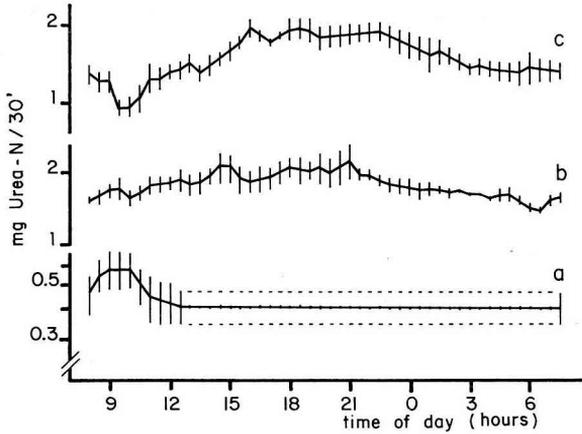


FIG. 6. — Urea excretion of trout : (a) fasted, (b) fed a fixed ration in 1 meal a day, (c) fed 2 meals a day (mean \pm s.e.).

Fed a fixed ration in a single meal (figs. 5b, 6b, 7, 9). — Upon refeeding, the nitrogen excretion rates increased throughout the first day in an almost linear fashion ; the daily excretion rate was 189 and 46 mg N/kg/day for ammonia and urea, respectively, at the end of that day. The maximal rates occurred 4, 6 and more than 6 hrs after the morning meal on days, 4, 7 and 14 respectively (fig. 7). The excretion rates were 593 mg $\text{NH}_4\text{-N}$ and 79 mg urea-N/kg/day on day 4 ; on day 14 these rates were 593 and 87 mg N/kg/day. 52 p. 100 of consumed N was thus lost through ammonia and urea excretion by trout fed a fixed meal every morning.

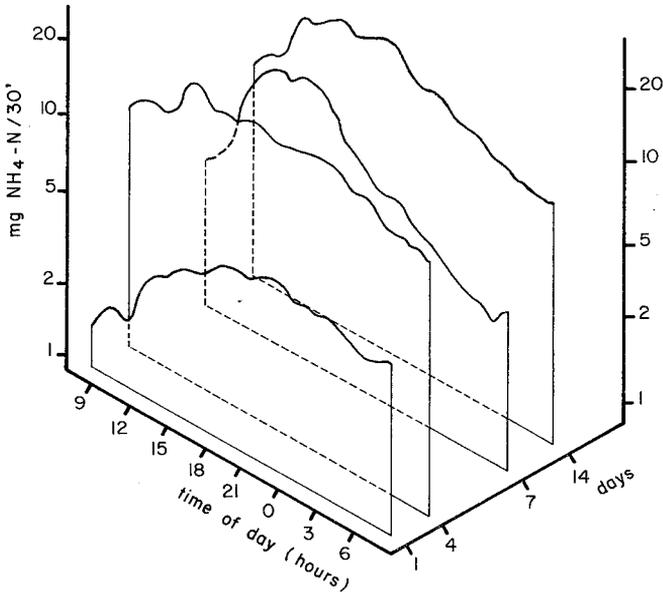


FIG. 7. — Development of ammonia excretion pattern in trout fed a fixed ration in 1 meal per day.

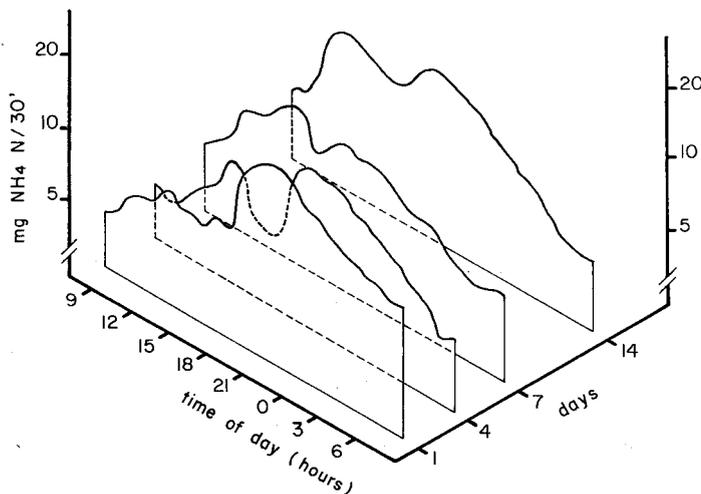


FIG. 8. — Development of ammonia excretion pattern in trout fed a fixed ration in 2 meals a day.

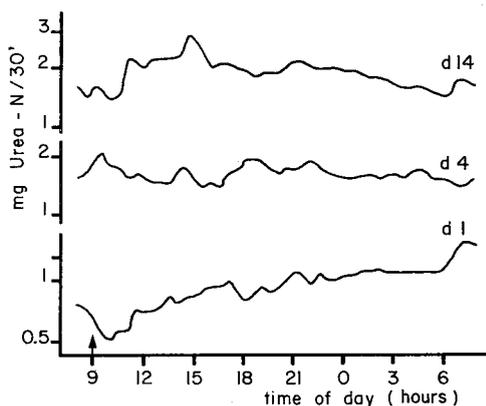


FIG. 9. — Development of urea excretion pattern in trout fed a fixed ration in 1 meal per day.

Fed the same amount in 2 meals per day (fig. 5c, 6c, 8, 10). — Trout generally excreted less nitrogen (512 mg N/kg/day) when fed the same amount of nitrogen in 2 meals instead of in one meal (600 mg N/kg/day). Although immediate post-prandial increases were observed after every meal until day 4, under the changed rhythm, it appeared that the second meal of the day had a greater influence than the first on nitrogen excretion rates (figs. 8, 10). While the pre-feeding basal levels of ammonia excretion rates remained the same on different days, the variation patterns were different. Although the peaks indicating the two rates were evident even on day 4, on day 7 two distinct excretion rate peaks, corresponding to the two meals, appeared. Urea-N excretion rates fluctuated, showing no pattern. The daily excretion rates for days 1, 4, 7 and 14 were 478, 376, 406 and 473 mg $\text{NH}_4\text{-N}$ /kg/day and 70, 72, 72 and 65 mg urea-N/kg/day, respectively. Nitrogen loss as ammonia + urea would account for 48 p. 100 of the nitrogen consumed under this feeding schedule.

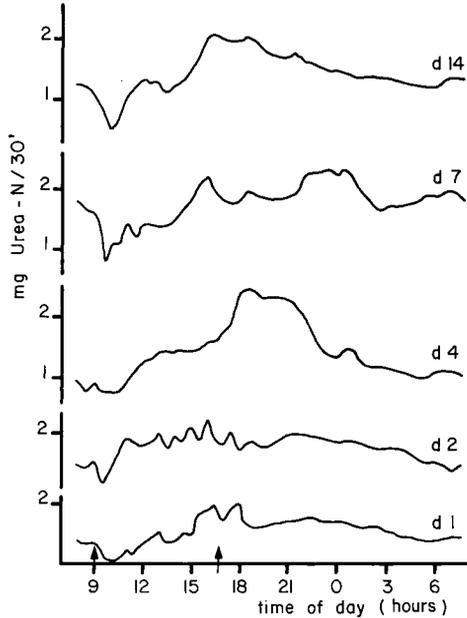


FIG. 10. — Development of urea excretion pattern in trout fed a fixed ration in 2 meals per day.

Fed 2 meals to satiation. — After a month of adaptation, the trout excreted 895 mg NH_4N ./kg BW/day and 73 mg of urea-N. The total N lost as ammonia and urea represented about 44 p. 100 of the consumed N. Nitrogen excretion reached a peak between 6 and 7 hrs after the second meal.

Discussion.

Salmonids require high-quality running water and ambient ammonia affects the nitrogen excretion rates. Hence, we preferred to estimate N excretion in a continuous manner in fish grown in normoxic, running water rather than to keep the fish in static water or in semi-closed circuits and measure N excretion at fixed intervals.

Carp as well as trout accepted the high-protein diet very well. The apparent digestibility values obtained for rainbow trout are high (table 1), but no corresponding estimate was made for carp. While apparent digestibility increased with the use of such protein-rich diets, nitrogen excretion also increased due to the utilization of amino acids for energetic purposes. This led to an overall poor efficiency of the diet. But since we intended to observe separately the effect of N consumption on the daily N excretion patterns, this high-protein diet was used so as to minimize any interaction of the other ingredients in a compounded diet.

Endogenous nitrogen excretion (ENE)

Body composition analyses showed that trout under our fasting conditions lost about 4.52 g/kg BW/day, or an equivalent of 108 mg N/kg/day, which is an unusually

low value as compared to those obtained earlier (Nose, 1961 ; Kaushik, 1977) in trout of lower body weight. Considering that ammonia and urea represent 85 p. 100 of the total nitrogen excreted through the kidney and gills, the mean ENE rate for the same period (91 mg N/kg/day) was not very different from the above or from the rate found by Fromm (1963) for trout of similar body weight.

Even if we consider that $\text{NH}_4\text{-N}$ represents but 60 to 70 p. 100 of the total-N excreted by carp (Delaunay, 1929 ; Smith, 1929), the basal ammonia excretion (52 mg $\text{NH}_4\text{-N/kg/day}$) was low in these fish as compared to values for total-N found earlier by Vellas (1973) in the same fish after an 8-day fast under otherwise similar conditions (autumn, fish weight : 350 g), but this value is comparable to those of Ogino *et al.* (1973). Vellas did not state the temperature used in her static water experiments. Contrary to sockeye salmon (Brett and Zala, 1975), the ENE rates of rainbow trout and carp increased with the onset of the natural light period (about 6 a.m.).

The mean ENE rates were calculated including data on different fasting cycles but it is important to note that the rates decrease with the days of fasting, and that there is an increase on day 14 for both trout and carp, contrary to what has been determined for most fish, i.e. the stable basal level of ENE is reached 6 to 8 days after the start of an experimental fast (Fromm, 1963 ; Savitz, 1971a ; Smith and Thorpe, 1976). Under starvation conditions, the cytoplasmic protein in the soft tissues is substantially reduced and the ENE of such fish may bear little resemblance to the ENE of well-fed fish. Nevertheless, the mean rates at any instant ($t = 30$ min) during the different cycles were not statistically different after day 14.

Influence of feeding level and number of meals.

a) *Daily nitrogen excretion patterns.* — It would be expected that 4 weeks of starvation would affect the gastrointestinal tract and thereby adaptation to the first feeding regime, and that later adaptation to other feeding regimes would be less affected as the fish were already receiving food. But no evidence to this effect is apparent in this study. Upon refeeding after 4 weeks of fasting, the adaptive changes were delayed in carp, while the daily pattern in rainbow trout distinctly showed the impact of the meal by day 7.

Altering the feeding regime resulted in similar adaptive patterns. With a fixed ration such as one meal per day, the excretion rates reached maximal values within 6 hrs after the meal in carp, while in trout those values appeared much earlier (around 3 to 4 hrs after the meal) as in sockeye salmon. In carp fed to satiation once a day, the maximal rate occurred 10 hrs after the morning meal, and the excretion rate was also higher than when they were fed a limited ration. During the 2 meals/day regime, the carp consumed almost equal quantities (5.8 ± 0.6 g of dry diet per meal) at every meal distributed to satiation, while the amount of feed distributed to trout remained constant. The two peaks of ammonia excretion rate, corresponding to the respective meals, were well established only 7 days after the number of meals increased. Under this regime, the maximal excretion rate in carp appeared almost at the same time as in carp fed a single meal, the second meal exerting only a slight influence, although N intake was about the same at each meal. Similar observations were made in trout (figs. 5b, c). The volume of feed distributed or the amount of N consumed apparently

had an influence on the interval needed for the rate of maximal post-prandial ammonia excretion to appear, whereas the number of meals did not affect such rates.

In sockeye salmon, Brett and Zala (1975) observed that the midnight plateau of N excretion rate (post-digestive state) was not different from the stable ENE rate found after 22 days of starvation. Distinctly different results were obtained by us; the pre-feeding level in carp, even when the fish were fully adapted to one meal per day, was much higher than the average ENE rate in the same fish. The differences in both ammonia and urea excretion are apparent in trout as well. Considering the mean transit rate of food passing through the digestive tract of rainbow trout (Possompes *et al.*, 1975), it is certain that a portion of the previous morning's meal was still being absorbed when the next meal was administered, leading to variations in pre-feeding rates of N excretion.

b) *Daily rates of nitrogen excretion.* — Savitz *et al.* (1977) showed in largemouth bass that it takes more than 24 hrs for the N excretion to follow a change in the size of the meal. When carp, previously adapted to a single meal, are fed a larger number of meals, the total daily rates continue to increase during the first week and then stabilize. If the amount remains invariable, as in the case of rainbow trout, there is no great change in the daily rates. Rychly and Marina (1977) found a threefold increase in ammonia excretion in fed fish as compared to a starved group. Unfortunately, the nitrogen intake was not reported. Smith and Thorpe (1976) feeding rainbow trout (post-smolts, May-June) a known quantity of nitrogen, reported a mean loss of 39 p. 100 when the basal excretion rate was accounted for. Table 2 shows the proportionate loss of nitrogen to N intake in fish during the different trials. Trout fed twice a day lost almost the same proportion as ammonia and urea alone (39 p. 100 when corrected for ENE), while this loss was still higher (about 44 p. 100) in trout fed once a day. At low levels of nitrogen intake, the proportionate loss of nitrogen as ammonia is linear to N intake but at levels near satiation, the proportion does not seem to be affected.

TABLE 3

Equations describing the relationship between nitrogen intake (X) and nitrogen excretion (Y) by carp and rainbow trout (1)

<u>Rainbow Trout</u>		
NH ₄ -N	Y = 62.254 + 0.375 X	(r = 0.969) or
	log Y = 1.857 + 0.649 X (2)	(r = 0.939)
Urea-N	Y = 29.411 + 0.033 X	(r = 0.838) or
	log Y = 1.389 + 0.349 X (2)	
Total (ammonia + urea)	Y = 105.68 + 0.412 X	(r = 0.971) or
	log Y = 0.795 + 0.791 4 log X	(r = 0.834) or
	log Y = 2.046 + 0.557 X (2)	(r = 0.923)
<u>Carp</u>		
	log Y = 1.725 + 0.620 X (2)	(r = 0.968)

(1) X and Y expressed in terms of mgN/kg BW/day.

(2) X expressed in terms of grams instead of mg.

A complete nitrogen budget cannot be described, but it can be approximated as follows using the example of rainbow trout fed a fixed ration per day : digestible loss, 9 p. 100 ; branchial and urinary losses as ammonia and urea alone, 50 p. 100 (8 p. 100 of endogenous origin) ; utilization for growth, about 17 p. 100 during the trials (rather a low value probably due to the high proportion of fish meal in the diet).

Different mathematical functions have been used to explain the relationships between N intake and N excretion (Savitz, 1971*b* ; Savitz *et al.*, 1977). Table 3 gives the different equations which describe these relationships in our studies on trout and carp. The total daily N intake was treated as a whole, irrespective of the number of meals, as that number does not affect total N excretion, provided that the total N intakes do not differ.

c) *Proportion of urea-N excreted.* — The amount of urea excreted, as some proportion of the ammonia + urea excreted, varies in rainbow trout as in many other fish (Smith, 1929 ; Brett and Zala, 1975 ; Guerin-Ancey, 1976*a, b*). We find that, although urea-N excretion was linearly related to ammonia-N excretion in rainbow trout, this relation can be best described by the following equation :

$$\text{mg urea-N/kg BW/day} = 25.4502 \log X - 86.3454 \quad (r = 0.96)$$

where $X = \text{mg NH}_4\text{-N/kg/day}$. This results in a decreasing proportion of urea with increasing rates of ammonia excretion. Burrow's (1964) observations of the shiftover of predominance of ammonia to that of urea excretion, due to variations in stocking density and/or temperature, are still to be demonstrated in other teleosts.

Differences in the daily patterns of nitrogen excretion rates are not only due to feeding levels but also to inherent adaptive mechanisms after a change in feeding rhythm, therefore great care must be taken in using intermittent measurement to evaluate the discharge of fish nitrogenous wastes.

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Résumé. Une méthode nouvelle d'estimation en continu de l'excrétion azotée a été employée pour suivre l'évolution nyctémérale de la perte ammoniacale chez la carpe et celle de l'ammoniac et de l'urée chez la truite arc-en-ciel, élevées dans diverses conditions alimentaires (jeûne, 1 ou 2 repas/jour, repas restreint ou à volonté). L'adaptation de l'excrétion azotée à une modification de l'état nutritionnel a été étudiée en suivant leur évolution à différents intervalles après le changement.

L'excrétion azotée endogène (ENE) se stabilise au bout d'une semaine après le début d'un jeûne expérimental ; une semaine environ est également nécessaire pour la stabilisation de l'excrétion azotée après un changement dans le rythme alimentaire. La quantité totale d'azote excrétée au cours d'un nycthémère est liée à la consommation azotée chez les deux espèces étudiées.

Une augmentation immédiate du taux d'excrétion ammoniacale est notée après chaque repas, quelque soit le mode de distribution. Les pics post-prandiaux de taux d'excrétion azotée sont notés à différentes périodes, en fonction et de la consommation azotée et de la durée d'adaptation des poissons au rythme alimentaire concerné.

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