

FOLLICULAR GROWTH DURING THE NORMAL CYCLE AND AFTER TREATMENT WITH PROGESTAGENS IN THE EWE

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SUMMARY

Tertiary follicles in the ovaries of Texel sheep are examined micromorphologically and cytochemically during an oestrous cycle, and during and after a 13-days treatment with 6 α -methyl-17 α -acetoxy-progesterone (MAP). At the same time, we investigated oestradiol-17 β concentration in the liquor folliculi during the oestrous cycle and MAP treatment. Two follicular growth waves are observed during an oestrous cycle. The first growth wave is observed from days 1 to 10, and the second wave from days 6 to 17 (day 0). Only small amounts of oestradiol-17 β are found in the follicles of the first growth wave and follicles of the second growth wave up to and including day 14. Maximum concentration occurs on day 16, with a mean value of 8.7 μ g per 100 g liquor; only 3.8 μ g/100 g of liquor is found during oestrus. Cytochemical study offers an explanation for these differences in oestrogen synthesis on the various days of the cycle. From days 1 to 16, the follicles show 3 β -hydroxysteroid dehydrogenase (3 β -HSD), as well as 17 β -hydroxysteroid dehydrogenase (17 β -HSD) activity, in the theca interna. This activity increases with the size of the follicles. No 17 β -HSD activity is detected in the preovulatory follicles during oestrus: absolutely no steroid dehydrogenase activity is found in the membrana granulosa. Treatment with MAP leads to a prolongation of follicular life-span. A change in the follicles is observed, *i.e.* 3 β -HSD activity, is detected in the membrana granulosa of follicles, which lasted at least 6 days. Furthermore, observations indicate that MAP treatment does not prevent the development of new follicular growth, and inhibits only slightly follicular steroid synthesis. The termination of MAP treatment is followed by a rapid growth of new follicles. Some of these fast-growing follicles also show 3 β -HSD activity in the membrana granulosa, and are found in animals in oestrus. Besides 3 β -HSD activity in the membrana granulosa, the follicles also show 17 β -HSD activity in the theca interna. This means that the ovaries are able to produce oestrogens during the first oestrus following treatment with progestagens. The follicles that persist during treatment may also remain for some time after termination of the treatment, which is followed by atresia or ovulation. The interval between the onset of oestrus and ovulation is normal. Oocytes released during or shortly after oestrus can originate from normal follicles, fast-growing follicles and persisting follicles. In the discussion of the results of this investigation, reference is made to the generally accepted subfertility in first oestrus after treatment with progestagens.

INTRODUCTION

During the last few years progestagens have been used on a large scale in farm animals for induction of synchronized oestrus. In these experiments attention has been paid to the rate of synchronization and fertility. In 1968, ROBINSON already stated that a much clearer general picture of the reproductive physiology of farm animals was needed to improve artificial oestrus control.

It is important to know what happens to the follicle population during the normal oestrous cycle and after progestagen treatment. Therefore, we made an extensive study of sheep, examining some of the micromorphological, cytochemical and biochemical aspects of follicles during the normal cycle and after MAP treatment, and paying special attention to the day of the cycle on which MAP treatment was started.

MATERIALS AND METHODS

Cyclic animals

A group of 39 maiden ewes aged 1 1/2 years with a normal oestrous cycle was used for micromorphological study. The ovaries were fixed in Bouin on various days of the oestrous cycle, embedded in paraplast and sectioned serially at 10 μ . Day 0 was the day on which the ewes showed standing heat. All tertiary follicles were counted and subdivided into normal and atretic follicles (BRAND and De JONG, 1973).

A group of 100 ewes was utilized for a biochemical analysis of the ovaries to detect oestrogens and progestagens. This analysis was performed by gas chromatography (BRAND and VAN DER HORST, 1972).

A group of 54 maiden ewes ages 1 1/2 years was used for a cytochemical study. Three animals were killed on each day of the cycle. The ovaries were deepfrozen in cooled isopentane. Sections of 10 μ were cut in a cryostat at -20°C. The sections were collected as near as possible to the largest diameter of the follicle. The diameter was measured by projection of the cytochemical picture on a table. The unfixed slices were incubated in different media (KRUIP, 1973) in order to determine, among other enzymes :

1. β -hydroxysteroid dehydrogenase (β -HSD) using the method of DEANE *et al.* (1966). This enzyme is essential in steroid synthesis and gives information about the conversion of biological inactive Δ_5 β -hydroxysteroids into biological active Δ_4 3-ketosteroids.
2. 17 β -hydroxysteroid dehydrogenase (17 β -HSD) using the method of KELLOG and GLENNER (1960). This enzyme provides information on the reversible conversion of oestradiol-17 β to oestron, thus indicating oestrogen metabolism.
3. alkaline phosphatase (AP) using the method of GOMORI (1939). This enzyme can be demonstrated in all steroid-producing cells (DEANE, 1952), and may play a role in hydrolysis of steroid phosphates (Arvy, 1960).

Enzyme activity was evaluated according to the amount of colored precipitation obtained using a subjective scale varying from 1+ to 4+.

MAP-treated animals

A group of 15 maiden ewes aged 1 1/2 years was utilized for micromorphological study. Sponges impregnated with 60 mg 6 α -methyl-17 α -acetoxy-progesterone (MAP) were inserted into the vaginas of the ewes. The animals were treated in groups of 3 each on days 2, 5, 8, 12 and 15, respectively, of the oestrous cycle. The animals were slaughtered after 13 days (T13) (T = treatment). The ovaries were collected, treated and examined as described above.

Forty-eight maiden ewes aged 1 1/2 years were used for cytochemical analysis. The same sponges were inserted into the vaginas of ewes divided into groups of 15 each on days 4, 10 and 15, respectively. The sponges were removed after 13 days. Three or 4 animals from each group (day 4 group, day 10 group and day 15 group) were killed at 0 hour (T₁₃), 24 hours (T₁₃+1), 48 hours (T₁₃+2) and 72 hours (T₁₃+3), respectively, after sponge withdrawal. In order to establish the onset of oestrus after sponge withdrawal, ewes were run with vasectomized rams and continually observed. The ovaries were deep-frozen, treated and examined as described above.

RESULTS

Cyclic animals

Micromorphological findings.

During the normal oestrous cycle there is no significant variation in the absolute or relative number of normal and atretic tertiary follicles. The normal follicles ≥ 2 mm in diameter (≥ 1 mm³) have two growth waves (fig. 1). The first growth wave was

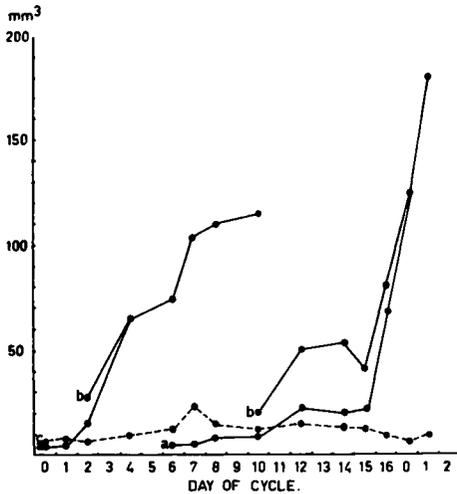


FIG. 1. --- Mean volume of normal (●—●) and atretic (●----●) follicles (≥ 2 mm in diameter) during the oestrous cycle

observed from day 1 to day 10, and the second from day 6 to day 17 (day 0). There were more normal follicles present during the start of the first growth wave than at the end (day 10), when only one normal follicle was found. The number of normal follicles ≥ 2 mm in diameter between days 6 and 15 ranged from one to twelve. On days 16 and 0, 6 ewes showed a total of eleven normal follicles belonging to the second growth wave. A reduction in the number of normal follicles ≥ 2 mm in diameter, however, occurred at the latest stages of both growth waves. Follicles of the second growth wave showed a tremendous increase in size on days 16 and 0. The first and second growth waves were different in some respects. Follicles of the first growth wave increased more gradually in size than those of the second. On an average, there were more normal follicles present at the end of the second growth wave (two) than at the

end of the first (one). Normal follicles of the first growth wave disappeared by atresia, and the last ones of the second wave by ovulation. A preovulatory growth spurt was only observed at the end of the second growth wave, and the follicular wall of the normal follicles at the end of the first growth wave appeared to be thinner than at the end of the second wave.

Biochemical findings.

Oestradiol- 17β concentration in the liquor folliculi during the oestrous cycle is given in figure 2. Oestradiol- 17β could not be detected in thirteen small follicles (< 30 mg liquor folliculi). It was found in seven out of nineteen medium-sized follicles (30-75 mg liquor folliculi) and in forty-six out of seventy-nine large follicles (> 75 mg liquor folliculi). With the exception of a few follicles in which high concentrations of oestradiol were found about days 4 and 8, low levels were present from days 1 to 14. There was a rapid increase from day 14 onward, and a maximum of 8.7 $\mu\text{g}/100\text{g}$ liquor was observed on day 16. On day 0, the level had decreased by 56 percent, and on day 1 it was equal to the average level of the dioestrous period. The percentage of medium and large-sized follicles with oestradiol- 17β was highest on days 15 and 16 (95 percent). On day 0, only 35 percent of the follicles were positive, and from days 1 to 13 oestradiol- 17β was only detected in 23 percent of the medium and large-sized follicles examined.

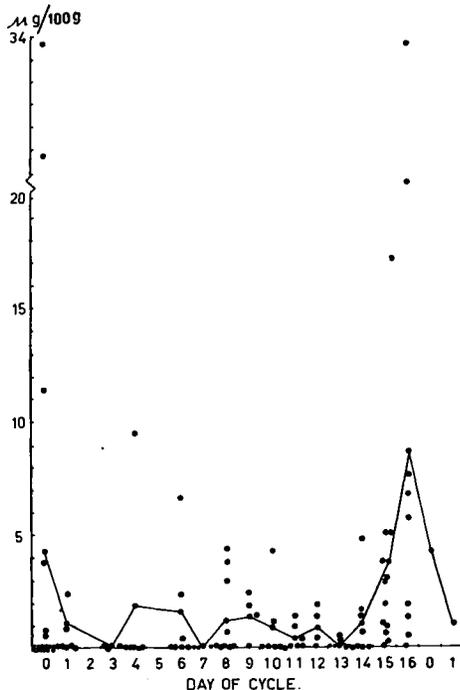


FIG. 2. — Concentration of oestradiol in tertiary follicles and course of mean concentration during the oestrous cycle

Cytochemical findings.

Three types of follicles were distinguished according to size and cytochemical character (table 1) within the group of tertiary follicles ≥ 3 mm in diameter.

Type 1, ≤ 6.5 mm with 3β -HSD, 17β -HSD and AP activities in the theca interna,

Type 2, ≥ 6.5 mm with 3β -HSD and AP activities in the theca interna,

Type 3, 3-7 mm with only AP activity in the theca interna.

TABLE I

Cytochemical appearance of tertiary follicles in the ovary of the Texel sheep during the oestrous cycle (type 1, 2 and 3) and after MAP-treatment (type 4 and 5)

Enzyme	Substrate	Type 1		Type 2		Type 3		Type 4		Type 5	
		granulosa cells	theca interna								
3β -HSD	3β -OH- 5β -androstane-17-one	0	3	0	4	0	0	1	4	2	4
17β -HSD	17β -estradiol	0	3	0	0	0	0	0	4	0	0
Alkaline phosphatase	β -glycerophosphoric acid	0	4	0	4	0	2 (1-4)	1	4	0/1	4

The three enzymes above could not be detected in the granulosa cells. Follicles of type 1 were observed from days 1 to 16, included. 3β -HSD and 17β -HSD activities increased with the size of the follicle and were estimated at 3+ in follicles of 3 to 6 mm in diameter which were present from days 1 to 16. In most cases, the activity was 4+ on day 16. AP activity was always maximal in this type of follicle. Follicles of type 2, in which no 17β -HSD activity could be detected, were observed around day 7 and during oestrus. 3β -HSD activity was maximal only in preovulatory follicles; it was submaximal to weak in large follicles around day 7. AP activity in these follicles was always maximal on day 0 and often around day 7. Deep-frozen slices are not so suitable for a morphological description. Nevertheless, it was possible to conclude that follicles on day 0 were characterized by a round shape, compact membrana granulosa and a well-developed theca interna. On the other hand, some follicles around day 7 were oval and pear-shaped with a thin membrana granulosa and loosening granulosa cells.

Follicles of type 3 could be observed on every day of the cycle. They were characterized by a deviated shape, a thin and often chaotically organized membrana granulosa and a thin theca interna.

MAP-treated animals

Micromorphological findings.

When 60 mg of MAP were administered intravaginally for 13 days (T13) on day 2, 5, 8, 12 or 15, normal follicles of increasing volume (fig. 3) were present at the

end of the treatment in the period from days 2T₁₃ to 12T₁₃. The average follicular volume on day 12T₁₃ was more than twice that of the largest preovulatory follicles in untreated cows. Besides these large follicles, a total of two small (≥ 2 mm) normal follicles were present on day 12T₁₃. The large follicles on day 12T₁₃ showed a thin membrana granulosa (4 cell layers) and a thin theca interna. On day 15T₁₃, some large atretic follicles and nine (in 3 ewes) small normal follicles could be observed.

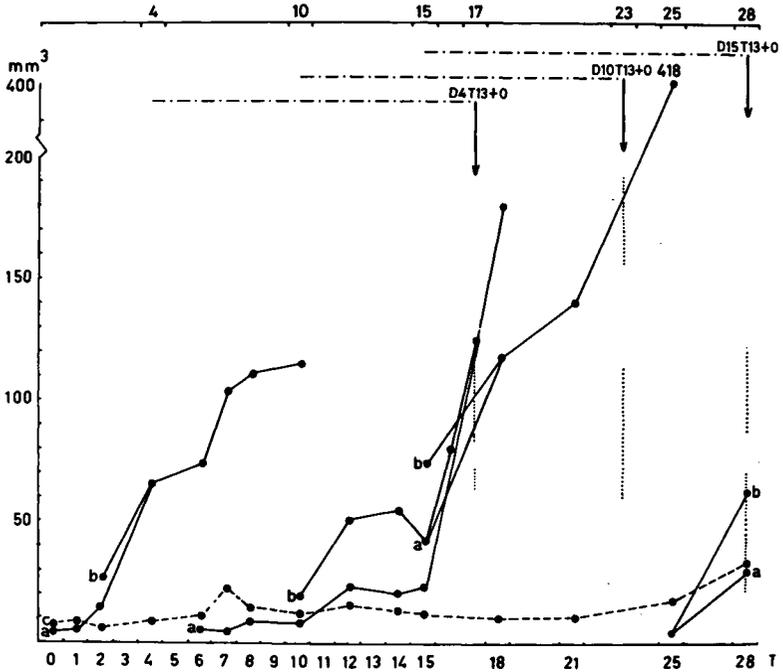


FIG. 3. — Mean volume of normal (●—●) and atretic (●---●) follicles \times mm³ (≥ 2 mm in diameter) during the oestrous cycle and prolonged progest. phase (... groups of follicles found in cytochem. study at D₄T₁₃, D₁₀T₁₃ and D₁₅T₁₃)

Cytochemical findings.

Besides the already-mentioned follicles of types 1, 2 and 3 (table 1), follicles with 3β -HSD activity in the granulosa cells were also observed after MAP treatment. In this group, follicles with (type 4) and without (type 5) 17β -HSD activity could be distinguished in the theca interna. AP activity was always present in the membrana granulosa of type 4 follicles and only rarely in type 5 follicles. The distribution of the various types of follicles in the three groups was not the same (table 2). The distribution and average size of the various types of follicles are given in table 2. It appears that follicles of type 4 are only present in the day 4 group and in animals in oestrus. Type 5 follicles were seen only once in the day 4 group, twice in the day 15 group, and very often in day 10 group. These follicles were observed at day 10T₁₃, as well as during oestrus in the day 10 group, and were characterized by their size (often > 7 mm in diameter). The average size of type 4 follicles was 5.2 mm (range 4.0-7.0) and that of type 5 follicles 6.2 mm (range 3.2-8.8) (table 2). Recently ovulated follicles

with 17β-HSD activity in the theca lutein cells were observed in all three groups. Follicles of types 1 and 2 were present in all groups on T13. In the day 4 group there were more follicles of type 2 than of type 1 on T13. In both other groups type 1 was most common on T13. A comparison of the size of type 1 follicles on day 10T13 and day 15T13 indicates that the former have a larger mean size than the latter (table 2, * and **).

TABLE 2

Distribution of the distinguished types of tertiary follicles in three different main-groups and twelve sub-groups of MAP-treated animals

Code of groups N° of animals Sub-groups	Day-4-group				Day-10-group				Day-15-group				Mean diameter of the follicles in mm
	4	4	4	3	4	4	3	4	5	4	3	4	
	T13+0	T13+1	T13+2	T13+3	T13+0	T13+1	T13+2	T13+3	T13+0	T13+1	T13+2	T13+3	
Follicle type 1....	2	1	0	3	7*	0	2	0	9**	2	3	0	4.0 (3.1-6.1)
Follicle type 2....	5	3	1	0	2	2	0	0	3	4	0	4	5.8 (3.2-7.4)
Follicle type 4....	0	0	3	0	0	0	0	0	0	0	0	0	5.2 (4.0-7.0)
Follicle type 5....	0	0	0	1	4	6	1	1	0	1	1	0	6.2 (3.2-8.8)
Normal corpora lutea			1	3			1	7			2	5	
Corpora lutea with 17β-HSD			1	2			1					1	
Total number of follicles	7	4	6	9	13	8	4	9	12	7	6	10	

T13 = 13 days MAP-treatment T13+0 : at the end of treatment T13+1 : 24 hours after end of treatment.

* variation in size : 3.1-6.0 mm in diameter.

** variation in size : 3.8-4.8 mm in diameter.

Oestrus and ovulation.

The average time between sponge removal and onset of oestrus for the three groups was 27 1/2 hours (day 4 group), 26 1/2 hours (day 10 group) and 34 1/2 hours (day 15 group), respectively. No ovulation occurred before 24 hours after the onset of heat. All the animals slaughtered 27 hours after the onset of oestrus or later had ovulated.

DISCUSSION AND CONCLUSIONS

Micromorphological and cytochemical findings show two growth waves of normal tertiary follicles ≥ 2 mm in diameter during the oestrous cycle. The difference in the length of the first growth wave (from days 1 to 10 in the micromorpho-

logical study and from days 1 to 7 in the cytochemical findings) can be explained by the use of different criteria for the functional state of the tertiary follicle.

3β -HSD and 17β -HSD activities in the theca interna cells of follicles from day 1 up to and including day 16 suggest that these cells are involved in the synthesis of oestradiol- 17β which is released in the follicular fluid and ovarian venous blood. Oestradiol- 17β synthesis could be predicted to be weak or low from days 1 to 16, or maximal on day 16 and nihil on day 0, by knowing the differences in 3β -HSD activity and whether or not 17β -HSD was present. Although small increased levels of oestradiol- 17β were seen around day 4 and day 8, it can be concluded that this prediction corresponds to the oestradiol- 17β concentration found in the follicular fluid (fig. 2) and in the ovarian venous blood (MOORE *et al.*, 1969; SCARAMUZZI *et al.*, 1970; COX *et al.*, 1971; BJERSING *et al.*, 1972). This agreement indicates a close relation between morphology and function. Oestrogens found in the follicular fluid on day 0 must, therefore, be synthesized on day 16 or earlier. The inability of preovulatory follicles to synthesize oestradiol- 17β may be caused by preovulatory LH surge (MOOR, 1974). The lack of 17β -HSD activity in follicles ≥ 6.5 mm around day 7 may be a first sign of atresia of follicles at the end of the first growth wave. Since small tertiary follicles show 3β -HSD as well as 17β -HSD activity, and large follicles ≥ 6.5 mm only 3β -HSD activity, it is concluded that the former follicles (type 1) are younger than the larger ones (type 2). Follicles without steroid dehydrogenase activity are always considered as atretic.

In MAP-treated animals, the large normal follicles which were seen at the end of the treatment from day 2T₁₃ to day 12T₁₃ must represent a continuation of the second growth wave of normal follicles ≥ 2 mm in diameter. The phenomenon of the thin membrana granulosa (4 cell layers) and the thin theca interna has already been noticed at the end of the first growth wave of the normal oestrous cycle. On day 15T₁₃ there were no longer any normal follicles of this prolonged growth wave, but only atretic ones were present. This means that, based on micromorphological criteria during the MAP treatment, normal follicles of the prolonged growth wave became atretic prior to day 15T₁₃. The fact that on T₁₃ of the day 12 group a total of two small normal follicles (≥ 2 mm in diameter) were found in 3 ewes, whereas on T₁₃ of the day 15 group there were nine, suggests that a new growth wave developed already before day 12T₁₃.

Findings in the cytochemical study of the day 4T₁₃ and day 15T₁₃ groups are in agreement with the micromorphological study. Besides large follicles (type 5) on day 10T₁₃, many small follicles (type 1) could be observed which we could not detect in the micromorphological study on day 8T₁₃. Considering the cytochemical criteria, this means that a new follicle growth wave had already started earlier than mentioned above, *i.e.* before day 10T₁₃. A comparison of the size of type 1 follicles on day 10T₁₃ and day 15T₁₃ (table 2, * and **) suggests that the groups of follicles belong to different generations. This would imply that during MAP treatment different new growth waves can start. However, since the different results of both studies are based on small groups of animals, they can be explained by the use of different criteria as mentioned above. Further detailed studies on more animals have to be done. Another question is whether, under these circumstances, treatment influences steroid synthesis in the ovary. This will be discussed later.

At the end of MAP treatment in the day 10 group and also during the period

after sponge removal in the other groups, some large follicles showed 3β -HSD activity in the granulosa cells. This phenomenon could not be detected during the normal oestrous cycle in sheep (KRUIP, 1972; MOOR *et al.*, 1971). It is usually found in preovulatory follicles of rat (PRAHBU and WEISZ, 1970), cow (LOBEL and LEVY, 1968), horse (KRUIP, unpublished) and pig (BJERSING, 1967). The appearance of 3β -HSD activity in preovulatory follicles can be interpreted as a sign of luteinization which, according to BJERSING, is accompanied by increasing progesterone synthesis. In our opinion, the presence of 3β -HSD in granulosa cells of type 4 and type 5 follicles must, therefore, be a sign of luteinization.

Type 4 follicles with 17β -HSD in the theca interna were observed for the first time 30 hours after sponge withdrawal and in animals in heat. Seventeen- β -HSD activity was also observed in recently ovulated follicles, which indicates that these corpora lutea originate from type 4 follicles. This means that type 4 follicles are very fast-growing functional follicles, occurring independently of the day on which MAP treatment was started. The presence of type 4 follicles during oestrus after MAP treatment suggests oestrogen synthesis which was not seen on day 0 of the normal oestrous cycle. This is in agreement with findings indicating that maximal concentration of oestradiol- 17β after MAP treatment occurs during oestrus (VAN DER HORST and BRAND, 1971), and not on the day before oestrus as during the normal cycle. Type 5 follicles were the large follicles at the end of MAP treatment started around day 10. As already stated, these follicles must represent the persisting follicles of the second growth wave which was also observed by DZIUK *et al.* (1964). This implies that during the prolongation of the second growth wave, the large follicles which were type 2 became type 5. Since these were the only large follicles present in the ovaries of animals in heat, it is supposed that they are functional and able to ovulate, as already suggested by ZIMBELMAN and SMITH (1966) in cattle.

The phenomenon of luteinization can be explained as a result of :

1) a form of atresia, as found by GUTHRIE *et al.* (1970) in cattle. However, we are of the opinion that type 4 and 5 follicles are functional.

2) disturbance of the relation between the oocyte and the granulosa cells. In persisting follicles the oocytes are aging, which leads to luteinization of granulosa cells (PRAHBU and WEISZ, 1970; SALISBURY and HART, 1970). These explanations refer only to type 5 follicles.

3) a rapid follicular growth which disturbs the normal process of development of tertiary follicle to preovulatory follicle, as described by MOOR *et al.* (1971). This applies only to type 4 follicles.

4) an alteration in the interval between the onset of oestrus and maximal LH release, which normally occurs during oestrus. However, after progestagen treatment, it takes place prior to the onset of oestrus (CUMMING *et al.*, 1973). This may be the reason for early luteinization in type 4 and 5 follicles. In our material, we found a normal interval between onset of oestrus and ovulation, which is difficult to interpret in relation to the preoestrous LH release after progestagen treatment found by CUMMING *et al.* (1973).

In the three groups of animals treated with MAP beginning on days 4, 10 and 15, there was no uniform distribution of the various types of follicles at the end of the treatment. This may have consequences for the follicular phase following the end of

MAP treatment and for the steroid synthesis in preovulatory follicles, especially those of type 4 and 5.

As already mentioned, MAP treatment leads to prolongation of the second growth wave and allows a new follicular growth wave to start. A related question is whether MAP treatment influences steroid synthesis during treatment. According to ZIMBELMAN and SMITH (1966) and CHOW *et al.* (1972), the oestrogen level during progestagen treatment is higher than during the normal luteal phase. In a pilot study, we compared the oestradiol-17 β concentration of large follicles on days 15, 16 and 0 of the normal oestrous cycle with those on the same days during MAP treatment started on day 10. The results are given in table 3 and indicate that there is no clear difference between the groups. The oestrogen levels in treated animals seem to be only slightly lower. If we accept that MAP treatment does not prevent new follicular growth during treatment and inhibits only slightly steroid synthesis, we may wonder if the endometrial cycle will be disturbed by the treatment. On day 10T7 (day 0 of the normal cycle), we found an endometrium with the oestrous phase in one of the 3 animals, and the pro-oestrous phase in the other two (KRUIP, unpublished). We did another study of the influence of MAP treatment on the endometrium (KRUIP, 1973), and also found a pro-oestrous phase on day 4T13, a phase very similar to the luteal phase of days 7 to 10 of the normal cycle on day 10T13, and a phase similar to the luteal phase of days 8 to 10 of the normal cycle on day 15T13. These different endometrial phases at the end of the treatment have to be changed into the oestrous phase within 27 1/2 hours, 26 1/2 hours and 34 1/2 hours, respectively. In none of the groups was the condition of the endometrium during induced oestrus identical to the one seen during the normal non-synchronized oestrous.

TABLE 3

Concentration of oestradiol-17 β (1) in the liquor folliculi of follicles on D15 D16 and D17 of the normal oestrous cycle and during treatment with MAP, started on D10

Day of cycle	Concentration of oestradiol-17 β in follicular fluid			
	N $^{\circ}$ of animal	Normal animals	N $^{\circ}$ of animal	MAP-treated animals
Day-15	1	—	7	78 ng/ml (2)
	2	127 ng/ml (2)	8	106 ng/ml (2)
Day-16	3	485 ng/ml (2)	9	68 ng/ml (4)
	4	45 ng/ml (4)	10	2.5 ng/ml (4)
Day-17	5	214 ng/ml (2)	11	318 ng/ml (2)
	6	43 ng/ml (2)	12	125 ng/ml (2)

(1) Estimated by Dr. M A BLANKENSTEIN Fac. of Med. University of Rotterdam The Netherlands.

(2) Follicle type 1.

(3) Follicle type 2.

(4) Follicle type 3.

It is clear that the type of deviation in ovary and endometrium after oestrus synchronization with MAP is greatly determined by the day of the oestrous cycle on which the treatment is started. It might be possible that the statements of WIGGAN (1967) and WILLEMSE (1968), namely that subfertility in a herd is mainly caused by those animals which start the progestagen treatment on the second half of the cycle, have to be interpreted in this light. The disturbances in ovaries and endometria can be responsible for the occurrence of aging egg cells and prevention of fertilization by disturbance of sperm capacitation or sperm transport.

We offer the hypothesis that subfertility in the first oestrus after progestagen treatment may be the result of an insufficient suppression of follicular growth and steroid synthesis in the ovaries during treatment.

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RÉSUMÉ

CROISSANCE FOLLICULAIRE PENDANT LE CYCLE NORMAL, ET APRÈS TRAITEMENT AVEC UN PROGESTAGÈNE CHEZ LA BREBIS

L'activité ovarienne a été étudiée chez des Brebis de race Texel pendant un cycle œstrien, pendant et après un traitement de 13 jours au MAP, aux niveaux micro-morphologique et cytochimique. Parallèlement, on a recherché la concentration d'œstradiol-17 β dans le liquide folliculaire pendant le cycle œstrien et pendant le traitement au MAP. Pendant le cycle œstrien, on discerne deux périodes de croissance des follicules. La première va du premier jour après l'ovulation jusqu'au dixième jour et la deuxième du sixième jour au dix-septième jour (jour du nouvel œstrus). Dans les follicules de la première période de croissance et dans les follicules de la deuxième période jusqu'au quatorzième jour inclus, on trouve peu d'œstradiol-17 β dans le liquide folliculaire. La concentration la plus élevée a été trouvée le seizième jour (8,7 μ g/100 g de liquide folliculaire). Pendant l'œstrus on trouve seulement une concentration moyenne de 3,8 μ g/100 g. On peut expliquer ces différences dans la synthèse d'œstrogène par la méthode cytochimique. Les follicules présents du premier au seizième jour ont une activité aussi bien 3 β hydroxystéroïdésynthase (3 β -HSD) que 17 β -HSD dans la thèque interne. L'activité augmente avec le volume du follicule. Elle est maximum le seizième jour. Pendant l'œstrus, il n'est pas possible de faire apparaître l'activité 17 β -HSD dans les follicules préovulatoires. Dans la granulosa, on ne trouve pas d'activité des stéroïdésynthases. Le traitement au MAP maintient les follicules plus longtemps : l'activité 3 β -HSD peut être constatée dans la granulosa des follicules qui persistent au moins six jours. De plus, le traitement au MAP ne prévient pas la croissance des nouveaux follicules et ne gêne pas la synthèse de stéroïde dans ces follicules. A l'arrêt du traitement, une croissance rapide de nouveaux follicules se produit. Certains follicules qui croissent rapidement présentent l'activité 3 β -HSD également dans la granulosa. Ces follicules existent chez les animaux en œstrus. En plus de l'activité 3 β -HSD dans la granulosa, ces follicules présentent une activité 17 β -HSD dans la thèque interne. Ceci signifie qu'au cours du premier œstrus, après un traitement aux progestatifs, l'ovaire est capable de synthétiser des œstrogènes. Les follicules qui se maintiennent pendant le traitement peuvent persister un certain temps après l'arrêt du traitement, après quoi l'atresie ou l'ovulation se produit. L'intervalle entre le début de l'œstrus et l'ovulation est normal. Les ovules qui pendant ou peu après l'œstrus peuvent être libérés proviennent de follicules normaux ou de follicules qui se développent rapidement ou de follicules maintenus. Les résultats sont mis en relation avec la fertilité qui est moindre au cours du premier œstrus après un traitement progestatif.

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PLATE

PLATE I

- a* : 3β -HSD activity in type 4 follicles. V = 1×160
A = granulosa ; B = Theca interna.
- b* : AP activity in type 4 follicles. V = 1×160
A = granulosa ; B = Theca interna.
- c* : 3β -HSD activity in type 5 follicles. V = 1×250
A = granulosa ; B = Theca interna.
- d* : 17β -HSD act. in C.L. after MAP-treatment
: A = granulosa luteal cells ; B = Theca luteal cells

