

## SERUM BINDING OF SOME STEROID HORMONES DURING DEVELOPMENT IN DIFFERENT ANIMAL SPECIES. DISCUSSION ON THE BIOLOGICAL SIGNIFICANCE OF THIS BINDING

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### SUMMARY

Serum binding of oestrogens, androgens, corticosterone and progesterone was studied during foetal and post-natal development of different animal species (rat, mouse, guinea pig and man). The species studied fall apart into two groups : on one hand rat and mouse in which high concentrations of binding proteins for oestrogens, corticosterone and progesterone are present during foetal life as well as post-natally, on the other hand guinea pig and man in which serum has very little binding capacity for steroids during foetal and post-natal development. In the latter group, however, high amounts of binding proteins are present in the serum of pregnant females.

The results demonstrate a large inter-species variation in hormonal situation during development ; moreover, they emphasize the extensive variation with age in serum binding of steroids within a given animal. The biological significance of this steroid binding is discussed in the light of the hypothesis that hormones bound to proteins are provisionally inactive. On the contrary, presence of high amounts of hormones in the blood in the absence of binding protein would implicate high biological activity.

The post-natal period in the rat was studied and is discussed : the protein binding of serum oestrogens, androgens and corticosteroids during this period may be involved in the process of sexual maturation.

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### INTRODUCTION

The binding of hormonal steroids by serum proteins in the adult of numerous species have been reported previously (WESTPHAL, 1971; KING and MAINWARING, 1974). On the other hand the study of such steroid binding during foetal life and in

the perinatal period has only recently been initiated (KOCH *et al.*, 1967; NUNEZ *et al.*, 1971 *a, b*; RAYNAUD *et al.*, 1971).

A comparative study of the binding properties of serum proteins in different animal species in the course of development and during gestation may contribute to a clarification of the physiological mechanism of hormone action in this period, in which there is consecutively cellular and sexual differentiation, parturition and sexual maturation.

We will briefly describe here the results obtained in this domain in our laboratory, and attempt to discuss their possible physiological significance.

## I. — MATERIAL, AND METHODS

*Rat and Mouse.* Ch. Rivers CD. The foetal age is given with an approximation of  $\pm 1$  day. Blood was collected by cardiac puncture or by decapitation of animals lightly anaesthetised with ether. The serum was after blood collection and centrifugation.

*Guinea-Pig* of a tri-coloured strain, very kindly furnished by M. AZRIA (Sandoz Laboratory, France). The males and females were left in contact for 4 days. Foetal blood was obtained by cardiac puncture.

*Man.* Blood was collected from human foetuses of different ages after therapeutic abortions. Sera from pregnant women, in three trimesters of pregnancy, and umbilical cord were furnished by Professor Ph. ENGELMANN (Lariboisière hospital). Also several sera from hospital patients in whom a hepatoma has been diagnosed have been obtained.

Purified human  $\alpha_1$ -foetoprotein preparations were generously donated by professors HIRAI and NISHI (Sapporo, Japan) and Professor MASSEYEFF (France).

*Steroids.* The following radioactive steroids were used :

Steroid	Source	Specific activity (Ci/mmole)
Oestrone-6-7- <sup>3</sup> H	CEA (1)	34
Oestradiol-17 $\beta$ -6-7- <sup>3</sup> H	NEN (2)	55
Oestriol-6-7- <sup>3</sup> H	NEN	42,2
Testosterone-1-2- <sup>3</sup> H	CEA	42
Corticosterone-1-2- <sup>3</sup> H	CEA	24

(1) Centre d'Études atomiques.

(2) New England Nuclear.

Crystallized oestrone, 17 $\beta$ -oestradiol and oestriol were supplied by Roussel Uclaf. The purity of the steroids was verified by thin-layer chromatography on silicagel using several solvent systems. The radioactive compounds were repurified at regular intervals on celite columns.

17 $\beta$ -oestradiol benzoate-6-7-<sup>3</sup>H (17 $\beta$ -hydroxy-13,5 (10) oestrien 3-yl-benzoate) was prepared in the laboratory.

*Proteins* were measured according to LOWRY *et al.* (1951) using bovine serum albumin as the standard.

*Radioactivity* was measured with an Intertechnique Scintillation counter having a 45 p. 100 efficiency.

*Treatment of experimental data.* Regression lines were calculated according to the S/009 Olivetti Program ; speeding of calculations was achieved with the aid of Olivetti Programma and Multi 8 Intertechnique computers.

*The affinity of sera or of protein preparations for oestrogens* was estimated by the method of PEARLMAN and CREPY (1967) based on equilibrium dialysis. The I/P (L/g) indices, *i.e.* the inverse of the protein concentration in the dialysis medium for which the free steroid (Su)/bound steroid (Sb) ratio is unity, were thus measured.

Gel filtration on Sephadex G-100 has also been applied for sera pre-incubated with tritiated steroid (NUNEZ *et al.*, 1971 *a*). The results are expressed in picomoles of steroid bound per mg protein.

*Determination of binding parameters.* The association constant  $K_a$  and the product  $n_1M_1$  (number of binding sites  $\times$  moles of binding protein) were determined. A variant (SAVU *et al.*, 1972) of PEARLMAN and CREPY's equilibrium dialysis method was used. The binding parameters were determined at 25°C in a 0.15M phosphate buffer pH 7.4.

### Assays

*Serum FSH concentration* (ng NIAMD-rat FSH-RP-1/ml) was estimated by a double antibody radioimmunoassay using the kit provided by the National Institute for Arthritis and Metabolic Diseases.

*Serum oestrone and oestradiol.* Concentrations were measured by radioimmunoassay after extraction of the sera with cyclo hexane-ethyl acetate (1:1). The extract was evaporated and the residue dissolved in 0.2 ml benzeneethanol (95:5). This was then subjected to chromatography on a 300 mg Sephadex LH 20 microcolumn prepared in benzene-ethanol (95:5). Oestrone was eluted first and then the 17 $\beta$ -oestradiol was eluted with benzene-ethanol (90:10). The recovery after extraction and separation was calculated by the use of radioactive tracer steroids.

The antibody used for 17 $\beta$ -oestradiol assay was an anti-oestradiol-6 CMO BSA (Rabbit L4386) (DRAY *et al.*, 1971) and for oestrone assay the Caldwell anti-oestradiol 07916 was used.

$\alpha_1$ -foetoprotein (AFP) concentration was determined by the MANCINI *et al.* (1965) method using pure anti-rat AFP antibodies prepared in this laboratory.

## II. — RESULTS

### I. — Binding with oestrogens and androgens

We will briefly summarize here, and discuss below, our principal results.

#### a) Rat.

The serum of rat embryos has a considerable affinity for oestrone and oestradiol-17 $\beta$  (NUNEZ *et al.*, 1971 *a, b*) (table I). Although this activity diminishes significantly after birth, it is maintained at a very high level for the first days of life, becomes low at the age of 21 days and disappears after the 28th day. The serum of pregnant rats, compared on the one hand with that of the embryo and on the other hand with that of the normal adult rat, has a low binding activity. The affinity is significantly higher for oestrone than for 17 $\beta$ -oestradiol. The serum studied had no binding affinity for oestriol, despite the latter's phenolic nature.

TABLE I

*Binding of corticosterone, oestradiol-17 $\beta$  and oestrone; AFP and FSH concentrations in rat sera during development*

The binding of corticosterone is determined by gel filtration on Sephadex G-100. Binding of oestradiol-17 $\beta$  and oestrone is evaluated by the method of PEARLMAN and CREPY (1967). AFP and FSH levels are determined by MANCINI's technique (1965) and a double antibody radioimmunoassay with the kit provided by the respectively NIAMDD. The results of are the means of duplicate determinations made on three or four poolsd, of serum (3 to 10) animals for each age.

Age	Serum Corticosterone Binding (Picomoles/mg)	Serum Oestradiol Binding I/P (L/g)	Serum Oestrone Binding I/P (L/g)	AFP concentration (mg/ml)	FSH ng NIAMID-rat FSH RP-1/ml Serum
Embryo day 17..	—	—	—	2,5	350
Embryo day 19..	50	125	192	5	—
Embryo day 21..	—	—	—	5	250
0 day .....	20	58	82	3,5	500
3 days.....	4	100	120	3	700
5 days.....	2	44	48	3	750
10 days.....	1,5	39	52	2,5	1 300
15 days.....	2,3	21	32	1,3	2 000
21 days.....	9	4,1	4,7	0,2	650
28 days.....	10.2	0,8	—	0	—

The main protein responsible for the fixation of the oestrogens has been identified (NUNEZ *et al.*, 1971 *c*, 1973) and purified (CITTANOVA *et al.*, 1974) : it is the  $\alpha_1$ -foetoprotein (AFP) (URIEL *et al.*, 1972, MASSEYEFF 1972). The association constants of this protein for oestrone and oestradiol-17 $\beta$  are of the order of  $1 \cdot 10^8 M^{-1}$  (RAYNAUD *et al.*, 1971; SAVU *et al.*, 1972). The association constant for oestrone is slightly higher than that for oestradiol-17 $\beta$ .

The capacity of rat serum to bind testosterone and dihydrotestosterone is low at all ages up to the 21th day after birth. Dihydrotestosterone is bound slightly more than testosterone (NUNEZ *et al.*, 1971 *a*, *b*).

#### b) Mouse.

Embryonic sera have a very high affinity for oestrone and oestradiol-17 $\beta$  (SAVU *et al.*, 1974 *a*). By the 12th day fixation is high, it is maximal between the 15th and the 18th day and then diminishes rapidly such that 3 to 4 days after birth only 1 to 3 p. 100 of the maximal activity remains. Practically no oestriol is bound either at 12 days of embryonic life or in the new born, but significant I/P indices, although much lower than those for oestrone and oestradiol-17 $\beta$ , have been measured in the most active sera of 15 to 18 day embryos. The sera of pregnant mice bind little oestrogen. However a definite binding is present at 18 days of pregnancy and above all the day of delivery. The sera of non-pregnant control mice had practically no affinity for the phenolic steroids. In all cases the affinity indices were higher for oestradiol-17 $\beta$  than for oestrone. The determination of the association

constants confirmed that oestradiol-17 $\beta$  is fixed with stronger affinity than oestrone by the foetal oestrogen binding protein of the mouse.

The association constants were 0.30, 0.74 and  $0.02 \cdot 10^8 M^{-1}$  respectively for oestrone, oestradiol-17 $\beta$  and oestriol. Here again it is the AFP which is the protein mainly responsible for this fixation (URIEL *et al.*, 1972).

c) *Guinea-Pig.*

The I/P affinity indices for oestradiol and testosterone of foetal and maternal sera at different times of gestation (SAVU *et al.*, 1974 *b*) show that at no point do the serum proteins of the guinea pig present a significant affinity for the oestrogens. In contrast to the pregnant female, in which the serum has a very high binding activity for testosterone, the foetal serum practically does not bind this hormone (MILGROM *et al.*, 1973).

d) *Man.*

Human foetal sera at different ages, the sera of patients with primitive hepatomas containing AFP, and purified preparations of human AFP do not bind oestrogens (NUNEZ *et al.*, 1974; SAVU *et al.*, 1974 *b*), unlike those of rat and mouse. It seems that the « Sex Binding Globulin » (MERCIER-BODARD *et al.*, 1970) present in the adult and especially in the female during the 3rd trimester of pregnancy, exists only in small amounts or not at all in the embryo.

2. — *Binding with corticosterone and progesterone*

a) *Rat.*

Our results obtained with corticosterone (NUNEZ *et al.*, 1971 *b*, SAVU *et al.*, 1973, BENASSAYAG *et al.*, 1974) agree with the reports of others on this subject (KOCH *et al.*, 1967). Serum binding of corticosterone falls rapidly after birth to reach a very low level between the 5th and 15th day, climbs back by the 28th day to a level which is essentially the same as that of the rat on the 19th day of pregnancy. The difference between our results and those previously published (KOCH *et al.*, 1967) is that the level of binding in the embryo is higher than that in the mother. Furthermore, the binding of progesterone is different in the embryo and the mother. In the latter the affinity indices for corticosterone and progesterone are virtually the same, while in the embryo the serum fixes five times more corticosterone than progesterone (NUNEZ *et al.*, 1971 *b*, SAVU *et al.*, 1973).

These results give rise to a number of questions: is the higher binding of corticosterone by embryonic serum, compared with that of the mother, due, as in the case of the oestrogens, to a specific embryonic protein, or is it a matter of a simple quantitative difference concerning the corticosterone binding globulin of the rat (CBG or transcortin), which is, however, well known and characterised?

What is the molecular basis and physiological significance of the absence of binding seen in the rat between the 5th and the 15th day? The study of the binding parameters of foetal serum compared with those of the adult female pregnant or not pregnant seems to indicate that the higher levels of fixation of corticosterone in the embryo are due to a quantitative rather than a qualitative difference between

their binding proteins. The hypothesis of a passage of maternal CBG into the embryo cannot be excluded.

The purification of transcortin extracted from embryonic serum and its comparison with adult transcortin will further clarify these results; such a purification is now under study.

b) *Mouse.*

The results (SAVU *et al.*, 1975) are shown in table 2 and it can be seen that a high affinity for corticosterone is present not only in the serum of the pregnant

TABLE 2

*Affinity index for corticosterone and progesterone in fetal and pregnant mouse (table 2) and guinea-pig (table 3) sera*

The results are the means of duplicate determinations made on four serum pools for each age according to the PEARLMAN-CREPY (1967) technique

Mouse	Steroid	
	Corticosterone	Progesterone
Embryo day 18 .....	11	3,1
Pregnant female .....	24	10
Female Adult .....	2,4	1,6

mice but also in that of the embryos. The I/P indices measured in the latter are 4 to 5 times higher than those of non-pregnant adults, but they remain, however, significantly weaker on average than those determined in maternal sera. The inverse phenomena have been described in the rat. The binding of corticosterone by female mouse serum at different periods after birth shows that the fall in binding after birth is much more rapid than that in the rat. The climb back to the adult level occurs progressively up to the age of 21 days.

The study of the binding parameters for corticosterone with embryonic and corresponding maternal sera shows that the association constant of the embryonic serum is 3-4 times higher than the maternal one.

With regard to progesterone, it can be seen in the mouse that the fixation is higher in foetal than in the maternal sera, while in the rat similar values are found for the foetus and the mother.

Therefore, the foetal transcortin could be qualitatively different from the maternal transcortin. It would then be a matter either of a specific foetal protein or of a structural modification of the maternal transcortin during its possible passage into the foetal serum.

c) *Guinea-Pig.*

The comparison of the I/P indices measured in embryonic and maternal sera at three stages of gestation (SAVU *et al.*, 1975) (table 3) shows that the binding activities with regard to the two hormones remain weak in the embryos even on the

54th day of pregnancy, when the maternal sera are most active. The contrast is particularly marked in the case of progesterone : in the mothers the affinities for this steroid reach values close to 100 times higher than those in the embryos. Furthermore it can be noted that the low activities found in foetal sera change as a function of the stage of pregnancy in the same direction as the strong activities of the pregnancy sera, which suggests that they are due to the presence of traces of maternal binding protein (MILGROM *et al.*, 1973).

TABLE 3

Guinea-pig	Steroid	
	Corticosterone	Progesterone
Embryo day 37 .....	1,3	0,4
Embryo day 54 .....	0,7	2,3
New born .....	0	1,6
Pregnant female day 37 .....	4,9	189
Pregnant female day 54 .....	9	230
Pregnant female delivery day .	0,8	36,5
Female adult .....	0,1	—

d) *Man.*

This study (SAVU and NUNEZ, unpublished) is being undertaken in our laboratory at present. The results obtained so far show that the fixation of corticosterone by CBG is low in the embryo up to the 5th month, while the level in the mother increases in a regular fashion.

III. — DISCUSSION ON THE BIOLOGICAL SIGNIFICANCE OF STEROID BINDING

Studies on steroid binding by serum protein during foetal and post-natal development by NUNEZ *et al.* (1971 *a, b, c*, 1974), RAYNAUD *et al.* (1971), SAVU *et al.* (1973, 1974 *a, b*), BENASSAYAG *et al.* (1974) revealed a contrast between two groups of mammalian species. On the one hand, rat and mouse, which present large amounts of proteins binding oestrogens, corticosterone and progesterone during foetal life and after birth ; on the other hand guinea-pig and man, in which sera do not bind the same steroids or, if so, only weakly. However the pregnant females of the last species have high levels of steroid binding proteins.

These facts underline the great disparity between the hormonal mechanism and the regulation of sexual maturation in different animals. Furthermore, the binding properties of steroid-binding proteins show great variation with time in a single species. It is therefore interesting to specify such possible fluctuations for

each type of animal in order to correlate these variations with those presented by other biological parameters in the same period. In this way, it will be possible to have some idea of the particular physiological significance of a hormone-binding protein at a given period and for a given species. This may be totally different in other circumstances.

From recent studies (RAYNAUD, 1973; MEIJS-ROELOFS *et al.*, 1973; THALER-DAO and BREUER, 1974) a hypothesis about the part played by protein-steroid binding emerges. This binding of steroid hormones may completely suppress the hormonal action or modulate it. This modulation depends in a large part on the relative affinity for the hormone of its binding serum protein and its target receptor. This situation provokes, according to the case, a more or less selective distribution of the steroid to the tissues.

It is probably in the hypothalamo-hypophysial-gonadal regulation that rat and mouse foetoproteins, but also transcortins, could intervene by regulating the hormonal level. As far as the rat is concerned, the work of MEIJS-ROELOFS *et al.* (1973) confirmed by BROWN-GRANT (1974) suggests that the seemingly paradoxical coexistence in the female rat after birth of both increased secretion of FSH and of high levels of oestrogen could be due to the strong affinity of  $\alpha_1$ -foetoprotein (AFP) for estrogens (NUNEZ *et al.*, 1971 *c*). It seems that this strong binding between foetoprotein and oestrogens causes a strong but incomplete inhibition (FSH secretion can be enhanced by ovariectomy (MEIJS-ROELOFS *et al.*, 1973) of the negative feed-back action of oestrogens on gonadotrophin secretion. On the contrary, the low binding associated with high hormone levels in the blood should lead to strong biological activity. On the same lines, we suggest that the lower LH levels in male rats (BROWN-GRANT, 1974) during the same period are the result of the total lack of serum affinity towards androgens (NUNEZ *et al.*, 1971 *b*).

On the basis of these results, we undertook the simultaneous assay of FSH, oestrogens and AFP during the post-natal period in rat. The results obtained (table I), compared with the fixation of oestrogens and corticosterone to the serum proteins (BENASSAYAG *et al.*, 1974) during this period, entirely confirm the results of MEIJS-ROELOFS *et al.* (1973) and BROWN-GRANT (1974). The AFP concentration, and the binding of oestradiol and oestrone are marked when the FSH, oestradiol and oestrone levels are high. FSH decay is parallel to that of AFP (VALLETTE *et al.* unpublished).

A comparative study (VALLETTE *et al.*, unpublished data) of the AFP levels in the male and the female shows that the evolution of these levels is strictly parallel in both sexes. AFP concentration is slightly lower in the male. Moreover, oestrone is the predominating hormone during development. We found values five to fifteen times higher for oestrone than oestradiol (66 pg/ml oestradiol-17 $\beta$  and 1 093 pg/ml oestrone in the 17 day old embryo; 34 pg/ml oestradiol-17 $\beta$  and 200 pg/ml oestrone in the 3 day old female rat).

This has also been observed by WEISZ and GUNSALUS, 1973 and can be explained by a slightly higher affinity of AFP for oestrone than for oestradiol (NUNEZ *et al.*, 1971 *b*, RAYNAUD *et al.*, 1971, SAVU *et al.*, 1972) and/or by a particular metabolic situation. The relative affinity of AFP for the various oestrogenic hormones could have a biological significance. Thus some oestrogenic compounds which are less bound to the AFP could completely or in part escape the « inactivation by bin-



ding ». To study this, we have tested (SAVU and NUNEZ, unpublished data) the binding of oestradiol benzoate (17 $\beta$ -hydroxy-1, 3, 5 (10) oestratrien-3 yl-benzoate), an oestrogen often used by physiologists, in embryonic and immature female rat sera. This oestradiol conjugate is bound to a significant but lower level than oestrone or oestradiol-17 $\beta$ . The affinity indices are respectively 45 for oestradiol-17 $\beta$  and 28 for oestradiol benzoate in the 4 day old female serum.

In conclusion there does seem to be an intriguing correlation between the AFP concentration and the « paradoxical phenomena » described by MEIJS-ROELOFS *et al.* (1973). This can only be definitively proven when, by induction of changes in AFP concentration, the FSH concentration is made to vary. Furthermore the study of the transcortin-corticosterone binding during this same period may give us a more complete explanation of the complex hormonal phenomena that are taking place in this period.

In effect, we have confirmed (NUNEZ *et al.*, 1971 *b* ; BENASSAYAG *et al.*, 1974) that between the 5th and 15th. day there is a period in which the binding of corticosterone is very low while the free corticosterone concentration is increased (KOCH *et al.*, 1967). Thus the corticosterone which is in a free state can act on the hypothalamo-hypophysial-adrenal axis and exert a negative feed-back effect.

It seems that these facts may be integrated with the results on oestrogen and androgen levels into an overall schema which would permit a better understanding of the hormonal factors involved in sexual maturation of the rat.

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#### RÉSUMÉ

##### FIXATION SÉRIQUE DE QUELQUES HORMONES STÉROÏDES AU COURS DU DÉVELOPPEMENT DE DIVERSES ESPÈCES ANIMALES. DISCUSSION SUR LA SIGNIFICATION BIOLOGIQUE DE CETTE FIXATION

La fixation des oestrogènes, des androgènes, de la corticostérone et de la progestérone est étudiée chez différentes espèces animales (Rat, Souris, Cobaye et Homme) au cours de la vie fœtale et post-natale.

Cette étude nous permet de distinguer parmi les espèces étudiées, d'une part le Rat et la Souris qui présentent en abondance des protéines liant les oestrogènes, la corticostérone et la progestérone au cours de la vie fœtale et après la naissance, d'autre part le Cobaye et l'Homme dont les sérums lient peu ou pas les stéroïdes au cours de leurs développements fœtal et post-natal. Par contraste, les sérums des femelles gestantes de ces derniers sont riches en protéines liantes.

Ces résultats montrent la grande diversité des schémas hormonaux du développement d'une espèce à l'autre ils soulignent la très grande variabilité des phénomènes de fixation sérique des hormones au cours du temps chez un même animal. Le rôle biologique de ces liaisons est discuté

à la lumière de l'hypothèse selon laquelle l'hormone liée aux protéines sériques est provisoirement inactive. L'absence de protéine de liaison alors que l'hormonémie est élevée impliquerait au contraire une activité biologique.

Nous avons choisi comme modèle de discussion et d'expérimentation la période post-natale du Rat où la liaison protéine sériques-œstrogènes, androgènes et corticoïdes jouerait un certain rôle dans le déterminisme hormonal de la maturation sexuelle.

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