

Aldosterone metabolism in pregnant ewes and fetal and newborn lambs

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Summary. Twenty primiparous Limousine ewes whose fetuses had been chronically catheterized *in utero* on day 120 of gestation were used. Plasma aldosterone levels were measured by radioimmunoassay during the last 15 days of gestation both in dams and fetuses, and during the first neonatal week in lambs. Aldosterone metabolic clearance rates in dams, fetuses and newborns were determined by continuous infusion of [1, 2, 6, 7-³H]-aldosterone. The highest plasma aldosterone levels were observed in dams on days 130 and 142 of gestation, and in fetuses on days 135 and 140. No correlation was observed between plasma aldosterone and electrolyte levels in the mother, fetus or newborn. Aldosterone metabolic clearance rate decreased between days 142 and 145 in dams and at birth in fetuses of both sexes. No aldosterone transfer could be demonstrated either from dam to fetus or vice-versa.

Introduction.

The ability of the adrenal cortex to secrete aldosterone has been the subject of several investigations in fetal lambs (Wintour *et al.*, 1975 ; Wintour *et al.*, 1977 ; Brown *et al.*, 1978) and guinea-pigs (Giry and Delost, 1977) and in human cord plasma at term (Katz, Beck and Makowski, 1974 ; Godard, Gaillard and Valloiton, 1976 ; Tochigi Bui-chi, 1976). However, there are few studies on the metabolism of aldosterone in the pregnant female and the fetus or on the transplacental passage of that hormone (Bayard *et al.*, 1970a, b ; Giry and Delost, 1979).

The present studies were carried out to determine plasma aldosterone levels and the different parameters of aldosterone metabolism in pregnant ewes and their fetuses over the last 15 days of gestation and in newborn lambs during the first neonatal week. The transplacental passage of this steroid has also been studied.

Material and methods.

Animals. — Twenty primiparous Limousine ewes of known gestational age, weighing 56 ± 3 kg and bearing a single fetus detected by radiography on day 110

of gestation, were used. The term is 145 ± 1 days in this breed, and only ewes lambing on day 145 of pregnancy were included. Five non-pregnant ewes were used as controls. After being at pasture the first 100 days, the pregnant ewes were placed in individual cages on straw-litter where they had free access to water. They were given 1 500 g/animal/day of a graminaceous hay and 400 g/animal/day of a grain concentrate so that their daily individual intake of sodium and potassium was 2 and 3.5 g, respectively. They were starved for 16 hrs before surgery on day 120 of gestation.

Surgery. — The catheters were implanted *in utero* according to a method previously described by Barlet *et al.* (1978). Briefly, the uterine horn of the pregnant ewe was exposed after laparotomy under halothane anesthesia. A 2 cm incision was made in the uterus in the area of the neck of the fetus. The carotid artery and the jugular vein on one side were isolated and sterile polyvinyl catheters were fitted. Hormonal infusions were carried out through the catheter implanted in the jugular vein, and blood was withdrawn through the catheter implanted in the carotid artery. Each catheter, with a defined volume, was filled with heparinized sterile 0.9 p. 100 NaCl, and then passed laterally under the skin, emerging about 30 cm from the incision which was closed with a nylon suture. About 5 cm of the catheters protruded from the skin ; this was protected by a bandage fastened around the abdomen.

Blood samples were withdrawn under sterile conditions from the left fetal carotid artery. In this way, the fetal blood could be collected from 9 out of the 20 chronically implanted catheters from day 120 of pregnancy until birth. The mean body birthweight was similar in the 20 catheterized lambs (3.2 ± 0.2 kg) and in the unoperated controls.

Blood samples were obtained in ewes and newborn lambs from a catheter implanted in the left jugular vein. Infusions were given through the right jugular vein.

Experiments. — [$1,2,6,7\text{-}^3\text{H}$] d-aldosterone was infused intravenously through a peristaltic pump at a rate of $0.19 \mu\text{Ci}/\text{min}$ for up to 3 hrs in the ewe to study the parameters of aldosterone metabolism and its possible transplacental passage. 5 ml samples of maternal blood were taken at 60, 90, 120, 135, 150, 160 and 180 min after the start of the infusion, and 1 ml of fetal blood was taken at 90, 120, 150 and 180 min. $0.80 \mu\text{Ci}/\text{min}$ of [$1,2,6,7\text{-}^3\text{H}$] d-aldosterone was also infused intravenously in fetal and newborn lambs for up to 3 hrs. 1 ml blood samples were taken from the fetus and the newborn at 60, 90, 120, 150 and 180 min. To study transplacental passage, 5 ml samples of maternal blood were taken at 90, 120, 150 and 180 min. The technique of continuous infusion of radiolabelled hormone was used to assess the aldosterone metabolism parameters of the ewe, fetus and newborn according to a method previously described (Tait, 1963 ; Tait and Burstein, 1964), consisting of carrying a continuous radiolabelled hormone infusion to a steady state. The metabolic clearance rate (MCR) was defined as the ratio of the hormonal infusion rate to the concentration of labelled steroid at steady state. The MCR was expressed in $1/24$ hrs or $1/24$ hrs/kg body weight. Plasma aldosterone levels, MCR and production rate (PR), defined as $\text{MCR} \times \text{blood plasma hormone concentration}$, were measured on days 130, 135, 140, 142 and 145 of pregnancy in ewes and their fetuses and at 12, 24, 96 and 168 hrs after birth in newborn lambs. The blood was centrifuged, and the plasma was frozen at -30 °C.

Assays.

— Hormones.

a) *Plasma aldosterone levels* were determined by radioimmunoassay (Bayard *et al.*, 1970b). Thawed plasma samples were extracted with dichloromethane defatted at -30°C with 70 p. 100 methanol and centrifuged. The aldosterone was separated from the cortisol and the cortisone by paper chromatography (Bush B₅). Recovery, determined by radioactive [1,2-³H]-aldosterone (New England Nuclear; SA : 40-60 Ci/mmole), was 80 p. 100. Method sensitivity was 20 pg, and precision was 9 p. 100 for 100 to 400 pg. The levels were expressed in ng/dl of plasma.

b) *Plasma labelled aldosterone*. After infusion, plasma samples were extracted with dichloromethane. Aldosterone was purified by paper chromatography (Bush B₅). After elution by 9 ml of CH₃OH, the radioactivity of each sample was measured with a liquid scintillation counter (Tricarb, Packard).

— *Minerals*. Plasma concentrations of sodium and potassium were measured by atomic absorption spectrophotometer (Perkin Elmer 420). The results were expressed as millimoles per liter of plasma (mM). The statistical significance of the results was calculated with Student's *t* test.

Results.

Plasma sodium and potassium levels. — Mean plasma Na levels in non-pregnant controls (143.1 ± 8.6 mM) were not different from mean values measured in pregnant animals (146 ± 1.3 mM). In pregnant ewes the levels of Na rose to 150 ± 0.9 mM on day 140 ($0.02 < P < 0.05$), then dropped to 143.6 ± 1.7 mM on day 142 ($0.005 < P < 0.01$) (fig. 1). An increase occurred on the day of lambing (144.5 ± 1.2 mM) until day 3 *post-partum* (151.8 ± 2.1 mM) ($0.005 < P < 0.01$). Plasma K in non-pregnant controls (3.8 ± 0.2 mM) was lower than in pregnant animals (4.4 ± 0.1 mM). In pregnant ewes the levels of K dropped to 4.0 ± 0.1 mM on day 140 ($P < 0.001$) and increased on day 145 (4.8 ± 0.4 mM) (fig. 1).

In fetuses plasma Na levels rose from 149 ± 2 mM on day 140 to 157 ± 2 mM on day 142 ($P < 0.001$), then decreased on day 145 (148 ± 4 mM; $P < 0.001$) (fig. 2). Plasma Na levels in newborns decreased from 151 ± 2 mM on day 0.5 to 142 ± 2.7 mM ($P < 0.005$) on day 4. A marked increase in plasma K levels on day 142 (5.3 ± 0.3 mM; $P < 0.001$) was followed by a drop on day 145 (3.9 ± 0.1 mM; $P < 0.02$). Plasma K levels increased from 4.14 ± 0.05 mM on day 145 of gestation to 5.2 ± 0.2 mM ($P < 0.005$) 12 hrs after birth, then decreased to 4.61 ± 0.01 mM 24 hrs after birth ($P < 0.02$) and remained constant until day 7.

Plasma aldosterone levels. — Plasma aldosterone levels measured in non-pregnant controls (24.9 ± 1.7 ng/dl) were lower than those measured on days 130 and 142 in pregnant animals ($P < 0.001$) (fig. 1). In pregnant ewes the plasma aldosterone level was high on day 130 of gestation (77.5 ± 5.5 ng/dl), decreased on day 135 to 14.6 ± 0.7 ng/dl ($P < 0.001$), remained constant until day 140 (16.4 ± 0.7 ng/dl), rose

to 67.1 ± 4.4 ng/dl) on day 142 ($P < 0.001$), and dropped to 22.8 ± 2.3 ng/dl ($P < 0.001$) at parturition on day 145. There were no significant changes in plasma aldosterone concentrations either after lambing (0 hr) or at 72 hrs-*post-partum* (fig. 1).

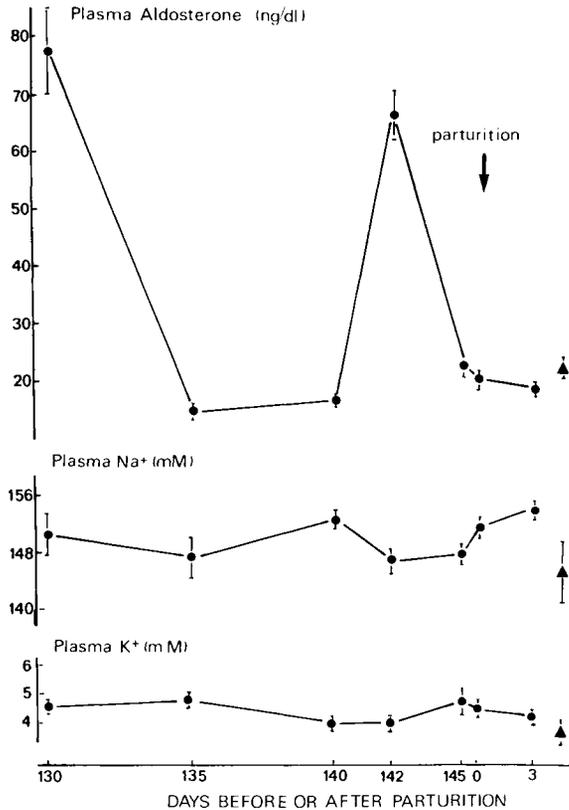


FIG. 1. — Plasma aldosterone, sodium Na and potassium (K) levels in ewes during the 15 days before and the 3 days after parturition (●) (▲ non-pregnant non-lactating control ewes) (Mean \pm SEM).

In fetuses plasma aldosterone levels rose from 17.1 ± 1.0 ng/dl on day 130 to 38.4 ± 5.9 ng/dl on day 140 ($P < 0.001$) and decreased to 24.8 ± 1.34 ng/dl ($P < 0.01$) (fig. 2). During a few minutes following delivery (0 hr) plasma aldosterone levels (29.8 ± 1.8 ng/dl) were higher ($P < 0.001$) than those measured on day 130. They then decreased on day 1 (14.6 ± 2.4 ng/dl ; $P < 0.001$) and rose on day 4 (20.9 ± 1.8 ng/dl ; $P < 0.05$).

In fetuses and dams these levels could not be correlated with plasma Na and K levels (figs. 1 and 2).

Metabolic Clearance Rate (MCR) of aldosterone. — The infusion of [1,2,6,7-³H] aldosterone in ewes, fetuses and neonates did not modify either blood hematocrit or blood plasma electrolyte levels in dams, fetuses or neonates (table 1). In non-pregnant controls the mean value for MCR (2.251 ± 219 l/24 hrs) was lower than those measured

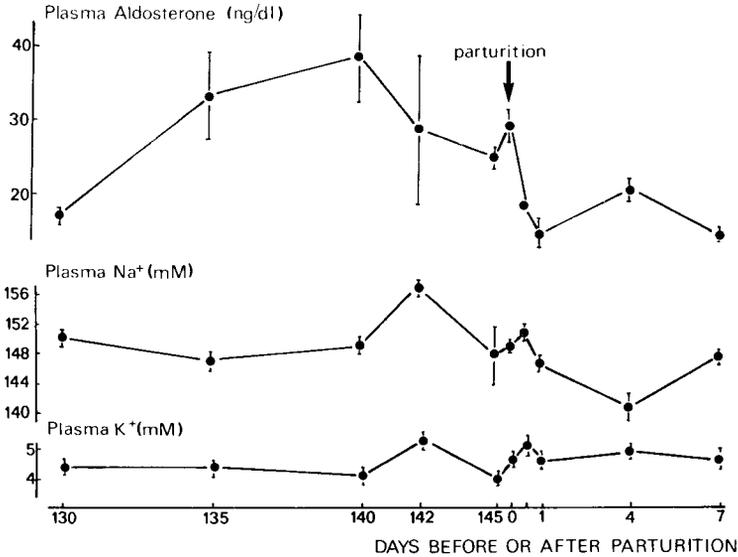


FIG. 2. — Plasma aldosterone, sodium (Na) and potassium (K) levels in lambs during the 15 days before and the 7 days after parturition (Mean \pm S.E.M.).

TABLE 1

Hematocrit and plasma electrolyte levels in dams, fetuses and neonates before and after tritiated aldosterone infusion (Mean \pm SEM; n = 6-10). (BI = before tritiated aldosterone infusion; AI = after tritiated aldosterone infusion.)

Days before and after parturition	Animals	Hematocrit (p. 100)		Plasma electrolytes (mM)			
				Na ⁺		K ⁺	
		BI	AI	BI	AI	BI	AI
130	Dams	30.6 \pm 1.3	30.6 \pm 1.3	140.6 \pm 1.7	142.5 \pm 1.0	3.8 \pm 0.2	3.7 \pm 0.2
	Fetuses	36.8 \pm 1.4	37.6 \pm 0.7	151.6 \pm 2.7	150.6 \pm 1.9	4.4 \pm 0.2	4.3 \pm 0.2
135	Dams	30.5 \pm 1.0	31.0 \pm 1.3	168.6 \pm 5.0	166.1 \pm 4.9	4.4 \pm 0.1	4.4 \pm 0.2
	Fetuses	38.6 \pm 0.4	38.3 \pm 0.3	149.6 \pm 1.8	149.1 \pm 2.2	4.5 \pm 0.1	4.3 \pm 0.1
140	Dams	31.0 \pm 0.6	31.5 \pm 0.9	146.6 \pm 5.2	153.6 \pm 8.8	4.1 \pm 0.2	3.9 \pm 0.2
	Fetuses	38.9 \pm 0.4	39.4 \pm 0.4	147.0 \pm 3.0	145.0 \pm 3.5	4.1 \pm 0.1	4.1 \pm 0.1
142	Dams	30.0 \pm 1.2	31.0 \pm 1.0	168.3 \pm 7.2	166.7 \pm 7.6	3.9 \pm 0.2	4.1 \pm 0.2
	Fetuses	33.0 \pm 1.2	33.7 \pm 0.8	148.2 \pm 1.5	148.5 \pm 1.4	4.2 \pm 0.1	4.4 \pm 0.2
145	Dams	32.0 \pm 1.2	32.8 \pm 1.5	142.2 \pm 1.9	140.8 \pm 3.4	4.0 \pm 0.2	3.9 \pm 0.1
	Fetuses	36.3 \pm 1.8	37.0 \pm 1.2	141.0 \pm 2.4	144.8 \pm 1.5	3.9 \pm 0.1	4.2 \pm 0.1
Lambing							
0.5	Newborns	32.3 \pm 1.3	33.7 \pm 1.0	144.0 \pm 1.3	147.0 \pm 3.0	3.9 \pm 0.3	4.1 \pm 0.2
1	Newborns	34.0 \pm 0.3	34.6 \pm 0.8	146 \pm 3.3	149.0 \pm 3.0	3.7 \pm 0.1	3.7 \pm 0.1
3	Dams	35.0 \pm 1.0	35.0 \pm 1.0	145.4 \pm 3.3	148.5 \pm 0.9	4.4 \pm 0.1	3.9 \pm 0.2
4	Newborns	37.6 \pm 0.8	38.0 \pm 0.7	145.0 \pm 2.0	144.0 \pm 1.0	4.0 \pm 0.1	3.9 \pm 0.2
7	Newborns	30.3 \pm 1.7	30.3 \pm 1.7	150.0 \pm 1.0	154.0 \pm 3.0	4.5 \pm 0.2	4.5 \pm 0.2

in dams on day 140 ($P < 0.02$) of gestation and 3 days *post-partum* ($0.02 < P < 0.05$) (fig. 3). In pregnant ewes, MCR did not vary significantly between days 130 and 142 of gestation (respectively $2\,247 \pm 321$ and $2\,693 \pm 96$ l/24 hrs); it then fell to $2\,097 \pm 172$ l/24 hrs on day 145 ($P < 0.001$) and increased to $2\,935 \pm 43$ l/24 hrs on day 3 *post-partum*.

In fetal and newborn lambs MCR (l/24 hrs) decreased on day 140 (560 ± 19 l/24 hrs) and increased to 696 ± 28 l/24 hrs on day 145 (fig. 3). Birth (time 0) was associated with a marked fall of MCR (457 ± 18 l/24 hrs) which rose to 609 ± 44 l/24 hrs on the first neonatal day, remained constant until day 4, and increased to 995 ± 30 l/24 hrs on day 7.

Aldosterone production rate (PR). — In pregnant ewes during the last 15 days of pregnancy and the beginning of lactation, PR showed two elevated values on days 130 and 142 ($1\,740.3 \pm 249$ and $1\,657.5 \pm 100$ $\mu\text{g}/24$ hrs, respectively) which were higher

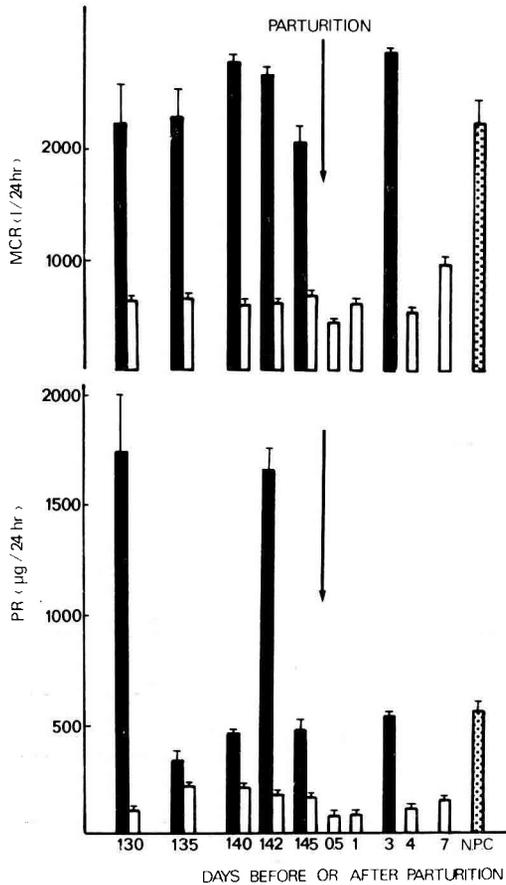


FIG. 3. — Aldosterone metabolic clearance rate (MCR) and production rate (PR) in ewes (black bars) and their lambs (white bars) during the 15 days before and the 7 days following parturition (Mean \pm S.E.M.) (dotted bars (N.P.C.): non-pregnant non-lactating control ewes).

than those measured in non-pregnant controls ($560 \pm 55 \mu\text{g}/24 \text{ hrs}$). PR did not vary significantly at parturition or during 3 days *post-partum* (fig. 3).

A significant rise in PR occurred on day 135 in fetuses ($219.4 \pm 2.3 \mu\text{g}/24 \text{ hrs}$; $P < 0.001$) (fig. 3); this level fell on day 142 ($181 \pm 2.5 \mu\text{g}/24 \text{ hrs}$; $P < 0.001$) until the first neonatal day ($89.5 \pm 6.4 \mu\text{g}/24 \text{ hrs}$; $P < 0.001$). An increase was seen from day 4 ($113.1 \pm 2.6 \mu\text{g}/24 \text{ hrs}$; $P < 0.01$) to day 7 ($153.1 \pm 4.7 \mu\text{g}/24 \text{ hrs}$; $P < 0.001$).

Transplacental passage of aldosterone. — We failed to detect any labelled aldosterone in the fetal plasma when [1,2,6,7- ^3H]-aldosterone was infused in the ewe on days 130, 135, 140, 142 or 145 of pregnancy but we found labelled tetrahydro-aldosterone (THA).

Fetal plasma THA levels did not show any correlation with the duration of pregnancy. When [1,2,6,7- ^3H]-aldosterone was infused in the fetus at the same times of gestation, no radiolabelled aldosterone could be found in maternal blood plasma; only labelled THA was detected.

Discussion.

A number of workers have found that plasma sodium levels in the fetus were lower than in the mother (Barnes, 1976). In our experimental conditions, as in recent reports on ovines (Mellor, 1970; Liggins *et al.*, 1973; Broughton Pipkin *et al.*, 1974a) and cattle (Wilson *et al.*, 1977), sodium and potassium concentrations were similar in maternal and fetal plasmas (figs. 1 and 2).

The differences concerning plasma aldosterone values (Wintour *et al.*, 1976; Boulfekhar, 1978) might result from a breed factor or from differences in the assays. Although breed effect on plasma aldosterone levels has not been reported, plasma aldosterone was isolated in Tadmit ewes by thin-layer and paper chromatographies (Boulfekhar, 1978); we used only paper chromatography for our plasma aldosterone measurement. Furthermore, Na and K intake greatly influences plasma aldosterone levels in sheep (Blair-West *et al.*, 1963). There are no data on Na and K intake in Tadmit ewes (Boulfekhar, 1978), although plasma Na and K levels did not vary significantly during the experimental period (Boulfekhar, 1978). We followed the recommendations of Gueguen (1978) as to daily Na and K supply for pregnant ewes. An increase of plasma renin and angiotensin levels and the competitive inhibition of aldosterone by progesterone in the kidney might be the main factors responsible for a rise in the plasma aldosterone levels. Plasma renin levels are higher in pregnant ewes than in controls but do not seem to vary between 110 and 144 days of pregnancy (Broughton Pipkin *et al.*, 1974b). Progesterone levels in the blood of pregnant sheep are only 2 to 5 times higher than those found during the peak of the estrous cycle (Bedford *et al.*, 1972; Liggins *et al.*, 1973, 1977); such a level may be insufficient to act as a significant competitive inhibitor of aldosterone (Wintour *et al.*, 1977).

One major question is: are aldosterone levels in fetal plasma predominantly of fetal adrenal origin? Transplacental aldosterone passage probably contributes significantly to the circulating level in the human (Bayard *et al.*, 1970a) and the guinea-pig (Giry and Delost, 1979) fetus, but our results show that in sheep aldosterone transfer from the mother to the fetus (and vice-versa) is negligible. This species difference could

be easily related to divergencies in placental structure. We could not correlate plasma Na and K levels with plasma aldosterone levels in dams, fetuses and neonates (figs. 1 and 2).

In our experimental conditions, PR variations were similar to those of the plasma aldosterone levels (figs. 1, 2, 3). Aldosterone PR does not accurately reflect aldosterone adrenal secretion since it also includes the peripheral metabolism of that hormone. The peripheral blood levels of the aldosterone measured in sheep fetuses (Wintour *et al.*, 1975 ; Brown *et al.*, 1978) *in utero* are lower than those of our experiments (mean aldosterone level in fetal blood plasma : 28.3 ± 5.5 ng/dl ; fig. 2). Nevertheless, the increase in fetal plasma aldosterone which we observed between days 130 and 140 (120 p. 100 ; fig. 2) was very similar to the 100 p. 100 increase reported at the same stages by Brown *et al.* (1978). Furthermore, in human cord plasma aldosterone levels varying from 17.2 ± 9.5 ng/100 ml (Bayard and Boulard, 1973) to 163 ± 67 ng/100 ml Katz, Beck and Makowski, 1974 ; Godard, Gaillard and Vallotton, 1976) have already been reported. The slight increase in plasma aldosterone levels measured in newborn lambs immediately after birth (fig. 2) might be related to the high concentration of angiotensin II-like activity (Broughton Pipkin *et al.*, 1974b). According to Alexander *et al.* (1968), aldosterone secretion rate (measured in the left adrenal venous plasma of exteriorized fetuses) increases considerably just before term and after birth.

To our knowledge, aldosterone MCR and PR have not been reported in sheep. The mean MCR value ($2\,419 \pm 154$ l/24 hrs) was higher in our experiments during the last 15 days of pregnancy than that reported in women during the last week of pregnancy ($1\,543 \pm 113$ l/24 hrs) (Tait *et al.*, 1962) or at the end of labor ($1\,783 \pm 517$ l/24 hrs) (Bayard *et al.*, 1970a). Aldosterone MCR in pregnant ewes also appears to be higher than cortisol MCR which was determined in similar conditions (Paterson and Harrisson, 1968). As in dams, aldosterone MCR in fetuses was higher than cortisol MCR (about 124 l/24 hrs) (Beitins *et al.*, 1970 ; Dixon *et al.*, 1970 ; Liggins *et al.*, 1973). The most striking result on aldosterone MCR was its abrupt decrease at the time of parturition (fig. 3) ; at that time, obturation of the ductus venosus (connecting the inferior vena cava and the umbilical vein during fetal life) removes the placental compartment from fetal circulation, and might be responsible for the MCR decrease.

Our results in pregnant ewes demonstrate a decrease in aldosterone metabolism during the last 3 days of gestation, characterized by low plasma aldosterone levels and MCR.

The highest fetal plasma aldosterone level was found on day 140 of gestation. Aldosterone MCR did not vary significantly during the last 15 days of intrauterine life or during the first neonatal week, except at the time of delivery when an abrupt decrease in aldosterone MCR was observed. In our experimental conditions, no aldosterone transfer could be demonstrated either from dam to fetus or vice-versa.

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Résumé. Une vingtaine d'agnelles de race Limousine dont les fœtus sont cathétérisés chroniquement *in utero* à 120 jours de gestation furent utilisées. L'aldostéronémie a été mesurée par radio-immunologie pendant les 15 derniers jours de gestation à la fois chez les brebis et leurs fœtus, et pendant la première semaine après la naissance pour les agneaux.

Le taux de clearance métabolique (T.C.M.) de l'aldostérone chez les brebis, les fœtus et les nouveau-nés a été déterminé par perfusion continue d'aldostérone quadruplement marquée ($[1,2,6,7-^3\text{H}]$ -aldostérone). Les taux plasmatiques d'aldostérone les plus élevés se rencontrent chez les brebis aux 130^e et 142^e jours de gestation, tandis que chez les fœtus on les observe aux 135^e, 140^e jours *ante partum* et à la naissance. Le taux de clearance métabolique diminue entre le 140^e et le 145^e jour de gestation chez les brebis, et à la naissance chez les fœtus. Nous n'avons observé aucune corrélation entre aldostéronémie et kaliémie ou natrémie, aussi bien chez la mère que chez le fœtus ou le nouveau-né. Aucun transfert de l'aldostérone de la mère au fœtus ou du fœtus à la mère n'a pu être mis en évidence dans notre étude.

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