Review

 Muscle fibre ontogenesis in farm animal species

Brigitte PICARDa*, Louis LEFAUCHEURb, Cécile BERRIC, Michel J. DUCLOSS

a INRA, Unité de Recherche sur les Herbivores, Theix, 63122 Saint-Genès-Champanelle, France
b INRA, Unité Mixte de Recherches sur le Veau et le Porc, 35590 Saint-Gilles, France
c INRA, Station de Recherches Avicoles, 37380 Nouzilly, France

Abstract — In farm animals (bovine, ovine, swine, rabbit and poultry), muscle fibre characteristics play a key role in meat quality. The present review summarises the knowledge on muscle fibre characteristics and ontogenesis in these species. Myofibre ontogenesis begins very early during embryonic life, with the appearance of two or three successive waves of myoblasts which constitute the origin of the different types of muscle fibres. In small animals (rodents and poultry), a primary and a secondary generation of fibres arise respectively during the embryonic and foetal stages of development. In the largest species (bovines, sheep, pigs) a third generation arises in the late foetal or early postnatal period. Following these two or three waves of myogenesis, the total number of fibres is fixed. This occurs during foetal life (bovines, ovines, pigs and poultry) or during the first postnatal month in rabbits. Contractile and metabolic differentiation proceed by steps in parallel to myogenesis and are partially linked to each other. In bovines and ovines, the main events occur during foetal life, whereas they occur soon after birth in the pig, poultry and rabbit, but some plasticity remains later in life in all species. This comparative survey shows that the cellular processes of differentiation are comparable between species, while their timing is usually species specific.

myogenesis / myofibre / myosin / species

1. INTRODUCTION

In farm animals, a better control of meat quality is of major importance for producers and retailers in order to satisfy the consumer’s requirement for a consistently good product. Several studies dealing with the biological mechanisms involved in the determination of the meat sensory quality suggest that the production factors (age, breed, feeding...) exert an effect on meat quality by altering the biological characteristics of

* Correspondence and reprints
E-mail: picard@clermont.inra.fr
the muscle tissue (collagen, fibres, lipids, enzymes...) and those of the muscle fibres in particular. Muscle fibre characteristics are involved in meat tenderness and flavour in different species [43]. The rate and extent of post-mortem pH decline is higher in fast-twitch glycolytic muscles with higher glycogen. This type of muscle also exhibits faster post-mortem ageing [55]. Oxidative muscles generally contain higher levels of lipids in favour of a better flavour. In sheep, a direct positive relationship between flavour and the percentage of oxidative fibres has been shown [95]. A negative correlation between fibre cross sectional area and tenderness has been reported in pigs and bovines [67, 69]. Thus, meeting the challenge of optimising the efficiency of muscle growth and meat quality requires a thorough understanding of the processes involved in muscle fibre development and diversification in meat producing species.

The aim of this review was to describe the classification of the different types of fibres and to compare their ontogenesis in the different meat producing species (i.e. bovines, ovines, pigs, poultry, rabbits). The mechanisms of regulation which are numerous and complex will not be described; for review [77], see Buckingham et al. [11].

2. MYOFIBRE CHARACTERISTICS

2.1. Myofibre typing

The skeletal muscle fibres represent a heterogeneous population differing in their energy metabolism, contractile properties and colour. Various methods based on histochemical approaches have been proposed to classify the different fibre types. They were originally classified on the basis of their major metabolic activities, such as oxidative or glycolytic [22]. They have also been distinguished on the basis of their contractile properties evaluated by their myofibrillar actomyosin adenosine triphosphatase (mATPase) activity [27] measured following alkaline or acid pre-incubation (Figs. 1A and 1B). The mATPase activity of type I slow-twitch fibres is inhibited after alkaline pre-incubation, while that of type II fast-twitch fibres is inhibited after acid pre-incubation (Fig. 1A). Three subclasses can be identified within type II fibres in humans [10] by pre-incubating muscle sections at two different acid pH (4.3 and 4.9): the IIA fibres exhibit an mATPase activity which is inhibited after pre-incubation at pH < 4.9, while that of the IIB fibres is inhibited at pH < 4.3 and that of the IIC fibres is partially resistant at this last pH. However, the conditions of pH pre-incubation must be defined for each species and ages. In birds, type III fibres (slow tonic and multi innervated fibres) can also be distinguished. Combining metabolic enzyme-based and mATPase-based histochemical methods, Barnard et al. [6], and Peter et al. [61] distinguished three types of fibres (Fig. 1C): slow-twitch oxidative (SO), fast-twitch oxidido-glycolytic (FOG) and fast-twitch glycolytic (FG). Similarly, Ashmore and Doerr [1] by combining the measure of mATPase activity and the activity of SDH, an enzyme of the metabolic pathway, also described three types of fibres (Fig. 1C): slow-twitch oxidative (SO), fast-twitch oxidido-glycolytic (FOG) and fast-twitch glycolytic (FG). These classifications are the most commonly used. However, further subtypes of fibres can be delineated (cf. review of Staron and Pette [84]), which suggests differences in the molecular composition of myosin within a class.

2.2. Myosin heavy chain isoforms

Myosin is the predominant protein in skeletal muscle (about 1/3 of their total muscle proteins), and it makes up the largest portion of the contractile apparatus of muscle fibres. This hexameric protein consists in four light chains (MLC) and two heavy chains (MHC), each of which exists in
Figure 1. Classification of muscle fibres (A) Guth and Samaha [33] (B) Brooke and Kaiser [10] (C) Peter et al. [61]; (d) use of antibodies. SDH: Succinate dehydrogenase. Antibody I: anti slow MHC. Antibody II: anti fast MHCs. Antibody I and IIb recognise both MHC I and MHC IIb/IIx.

Table I. Characteristics of the different fibre types (Bacou and Vigneron [2]). (1) Nomenclature of Brooke and Kaiser [10], (2) nomenclature of Ashmore and Doerr [1], (3) nomenclature of Peter et al. [61].

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numerous isoforms and can combine differently within a muscle fibre or even within a single myosin filament. The major MHC isoforms determine the contractile properties of a fibre. The diversity of these isoforms is due to their specific actin-activated and Ca^{2+}-stimulated ATPase activities which reside in the head region of the heavy chain [34]. In mammals, slow twitch fibres contain the slow "MHC I" which corresponds to the cardiac beta myosin heavy chain. Another slow isoform "ICTon" is also present in extraocular muscles, tensor tympani muscle and intrafusal fibres (see review in [84]). It corresponds to the MHC isoform associated with slow tonic fibres in the bird ALD muscle. In birds, there are at least 4 distinct slow MHC genes (see review in [4]). Recently, Hughes et al. [40] showed that at least 3 isoforms of slow twitch MHC could be distinguished in human and rat skeletal muscle based on the use of epitope specific monoclonal antibodies and that their expression was temporally distinct during early gestation. Alpha cardiac MHC is also detected in the skeletal muscle during foetal life in bovines [62] or early postnatal development in piglets [46, 47] and in special adult muscles such as the human masseter [7, 60].

Initially, in mammalian species, fast "MHCIIa" and "IIb" were reported to be expressed in type IIA and IIB fibres, respectively. However, an additional fast MHC called "IIId" or "IIx" was identified, first in small animals [5, 78, 94], then in humans [81], pigs [48] and bovines [92]. It was shown to be the product of a specific gene, different from the genes coding IIa and IIb MHC [19, 81]. It is expressed in fibres called IIX which cannot be distinguished from the type IIB fibres by conventional histochemical techniques. They appear to be intermediate between the type IIA and IIB fibres with respect to their oxidative metabolism, resistance to fatigue and maximum velocity of shortening [81]. Initially, IIb MHC, the fastest isoform, was thought to be expressed only in small species in accordance with their fast movements. However, recent data on the pig muscle have shown that all three fast MHC isoforms are expressed in this species (Fig. 2). In bovine muscles, only two different types of fast fibres can be detected by histochemical techniques.

![Figure 2. MHC in situ hybridisation in the pig longissimus muscle (100 kg BW), Lefaucheur et al. [48]. The three fast MHCs are observed in pig muscle.](image-url)
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The pig. The emb, IIa, IIx, IIb, neo, and extraocular MHC are localised in this order in another cluster on chromosome 11 in the mouse, 17 in humans and 12 in the pig. A similar organisation exists in the chicken, with seven fast MHC genes clustered on a micro-chromosome, and at least three of the four slow MHC genes closely linked on another chromosome (see review in [4]). But it seems that the evolution of MHC genes has been independent in birds and mammals [56].

2.3. Myofibre diversity

Muscle fibres can express one or a combination of more than one MHC. Examples of this can be found in humans [42], bovines [65], rats [91], and horses [70]. These hybrid fibres contain at least two MHC isoforms and can be designated according to the MHC present and their ratio, as IIBX (MHC IIb > MHC IIx), IIXB (MHC IIx > MHC IIb), IIXA (MHC IIx > MHC IIA), and IIAX (MHC IIA > MHC IIx). Fibres containing fast MHC IIa and slow MHC I are called C fibres, or type IIC (MHC IIa > MHC I) and type IIC (MHC IIa < MHC I) [34]. Schiaffino and Reggiani [79] also described IIB/IIX fibres, and also observed that different isoforms can be expressed simultaneously in some muscle fibres during foetal life. In rats, Termin et al. [93] reported that type IIC fibres may contain a mixture of MHC I, MHC IIa and MHC neo in various proportions according to age. Up to four MHC isoforms have been found in a single fibre (I, IIa, IIb) under drastic conditions of induced conversion between fibre types [94]. It is now well documented that these hybrid fibres result from the transition of MHC expression following an obligatory pathway, i.e. I = IIa = IIx = IIb, illustrating the large plasticity of muscle tissue. Monoclonal antibodies specific for the different MHCs are essential tools to accurately classify these fibres (Fig. 1D).

The different fibres differ in MHC composition but also in size. An inverse
correlation generally exists between fibre diameter and the oxidative metabolism to facilitate the diffusion of oxygen to the mitochondria. In the different adult mammalian species, IIB fibres are the largest, I and IIA fibres the smallest, whereas IIX fibres exhibit an intermediate size (Fig. 3) consistent with their intermediate metabolism.

Depending on the maturity of the species, myofibre characteristics are determined during the foetal or perinatal periods.

3. MYOGENESIS

3.1. Ontogenesis of myofibres

Muscle fibres are issued from myogenic precursor cells called myoblasts which proliferate, then fuse to form myotubes, finally differentiating into muscle fibres (Fig. 4). The different steps of myogenesis have been described in birds and mammals. Myoblasts originate in the embryo from the mesoderm (Fig. 5), more precisely from the dermomyotome, which is part of segmented structures called somites [87]. The dorso-medial part of the dermomyotome gives rise to the paravertebral and limb muscles, while its ventrolateral part gives rise to the thoracic muscles. Craniofascial muscles come from the

![Figure 3. Cross sectional area (CSA) of myofibres in the pig longissimus muscle at 100 kg BW (Lefaucheur, unpublished).](image)

![Figure 4. The different stages of myofibres formation.](image)
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3.2. Different generations of myotubes

During development, myotube formation occurs in two or three temporally distinct phases. The first wave of myotubes comes from embryonic myoblasts, the second from foetal myoblasts (Fig. 4) and they respectively give rise to the primary and secondary muscle fibres [28]. In birds, the majority of primary fibres express both fast and slow isoforms when they first appear, but the expression of a specific developmental slow MHC isoform (slow MHC III) specifies the future slow fibres (see review in [88]). At this stage, three distinct types of myoblasts

Figure 5. Origin and formation of muscle in vertebrates. (a) Somites formation. (b) Epithelial structure of a somite. (c) Differentiation of somites. (d) Differentiation of dermatome, myotome and sclerotom.
can be isolated which give rise in vitro to fast, fast/slow or slow myotubes, respectively [88], suggesting that myoblasts are already committed to distinct lineages. The secondary fibres first express fast or fast and slow isoforms and the corresponding types of myoblasts can be isolated at this stage [88]. In all species, the myotubes of the primary generation account for a limited proportion of the future fibres, while those of the secondary generation which use them as a scaffold [82] build a much larger population [54, 82, 83] (Fig. 6). The number of secondary fibres around each primary fibre varies from 5 and 9 in the mouse and rat respectively [59, 74] to over 20 in larger species, such as the pig [86]. Prior to the onset of secondary myogenesis, the diameters of the primary myotubes increase two-fold, whereas they later increase in size by elongation [54]. The kinetics of appearance of these two populations vary according to the maturity of the different species (Tab. II). Robelin et al. [72] suggest that this chronology is a function of the gestation length and animal weight at birth.

It is generally believed that primary fibres mature to slow type I fibres in the adult, however, in entirely fast muscles they give rise to fast fibres. The secondary fibres mostly mature to fast fibres in fast muscles and to either fast or slow fibres in the mixed muscles [46, 63].

The existence of a third generation of fibres has been described in the sheep [100], pig [46, 53], human [21] and bovine [23]. These cells exhibit a small diameter [26, 52], and usually express developmental MHC isoforms [46]. When first formed, they are closely associated with secondary myotubes like newly formed secondary myotubes with primary myotubes [21]. They are observed at about 40% of the gestation period in bovines, sheep and humans [21, 23, 100] (Tab. II), and around birth in pigs. They only exist in large animals where they could be part of the mechanisms leading to the larger muscle mass.

3.3. Total number of fibres

In most species of terrestrial vertebrates, particularly in birds and mammals, the total number of fibres (TNF) is fixed before hatching or birth. This is unlike in some large species of fish (trout for example) in which hyperplasia continues during the postnatal life [85]. In bovines, TNF is fixed

Figure 6. Myogenesis in pig red semitendinosus muscle, Lefaucheur et al. [46]. ATPase pH 4.35. White arrow: primary generation, black arrows: secondary generation.
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Recent data have shown that the growth factor, Myostatin, a member of the TGF beta super-family responsible for the double-muscled genotype in bovines, is a negative regulator of TNF [44].

In birds and mammals, the large postnatal increase in muscle mass is achieved by the hypertrophy of the existing fibres due to the fusion of satellite cells with the fibres [32]. These cells are present as a distinct population at least as early as the mid foetal stages of development [28, 37]. In the neonate, they proliferate actively, adding nuclei to fibres [57], while in the adult, they are mitotically quiescent and only become active in response to an insult or injury to the muscle (see review in [12]). They can be distinguished from other myoblasts by their behaviour in cell culture: they require longer periods of time before entering the cell cycle.

Whether satellite cells differ between muscle fibres of different types is not clear and could depend on the species.

3.4. Contractile differentiation

At birth, the primary and secondary generations of fibres contain developmental MHC (emb, foet, a-cardiac) which are progressively replaced by adult MHC. Most primary fibres express the slow MHC very early during gestation, while the secondary fibres only express it at the end of gestation [16].

In bovine muscle (Fig. 7), the cell population consists only in primary myotubes up

<table>
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<th>Secondary</th>
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<td>90 df</td>
<td>110 df</td>
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<td>56 df</td>
<td>90 df</td>
<td>110–120 df</td>
<td>Draeger et al. [21]</td>
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**df:** days of foetal life, **dpn:** days of postnatal life.

Table II. Stage of appearance of the different generations of myogenic cells in various species.
to 60 days of gestation [71]. First they express slow, fast, emb, foet, and alpha cardiac MHC and from 180 days of gestation, they only express the slow MHC I isoform characteristic of the type I fibres [62, 72]. In totally fast muscle, they revert to the fast phenotype through type IIC fibres [64]. Secondary fibres when they appear also express slow, fast, emb, foet, and alpha cardiac MHC. Most of them subsequently develop into type II fibres, while a few of them also develop into type I fibres [62]. At the same time, emb, foet, and alpha cardiac MHC decrease and the proportion of adult MHC (I, IIa and IIx) increases [62, 72] so that developmental MHC are completely replaced by adult isoforms by the end of gestation (Fig. 7). Porcine muscle exhibits a highly organised pattern and a unique distribution of fibres consisting in clusters of slow type I fibres surrounded by fast type II fibres (rosette) since foetal life [46]. In this species, primary myotubes initially express emb, foet, and slow type I MHC (Fig. 8). They subsequently mature to type I fibres in most muscles, but can also give rise to fast type II fibres in pure fast-twitch muscles, such as the superficial white portion of the semitendinosus [46]. Secondary fibres begin to appear at 50–55 days of gestation and also express emb and foet MHC during the foetal period. However, unlike primary myotubes, they do not express type I MHC until late gestation. Perinatally, a subpopulation of secondary fibres in the direct vicinity of primary myotubes starts to express type I MHC and mature to type I fibres. Some of these fibres transiently express the alpha-cardiac MHC [46, 47]. Adult fast type IIa MHC is present in some secondary fibres during the foetal period, whereas IIx and IIb appear shortly after birth [13, 14]. During the first postnatal weeks, secondary fibres which do not express type I MHC mature to either type IIA, IIX or IIB fibres.
Recent results in bovine muscle show that foet MHC disappears between 180 df and 21 dpm (Fig. 9a). In other species such as sheep [52], pigs [46], and rabbits [31, 50], foet MHC disappears between 140 df and 28 dpm, 10 and 20 dpm, 20 and 30 dpm, respectively (Tab. III). Fast adult MHC appear at the end of foetal life in bovines (Fig. 9A), sheep muscle and only after birth in pigs and rabbits. For example, all muscles exhibit a slow speed of contraction in the rabbit at birth but ATPase activity increases greatly during the first week. A clear histochemical distinction between IIA and IIB fibres is possible only from 30 days after birth [8, 33]. In the rat, MHC I, IIx and IIa appear before birth and MHC IIb after birth [19]. In bovine muscle, IIA fibres differentiate earlier than IIB fibres [23]. In pig and rabbit muscles, MHC IIa mRNA is expressed earlier than IIx and IIb mRNA [13, 50]. As mentioned earlier, the situation is different in birds, where muscle fibre contractile typology cannot simply be related to MHC expression. The slow phenotype is established during the end of the foetal period when MHC expression switches from slow MHC III to slow MHC II (see review
At the same period, the neonatal isoform disappears in the future fast muscle. However, developmental isoforms can later reappear in fast muscles and only a few of them, among which the Pectoralis Major, finally express the adult fast isoform (see review in [88]). At hatching, fast and slow fibres can be distinguished according to their mATPase activity, but not the IIA and IIB subtypes, which are apparent only at one week of age [68].

The postnatal changes in fibre types vary between species. An increase in the proportion of I fibres was observed during the first 4 or 8 postnatal weeks in sheep [90] and pigs [18, 45], respectively. In bovines, this occurs during the last third of gestation [30, 63]. Overall in mixed muscles of mammals, an increase in type IIB and IIX fibres is observed during postnatal growth together with a decrease of type IIA fibres. In bovines, it seems that this conversion begins soon after birth [63] and is accompanied by an increase in the proportion of hybrid IIAIIB fibres containing both Ia and Iib MHC [23]. In horses, on the contrary, the proportion of type IIA fibres increases and that of type IIB decreases with age, probably as a consequence of exercise [73].
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3.5. Metabolic differentiation

The differentiation of oxidative and glycolytic pathways also depends on the maturity of the species at birth [2]. In rabbits, chickens and pigs, the oxidative metabolism represents the principal source of energy during foetal life. At birth or hatching, all muscles are oxidative, and glycolytic metabolism dramatically increases during the first postnatal weeks (Tab. IV) [2, 8, 9, 45]. Oxidative and glycolytic fibres can be distinguished from 7 to 15 dpn in chickens [2, 71], from 10 to 20 dpn in rats [75], from 21 dpn in rabbits [31] and from 21 to 28 dpn in pigs [18, 45]. In bovines, oxidative and glycolytic enzyme activities increase during the last third of gestation (Fig. 9B) [30, 38]. Fibres can be distinguished on their metabolic properties from 210 days of foetal life [30, 71]. All future type I fibres exhibit an oxidative metabolism from 210 dg. For type IIA fibres it increases from the last third of gestation and concerns 100% of the fibres at 3 weeks pn. The oxidative activity of muscles then decreases between birth up to 9 to 12 months of postnatal life (puberty) in bovine muscle [41], whereas glycolytic metabolism increases. Overall the glycolytic activity increases with growth in all species, but decreases with aging [9, 45, 68].

4. CONCLUSION

This review illustrates that myogenesis is a complex process involving multiple steps and regulation factors. It appears that the general process of myogenesis is similar in the different species (birds, rodents, mammals) involving a succession of at least two generations of myogenic cells. However, the kinetics of muscle fibre development appears different between species depending on their maturity at birth. The precocity of their muscle fibre differentiation can be classified in

Table III. Stage of disappearance of foetal MHC expression in various species.

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<td>180 df to 21 dpn</td>
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df: days of foetal life, dpn: days of postnatal life.

Table IV. Stage of increase of glycolytic metabolism in different species.

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<td>From 210 df</td>
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df: days of foetal life, dpn: days of postnatal life, wpn: weeks of postnatal life.
the following order: bovines = humans > sheep > pigs > birds > rabbits > mice and rats. In large mammals such as bovine, sheep and human, the major events of contractile and metabolic differentiation occur during the last third of gestation and are fully achieved just after birth. In these species, foetal life represents a primordial step for muscle maturation. In the less mature species, contractile and metabolic muscle fibre properties mostly differentiate during the first two postnatal weeks in pigs or the first postnatal month in rodents and birds.

For farm animal producers, the knowledge of the accurate kinetics of muscle fibre development is of prime importance to identify the key stages of myogenesis involved in each species. The understanding of this dynamic process may permit to improve breeding conditions and selection criteria necessary to meet the challenge of simultaneously optimising meat quality and efficiency of muscle growth.

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